



**PENNY HEYNS
TWO-TIME OLYMPIC
GOLD MEDALIST**

REVIEW & HISTORY

KNAPTON, HAEBIG EARN NCAA CHAMPIONSHIP BIDS

Abigail Knapton made Nebraska diving history, the Husker swimmers smashed school records across the board, and the Big Red produced its third consecutive top-40 NCAA Championship finish in 2017-18.

Nebraska's success in the pool, the diving well, the classroom and the community during the 2017-18 campaign also earned the Huskers a distinct national honor.

SwimSwam.com ranked the Nebraska swimming and diving program No. 1 in the nation for recruiting, retention and improvement among all NCAA Division I women's programs.

Knapton, a 2018 sophomore from Omaha, became the first Husker diver in history to earn back-to-back first-team All-America honors. She captured her second career top-eight national finish by taking eighth on the platform at the NCAA Championships. It followed her fourth-place finish on the same event at nationals in 2017.

"It was a very strong contest," Nebraska Diving Coach Natasha Chikina said. "Abi demonstrated a solid performance."

Knapton added a 22nd-place finish on the three-meter board at nationals, an eight-spot improvement over her finish at the NCAA meet as a freshman.

Knapton's 11 points scored at the national meet helped the Huskers finish 35th as a team, giving Nebraska its third straight top-40 finish at the NCAA Championships.

Knapton was not alone in representing the Huskers at the NCAA Championships in 2018, as freshman Autumn Haebig competed in the 100 backstroke and the 500 freestyle at the meet.

The newcomer from Grafton, Wis., finished 40th in the backstroke at nationals after shattering the school record in the event at the NCAA Last Chance meet in Columbia, Mo., on Feb. 24. Haebig's time of 52.29 broke Erin Oeltjen's previous school mark set in 2017 by 1.14 seconds.

"It was a strong showing in her first NCAAAs," Nebraska Coach Pablo Morales said. "It caps off a great year for her, something she can build on for USA Summer Nationals and next year at Nebraska. It shows again what a great



Abigail Knapton capped an outstanding sophomore season by becoming the first diver in Nebraska history to earn back-to-back first-team All-America honors. Knapton finished eighth on the platform dive at the 2018 NCAA Championships.

competitor she is and how well she is able to handle pressure of top-level competition. Many great swims still ahead of her."

It was far from the only school record the 14-time Wisconsin high school state champion set in her first season in the pool at Nebraska. Haebig added a school-record swim of 4:42.69 in the 500 free at the Big Ten Championships. She went on to finish 43rd in the event at the 2018 NCAA Championships to complete her first appearance at nationals.

Haebig was also a member of Nebraska's school-record-setting 400-yard medley relay team that raced to a time of 3:36.03. That relay, which returns intact with Gwen Worlton,

Izzie Murray and Lindsay Helferich, also joined forces for the second-best 200 medley relay time (1:39.43) in Nebraska history.

Haebig was also a member of the 800 free relay squad that posted the second-best mark in Husker history (7:11.60), while also recording the second-best individual time in school history in the 200 free (1:46.22).

While Haebig made an instant splash for the Huskers, she was just one of many young Nebraska swimmers demonstrating the ability to raise the bar for the Big Red in years to come.

Not only did 2018 freshman Izzie Murray join Haebig on the 200 and 400 medley relay teams, she also put up the fourth-fastest time in Husker history in the 100 butterfly (53.72) at the Big Ten Championships.

Murray edged ahead of teammate Dana Posthuma on Nebraska's all-time top five in the 100 fly, and both swimmers could hunt that school record in 2018-19.

Posthuma, a 2018 junior out of Omaha Burke High School, also owns the second-fastest time in Husker history in the 200 fly. Both of those times were set at the 2017 Big Ten Championships, but Posthuma recorded top-24 finishes in both events for the second straight year at the conference meet in 2018.

Tori Beeler set the school record in the 200 IM (1:59.02) at the 2018 Big Ten Championships. The sophomore from Missouri added the fourth-fastest time in Husker history in the 200 breaststroke (1:01.23) at the Mizzou Invite. Beeler produced top-16 finishes in both the 100 and 200 breast events at the 2018 Big Ten Championships.

Anna McDonald is also chasing Husker school records in the 200 and 400 IM. McDonald's

2017-18 NEBRASKA SCHEDULE/RESULTS

Final Dual Record: 4-3

Date	Opponent	Location	Result
Oct. 6	Scarlet vs. Cream Intrasquad	Devaney Natatorium	Tie, 116-116
Oct. 13	at Northern Iowa	Cedar Falls, Iowa	W, 154-86
Oct. 21	Iowa State	Devaney Natatorium	W, 193-102
Nov. 3	at Arkansas	Fayetteville, Ark.	L, 154-84
Nov. 4	at Kansas	Lawrence, Kan.	L, 159-141
Nov. 9-11	Minnesota Invitational (Diving)	Minneapolis, Minn.	No Team Score
Nov. 16-18	Mizzou Invitational	Columbia, Mo.	2nd/11
Nov. 12-13	USA Swimming Winter Nationals	Columbus, Ohio	No Team Score
Jan. 13	at Omaha	Omaha, Neb.	W, 189-103
Jan. 20	Illinois	Devaney Natatorium	W, 183-112
Jan. 26-27	at Rutgers	Piscataway, N.J.	L, 186-167
Feb. 14-17	Big Ten Championships	Columbus, Ohio	10th, 358
March 5-7	NCAA Zone Diving Meet	Minneapolis, Minn.	No Team Score
March 14-17	NCAA Championships	Columbus, Ohio	35th, 11 Points

HUSKERS CLAIM THIRD STRAIGHT TOP 40 NCAA FINISH



Tori Beeler set a school record in the 200-yard individual medley (1:59.02) at the 2018 Big Ten Championships. Beeler added top-16 finishes in the 100 and 200 breaststrokes at the conference meet as a sophomore for the Huskers.

time of 1:59.91 in the 200 IM at the 2018 Big Ten Championships was the third-fastest time in school history, while her 400 IM time of 4:18.41 at the 2017 conference meet also ranks top five in the NU record book.

Allison Kopas, a 2018 freshman from Fort Lauderdale, Fla., also put herself in position to challenge the school record in the 400 IM with her time of 4:18.01, which came at the Mizzou Invite. She also notched a top-24 finish in the event at her first Big Ten Championships.

While the growing strength of Nebraska's up-and-coming swimmers was evident in 2017-18, the Huskers also said farewell to a pair of outstanding seniors in Jordan Ehly and Katt Sickle. Ehly, a four-year letterwinner from Las Cruces, N.M., finished her career strong with a 17th-place finish in the 100 breaststroke at the Big Ten Championships. She also helped the Huskers to a 10th-place team finish at the conference meet.

A three-time academic All-Big Ten selection, Ehly was a two-time CSCAA Scholar All-American in her career and a Big Ten Distinguished Scholar. She was also a Nebraska Sam Foltz Hero 27 Leadership Award winner in 2017.

Sickle, a sixth-year senior from Grain Valley, Mo., earned her fifth varsity letter for the Big Red while continuing her career as one of the most outstanding students in program history. A four-time Big Ten Distinguished Scholar and four-time academic All-Big Ten selection, Sickle also earned a Nebraska Heart & Soul Award as one of the most committed Huskers across all sports in community outreach.

Nebraska celebrated senior day for Ehly and Sickle by closing its home schedule with a 183-

112 dual victory over Illinois at the Devaney Natatorium on Jan. 20, 2018. Ehly put an exclamation point on the Big Red victory by leading a sweep of the top three spots in the 100-yard breaststroke in front of Beeler and Worlton.

The Huskers also raced to a 193-102 dual win over Iowa State at the Devaney Center to open their home schedule on Oct. 21, 2017.

The victory over the Cyclones followed a 154-86 season-opening win at Northern Iowa, Oct. 13. The Huskers notched the fourth victory of the year with a 189-103 swim past UNO in Omaha on Jan. 13.

The Huskers suffered setbacks to Arkansas, Kansas and Rutgers in their other dual meets on the year, but continued to see improved times and performances from start to finish throughout the season.

In fact, Nebraska's success in the water has continued to snowball in recent years.

In 2017-18, the Husker swimmers produced 26 NCAA B-qualifying standards, which represented an increase in that total for the sixth consecutive season for Nebraska.

During those six seasons, Huskers have set 17 school records, while at least one Husker has qualified for the NCAA Championships in all six of those seasons.

Nebraska continued its commitment to academic achievement at the highest levels in 2017-18. In fact, eight Huskers earned Big Ten Distinguished Scholar recognition for maintaining at least a 3.7 grade-point average. Graduate student Katt Sickle led the list of distinguished scholars, along with 2018 juniors Francesca Giganti, Lindsay Helferich, Anna

2017-18 TOP PERFORMANCES

50-yard Freestyle	Lindsay Helferich	2/15/18	23.04
100-yard Freestyle	Lindsay Helferich	2/17/18	50.19
200-yard Freestyle	Autumn Haebig	2/16/18	1:46.22
500-yard Freestyle	Autumn Haebig	2/15/18	4:42.69
1,000-yard Freestyle	Kaylyn Flatt	10/21/17	10:09.89
1,650-yard Freestyle	Kaylyn Flatt	2/14/18	16:40.25
100-yard Butterfly	Izzie Murray	2/16/18	53.72
200-yard Butterfly	Dana Posthuma	2/17/18	1:58.52
100-yard Backstroke	Autumn Haebig	2/24/18	52.29
200-yard Backstroke	Anna McDonald	2/17/18	1:57.46
100-yard Breaststroke	Tori Beeler	2/24/18	1:01.09
200-yard Breaststroke	Jordan Ehly	11/18/17	2:11.17
200-yard Individual Medley	Tori Beeler	2/15/18	1:59.02
400-yard Individual Medley	Allison Kopas	11/17/17	4:18.01
One-Meter Dive	Abigail Knapton	3/5/18	535.85
Three-Meter Dive	Abigail Knapton	2/16/18	351.85
Platform Dive	Abigail Knapton	3/5/18	589.70
200 Freestyle Relay	Big Ten Championships	2/16/18	1:32.38
400 Freestyle Relay	Big Ten Championships	2/17/18	3:20.38
800 Freestyle Relay	Big Ten Championships	2/14/18	7:11.60
200 Medley Relay	Big Ten Championships	2/14/18	1:39.43
400 Medley Relay	Big Ten Championships	2/15/18	3:36.03

McDonald and Bridget Pacilio, while sophomores Abigail Knapton and Abigail Greenaway earned recognition for the first time.

In addition, 19 Husker swimmers and divers captured academic All-Big Ten honors in 2017-18, including Giganti, Greenaway, Helferich, Knapton, McDonald, Pacilio and Sickle, along with Shea Bougie, Jordan Ehly, Kaylyn Flatt, Carla Gonzalez-Garcia, Jacqueline Jeschke, Morgan McCafferty, Dana Posthuma, Savannah Savitt, Lindsey Stalheim, Katrina Voge, Gwen Worlton and Allie Worrall.

2017-18 SEASON RESULTS



Autumn Haebig set two school records on her way to qualifying for the NCAA Championships as a freshman in 2018. Haebig smashed the Husker record with a time of 52.29 in the 100-yard backstroke at the NCAA Last Chance meet, after setting the school record in the 500-yard freestyle (4:42.69) at the Big Ten Championships.

NEBRASKA

AT NORTHERN IOWA

October 13, 2017 | Cedar Falls, Iowa
Nebraska def. Northern Iowa, 154-86

Husker Victories

Tori Beeler	100 Breast	1:05.12
	200 IM	2:06.87
Kaylyn Flatt	500 Free	5:30.26
	1,000 Free	10:19.24
Abigail Knapton	Three Meter	290.63
Izzie Murray	100 Fly	56.44
Katrina Voge	One Meter	267.90

IOWA STATE AT NEBRASKA

October 21, 2017 | Devaney Natatorium
Nebraska def. Iowa State, 193-102

Husker Victories

Tori Beeler	100 Breast	1:03.00
	200 IM	2:05.77
Jordan Ehly	200 Breast	2:13.93
Kaylyn Flatt	500 Free	5:00.61
	1,000 Free	10:09.89
Carla Gonzalez-Garcia	200 Back	2:03.90
Autumn Haebig	200 Free	1:52.01

Abigail Knapton	One Meter	277.27
	Three Meter	328.35
Morgan McCafferty	100 Back	57.20
Izzie Murray	100 Fly	55.83
	200 Fly	2:04.10

NEBRASKA AT ARKANSAS

November 3, 2017 | Fayetteville, Arkansas
Arkansas def. Nebraska, 154-84

Husker Victories

Jordan Ehly	200 Breast	2:15.74
-------------	------------	---------

NEBRASKA AT KANSAS

November 4, 2017 | Lawrence, Kansas
Kansas def. Nebraska, 159-141

Husker Victories

Tori Beeler	100 Breast	1:03.66
	200 IM	2:06.34
Jordan Ehly	200 Breast	2:16.51
Autumn Haebig	500 Free	5:00.71
Abigail Knapton	One Meter	303.15
	Three Meter	337.80

MINNESOTA INVITATIONAL (DIVING ONLY)

November 9-11, 2017 | Minneapolis, Minnesota

Husker Victories

Abigail Knapton	Platform	261.30
-----------------	----------	--------

MIZZOU INVITATIONAL

November 16-18, 2017 | Columbia, Missouri

Husker Victories

Abigail Knapton	Three Meter	348.50
	Platform	270.60

NEBRASKA AT OMAHA

January 13, 2018 | Omaha, Nebraska
Nebraska def. Omaha, 189-103

Husker Victories

Kaylyn Flatt	200 Free	1:54.35
	500 Free	5:06.50
Autumn Haebig	200 Back	2:06.18
Lindsay Helferich	100 Back	57.68
Abigail Knapton	One Meter	295.04
	Three Meter	331.20
Anna McDonald	200 IM	2:10.40
Izzie Murray	200 Fly	2:07.97
Jessica Pentlargo	100 Free	53.38
Dana Posthuma	100 Fly	57.86
Rachel Powers	1,000 Free	10:32.57
Savannah Savitt	200 Breast	2:31.22
Gwen Worlton	100 Breast	1:05.22

ILLINOIS AT NEBRASKA

January 20, 2018 | Devaney Natatorium
Nebraska def. Illinois, 183-112

Husker Victories

Jordan Ehly	100 Breast	1:03.95
	200 Breast	2:15.96
Kaylyn Flatt	1,000 Free	10:12.87
Autumn Haebig	200 Free	1:50.97
	500 Free	4:58.02
Lindsay Helferich	50 Free	24.21
Abigail Knapton	One Meter	263.73
	Three Meter	324.22
Anna McDonald	200 Back	2:04.49
Jessica Pentlargo	100 Free	52.23
Dana Posthuma	200 Fly	2:03.51
Allie Worrall	100 Free	52.09
	200 Free Relay	1:36.02

NEBRASKA AT RUTGERS

January 26-27, 2018 | Piscataway, New Jersey
Rutgers def. Nebraska, 186-167

Husker Victories

Tori Beeler	200 IM	2:03.50
Gwen Worlton	100 Breast	1:04.24
Jordan Ehly	200 Breast	2:18.97
Autumn Haebig	200 Free	1:51.95

NCAA LAST CHANCE

February 23, 2018 | Columbia, Missouri

Husker Victories

Tori Beeler	100 Breast	1:01.09
Jordan Ehly	200 Breast	2:13.00
Autumn Haebig	100 Back	52.29
Lindsay Helferich	100 Free	50.25

2018 BIG TEN CHAMPIONSHIPS

Feb. 14-17, 2018 | Columbus, Ohio

Final Standings

- Michigan (1465)
- Indiana (1152.5)
- Ohio State (1094.5)
- Minnesota (1049)
- Wisconsin (755)
- Purdue (693)
- Northwestern (528)
- Penn State (418)
- Rutgers (386)
- Nebraska (358)
- Iowa (338)
- Illinois (187)
- Michigan State (172)

Swimmer of the Meet: Lilly King, Indiana

Diver of the Meet: Yu Zhou, Minnesota

Freshman of the Year: Tevyn Waddell, Minnesota

Top Three Finishers

(1-8 championship finalists; 9-16 consolation finalists; 17-24 bonus finalists)

50 Freestyle

1. Zhesi Li	Ohio State	21.28@
2. Danielle Nack	Minnesota	22.10
3. Macie McNichols	Ohio State	22.14
27. Lindsay Helferich	Nebraska	23.04
43. Allie Worrall	Nebraska	23.48
65. Gwen Worlton	Nebraska	23.81
72. Katt Sickle	Nebraska	24.07

100 Freestyle

1. Zhesi Li	Ohio State	47.43@
2. Siobhan Haughey	Michigan	47.54
3. Gabrielle Deloof	Michigan	48.01
27. Lindsay Helferich	Nebraska	50.19
44. Jessica Pentlarge	Nebraska	50.71
45. Allie Worrall	Nebraska	50.83
70. Katt Sickle	Nebraska	52.12
84. Abigail Greenaway	Nebraska	55.61

200 Freestyle

1. Siobhan Haughey	Michigan	1:41.66@
2. Gabrielle Deloof	Michigan	1:42.91
3. Catherine Deloof	Michigan	1:43.32
17. Autumn Haebig	Nebraska	1:46.22
27. Carla Gonzalez-Garcia	Nebraska	1:48.37
30. Kaylyn Flatt	Nebraska	1:48.90
33. Jessica Pentlarge	Nebraska	1:49.24
38. Allie Worrall	Nebraska	1:49.64
50. Katt Sickle	Nebraska	1:50.62
59. Rachel Powers	Nebraska	1:51.21
61. Savannah Savitt	Nebraska	1:51.38
66. Sutton Marvin	Nebraska	1:51.98
80. Abigail Greenaway	Nebraska	1:59.73

500 Freestyle

1. Yirong Bi	Michigan	4:35.09
2. Kaersten Meitz	Purdue	4:37.15
3. G Ryan	Michigan	4:37.37
12. Autumn Haebig	Nebraska	4:42.69
33. Kaylyn Flatt	Nebraska	4:50.14
43. Rachel Powers	Nebraska	4:52.60
56. Savannah Savitt	Nebraska	4:57.03
65. Sutton Marvin	Nebraska	5:04.04
69. Abigail Greenaway	Nebraska	5:15.17

1,650 Freestyle

1. Allyson McHugh	Penn State	15:43.34@
2. Yirong Bi	Michigan	15:51.18
3. Molly Kowal	Ohio State	15:53.11
21. Kaylyn Flatt	Nebraska	16:40.25
31. Rachel Powers	Nebraska	17:01.39
36. Sutton Marvin	Nebraska	17:47.86

100 Backstroke

1. Elizabeth Nelson	Wisconsin	51.05
2. Alexandra Rockett	Indiana	51.41
3. Clara Smiddy	Michigan	52.08
10. Autumn Haebig	Nebraska	52.68

21. Lindsay Helferich	Nebraska	53.83
27. Carla Gonzalez-Garcia	Nebraska	54.74
33. Morgan McCafferty	Nebraska	55.09
38. Jessica Pentlarge	Nebraska	55.51
42. Jacqueline Jeschke	Nebraska	56.02
45. Izzie Murray	Nebraska	56.33
47. Lindsey Stalheim	Nebraska	56.45

200 Backstroke

1. Elizabeth Nelson	Wisconsin	1:49.59@
2. Clara Smiddy	Michigan	1:50.63
3. Kennedy Goss	Indiana	1:51.66
19. Anna McDonald	Nebraska	1:57.46
31. Carla Gonzalez-Garcia	Nebraska	1:58.87
38. Jacqueline Jeschke	Nebraska	2:00.05
47. Lindsey Stalheim	Nebraska	2:02.79

100 Breaststroke

1. Lilly King	Indiana	56.46#
2. Lindsey Kozelsky	Minnesota	57.91
3. Miranda Tucker	Michigan	57.93
16. Tori Beeler	Nebraska	1:02.06
30. Gwen Worlton	Nebraska	1:02.29
40. Jordan Ehly	Nebraska	1:03.12

200 Breaststroke

1. Lilly King	Indiana	2:04.68#
2. Miranda Tucker	Michigan	2:06.59
3. Lindsey Kozelsky	Minnesota	2:07.37
15. Tori Beeler	Nebraska	2:13.14
17. Jordan Ehly	Nebraska	2:12.37
18. Gwen Worlton	Nebraska	2:13.01
44. Savannah Savitt	Nebraska	2:18.83

100 Butterfly

1. Zhesi Li	Ohio State	50.48
2. Danielle Nack	Minnesota	51.15
3. Christine Jensen	Indiana	51.28
23. Izzie Murray	Nebraska	53.88
24. Dana Posthuma	Nebraska	53.99
27. Morgan McCafferty	Nebraska	54.29
55. Lindsey Stalheim	Nebraska	56.96
64. Mira Rhodes	Nebraska	59.40

200 Butterfly

1. Vanessa Krause	Michigan	1:53.44@
2. Danielle Nack	Minnesota	1:54.72
3. Meg Bailey	Ohio State	1:55.59
19. Dana Posthuma	Nebraska	1:58.52
24. Izzie Murray	Nebraska	2:02.02
31. Madison Coughlen	Nebraska	2:01.08
34. Shea Bougie	Nebraska	2:02.34
41. Allison Kopas	Nebraska	2:04.78
42. Jacqueline Jeschke	Nebraska	2:04.79
48. Mira Rhodes	Nebraska	2:13.99

200 IM

1. Siobhan Haughey	Michigan	1:53.59@
2. Elizabeth Nelson	Wisconsin	1:53.85
3. Clara Smiddy	Michigan	1:55.35
18. Tori Beeler	Nebraska	1:59.02
24. Anna McDonald	Nebraska	2:00.27
28. Morgan McCafferty	Nebraska	2:00.55
42. Shea Bougie	Nebraska	2:02.04
49. Dana Posthuma	Nebraska	2:03.08
52. Madison Coughlen	Nebraska	2:03.33
55. Allison Kopas	Nebraska	2:03.47
66. Jordan Ehly	Nebraska	2:05.74
78. Mira Rhodes	Nebraska	2:12.32

400 IM

1. Meg Bailey	Ohio State	4:04.85
2. Allyson McHugh	Penn State	4:06.43
3. Kristen Romano	Ohio State	4:06.90
23. Allison Kopas	Nebraska	4:18.38
25. Madison Coughlen	Nebraska	4:19.97
27. Anna McDonald	Nebraska	4:20.89
28. Shea Bougie	Nebraska	4:21.35

One-Meter Dive

1. Sarah Bacon	Minnesota	353.80
2. Addison Walkowiak	Rutgers	340.25
3. Jessica Parratto	Indiana	330.20
26. Abigail Knapton	Nebraska	249.00
38. Grace Tiernon	Nebraska	226.30
43. Katrina Voge	Nebraska	212.05

Three-Meter Dive

1. Olivia Rosendahl	Northwestern	389.95
2. Sarah Bacon	Minnesota	383.40
3. Addison Walkowiak	Rutgers	369.05
9. Abigail Knapton	Nebraska	351.85
34. Katrina Voge	Nebraska	248.45
40. Grace Tiernon	Nebraska	234.45

Platform Dive

1. Jessica Parratto	Indiana	378.15
2. Olivia Rosendahl	Northwestern	360.05
3. Emily Meaney	Purdue	345.15
10. Abigail Knapton	Nebraska	317.00
22. Katrina Voge	Nebraska	241.75
27. Grace Tiernon	Nebraska	217.05

200 Free Relay

1. Ohio State	1:27.08@
2. Michigan	1:28.00
3. Wisconsin	1:28.41
9. Nebraska	1:32.48
Helferich, Kopas, Pentlarge, Worrall	

400 Free Relay

1. Michigan	3:10.96#
2. Ohio State	3:13.35
3. Wisconsin	3:14.12
9. Nebraska	3:20.38
Helferich, Worrall, Pentlarge, Haebig	

800 Free Relay

1. Michigan	6:56.28
2. Minnesota	6:59.53
3. Indiana	7:02.24
10. Nebraska	7:11.60
Haebig, Flatt, Pentlarge, Worrall	

200 Medley Relay

1. Indiana	1:34.16@
2. Minnesota	1:35.06
3. Wisconsin	1:36.23
8. Nebraska	1:39.43
Haebig, Worlton, Murray, Helferich	

400 Medley Relay

1. Indiana	3:27.81@
2. Minnesota	3:28.96
3. Michigan	3:29.90
7. Nebraska	3:36.03
Haebig, Worlton, Murray, Helferich	

NCAA ZONE D DIVING

March 5-7, 2018 | Minneapolis, Minn.

Husker Participants

2. Abigail Knapton, Platform	589.70
15. Abigail Knapton, One-Meter Dive	535.85
18. Katrina Voge, Platform	408.00

NCAA CHAMPIONSHIPS

March 16-17, 2018 | Columbus, Ohio
Nebraska - 35th (11 points)

Husker Participants

8. Abigail Knapton, Platform	286.15
22. Abigail Knapton, Three-Meter Dive	307.60
40. Autumn Haebig, 100 Back	53.55
43. Autumn Haebig, 500 Free	4:44.40

2017-18 NEBRASKA PERFORMANCE LIST

50-yard Freestyle

1. Lindsay Helferich	Big Ten Championships, 2/15/18	23.04
2. Allie Worrall	Big Ten Championships, 2/15/18	23.48
3. Jessica Pentlarge	Mizzou Invite, 11/16/17	23.71
4. Gwen Worlton	Big Ten Championships, 2/15/18	23.81
5. Clara Walstad	Mizzou Invite, 11/16/17	24.08

100-yard Freestyle

1. Lindsay Helferich	Big Ten Championships, 2/17/18	50.19
2. Jessica Pentlarge	Mizzou Invite, 11/18/17	50.52
3. Allie Worrall	Big Ten Championships, 2/17/18	50.83
4. Katt Sickle	Mizzou Invite, 11/18/17	51.78
5. Kaylyn Flatt	Mizzou Invite, 11/18/17	52.64

200-yard Freestyle

1. Autumn Haebig	Big Ten Championships, 2/16/18	1:46.22
2. Carla Gonzalez-Garcia	Big Ten Championships, 2/16/18	1:48.37
3. Kaylyn Flatt	Big Ten Championships, 2/16/18	1:48.90
4. Jessica Pentlarge	Big Ten Championships, 2/16/18	1:49.24
5. Allie Worrall	Big Ten Championships, 2/16/18	1:49.64

500-yard Freestyle

1. Autumn Haebig	Big Ten Championships, 2/15/18	4:42.69
2. Kaylyn Flatt	Last Chance, 2/24/18	4:49.88
3. Rachel Powers	Big Ten Championships, 2/15/18	4:52.60
4. Savannah Savitt	Mizzou Invite, 11/16/17	4:52.80
5. Katt Sickle	Mizzou Invite, 11/16/17	4:58.88

1,000-yard Freestyle

1. Kaylyn Flatt	Iowa State, 10/21/17	10:09.89
2. Autumn Haebig	Arkansas, 11/3/17	10:10.05
3. Rachel Powers	Iowa State, 10/21/17	10:31.26
4. Bridget Pacilio	Northern Iowa, 10/13/17	10:32.92
5. Madison Coughlen	Arkansas, 11/3/17	10:36.41

1,650-yard Freestyle

1. Kaylyn Flatt	Big Ten Championships, 2/14/18	16:40.25
2. Rachel Powers	Mizzou Invite, 11/18/17	16:56.19
4. Sutton Marvin	Mizzou Invite, 11/18/17	17:36.43

100-yard Backstroke

1. Autumn Haebig	Last Chance, 2/24/18	52.29
2. Lindsay Helferich	Big Ten Championships, 2/16/18	53.83
3. Carla Gonzalez-Garcia	Big Ten Championships, 2/16/18	54.74
4. Morgan McCafferty	Mizzou Invite, 11/17/17	55.00
5. Jessica Pentlarge	Big Ten Championships, 2/16/18	55.51

200-yard Backstroke

1. Anna McDonald	Big Ten Championships, 2/17/18	1:57.46
2. Morgan McCafferty	Big Ten Championships, 2/17/18	1:58.85
3. Carla Gonzalez-Garcia	Big Ten Championships, 2/17/18	1:58.87
4. Jacqueline Jeschke	Mizzou Invite, 11/18/17	1:59.65
5. Autumn Haebig	Mizzou Invite, 11/18/17	2:00.21

100-yard Breaststroke

1. Tori Beeler	Last Chance, 2/24/18	1:01.09
2. Jordan Ehly	USA Winter Nationals, 12/1/17	1:01.62
3. Gwen Worlton	Mizzou Invite, 11/16/17	1:01.76
4. Gabby Baratta	Mizzou Invite, 11/16/17	1:05.65
5. Bridget Pacilio	Mizzou Invite, 11/16/17	1:06.67

200-yard Breaststroke

1. Jordan Ehly	Mizzou Invite, 11/18/17	2:11.17
2. Tori Beeler	Mizzou Invite, 11/18/17	2:12.24
3. Gwen Worlton	Mizzou Invite, 11/18/17	2:12.66
4. Savannah Savitt	Mizzou Invite, 11/18/17	2:17.74
5. Bridget Pacilio	Mizzou Invite, 11/18/17	2:18.22

100-yard Butterfly

1. Izzie Murray	Big Ten Championships, 2/16/18	53.72
2. Dana Posthuma	Big Ten Championships, 2/16/18	53.99
3. Morgan McCafferty	Big Ten Championships, 2/16/18	54.29
4. Lindsay Helferich	Mizzou Invite, 11/16/17	55.02
5. Shea Bougie	Mizzou Invite, 11/16/17	55.27

200-yard Butterfly

1. Dana Posthuma	Big Ten Championships, 2/17/18	1:58.52
2. Izzie Murray	USA Winter Nationals, 12/2/17	1:59.67
3. Madison Coughlen	Big Ten Championships, 2/17/18	2:01.08
4. Shea Bougie	Big Ten Championships, 2/17/18	2:02.34
5. Allison Kopas	Mizzou Invite, 11/18/17	2:02.58

200-yard Individual Medley

1. Tori Beeler	Big Ten Championships, 2/15/18	1:59.02
2. Anna McDonald	Big Ten Championships, 2/15/18	1:59.91
3. Morgan McCafferty	Big Ten Championships, 2/15/18	2:00.55
4. Allison Kopas	Mizzou Invite, 11/16/17	2:01.05
5. Shea Bougie	Big Ten Championships, 2/15/18	2:02.04

400-yard Individual Medley

1. Allison Kopas	Mizzou Invite, 11/17/17	4:18.01
2. Madison Coughlen	Mizzou Invite, 11/17/17	4:19.09
3. Anna McDonald	Big Ten Championships, 2/16/18	4:20.89
4. Shea Bougie	Big Ten Championships, 2/16/18	4:21.35
5. Bridget Pacilio	Mizzou Invite, 11/17/17	4:22.22

One-Meter Dive

1. Abigail Knaption	NCAA Zone D, 3/5/18	535.85
2. Katrina Voge	Northern Iowa, 10/13/17	267.90
2. Grace Tiernon	Northern Iowa, 10/13/17	248.47

Three-Meter Dive

1. Abigail Knaption	Big Ten Championships, 2/16/18	351.85
2. Katrina Voge	Iowa State, 10/21/17	288.22
3. Grace Tiernon	Iowa State, 10/21/17	266.02

Platform Dive

1. Abigail Knaption	NCAA Zone D, 3/5/18	589.70
2. Katrina Voge	NCAA Zone D, 3/5/18	408.00
3. Grace Tiernon	Big Ten Championships, 2/17/18	217.05

200-yard Freestyle Relay

Big Ten Championships, 2/16/18	1:32.38
--------------------------------	---------

400-yard Freestyle Relay

Big Ten Championships, 2/17/18	3:20.38
--------------------------------	---------

800-yard Freestyle Relay

Big Ten Championships, 2/14/18	7:11.60
--------------------------------	---------

200-yard Medley Relay

Big Ten Championships, 2/14/18	1:39.43
--------------------------------	---------

400-yard Medley Relay

Big Ten Championships, 2/15/18	3:36.03
--------------------------------	---------