

# N NEBRASKA TRACK & FIELD

**2017 HOLIDAY INN INVITATIONAL**  
 JAN 13-14, 2017 | BOB DEVANEY SPORTS CENTER – LINCOLN, NEB

## SCHEDULE OF EVENTS – UPDATED 1.10.17

Changes noted in ***Bold/Italicized*** Font

### Friday, January 13<sup>th</sup>

\*An athlete may run only one *race* of 800 Meters or longer on Friday.

\*\* If field event entries are low, seeded and unseeded sections may be combined.

#### Throwing Events:

4:15 pm	Weight Throw	W
6:30 pm	Weight Throw	M

#### Horizontal Jumps:

4:00 pm	Long Jump	W
5:30 pm	Long Jump	M

#### Vertical Jumps:

4:00 pm	Pole Vault	W (unseeded)
To Follow	Pole Vault	M (unseeded)
4:30 pm	High Jump	M (unseeded)
To Follow	High Jump	W (unseeded)

#### Running Events:

4:00 pm	60 Meter Hurdles Qualifying Round	W
4:20 pm	60 Meter Hurdles Qualifying Round	M
4:40 pm	60 Meter Dash Qualifying Round	W
4:55 pm	60 Meter Dash Qualifying Round	M
<b>5:25 pm</b>	<b>800 Meter Run</b>	<b>W</b>
<b>5:40 pm</b>	<b>800 Meter Run</b>	<b>M</b>
<b>5:55 pm</b>	<b>1000 Meter Run</b>	<b>W</b>
<b>6:10 pm</b>	<b>1000 Meter Run</b>	<b>M</b>
<b>6:25 pm</b>	<b>Mile Run</b>	<b>W</b>
<b>6:40 pm</b>	<b>Mile Run</b>	<b>M</b>
<b>7:05 pm</b>	<b>3000 Meter Run</b>	<b>W</b>
<b>7:35 pm</b>	<b>3000 Meter Run</b>	<b>M</b>
<b>8:00 pm</b>	<b>5000 Meter Run</b>	<b>W</b>
<b>8:25 pm</b>	<b>5000 Meter Run</b>	<b>M</b>

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### Saturday, January 14<sup>th</sup>

#### Throwing Events:

12:30 pm	Shot Put	W
2:30 pm	Shot Put	M

#### Horizontal Jumps:

12:00 pm	Triple Jump	M
2:30 pm	Triple Jump	W

#### Vertical Jumps:

12:00 pm	Pole Vault	W seeded
1:00 pm	High Jump	W seeded
To Follow	High Jump	M seeded
3:00 pm	Pole Vault	M seeded

#### Running Events:

12:00 pm	60 Meter Hurdles Prelim	W	(4 sections)
12:15 pm	60 Meter Hurdles Prelim	M	(4 sections)
12:35 pm	60 Meter Dash Prelim	W	(4 sections)
12:45 pm	60 Meter Dash Prelim	M	(4 sections)
1:00 pm	60 Meter Hurdles Final	W	(1 section)
1:05 pm	60 Meter Hurdles Final	M	(1 section)
1:10 pm	60 Meter Dash Final	W	(1 section)
1:15 pm	60 Meter Dash Final	M	(1 section)
1:25 pm	400 Meter Dash	W	
1:50 pm	400 Meter Dash	M	
<b>2:15 pm</b>	<b>600 Meter Run</b>	<b>W</b>	
<b>2:30 pm</b>	<b>600 Meter Run</b>	<b>M</b>	
<b>2:50 pm</b>	<b>200 Meter Dash</b>	<b>W</b>	
3:20 pm	200 Meter Dash	M	
3:45 pm	Distance Medley Relay	W	
4:00 pm	Distance Medley Relay	M	
4:15 pm	4 x 400 Meter Relay	W	
4:40 pm	4 x 400 Meter Relay	M	