



NEBRASKA TRAINING TABLE

Dinner

Monday 25-Sep-17	Tuesday 26-Sep-17	Wednesday 27-Sep-17	Thursday 28-Sep-17	Friday 29-Sep-17
Entrees				
Asian Spare Ribs Coriander & Oregano Pork Loin Cilantro-Chipotle Tilapia w/Pineapple Salsa Steaks Honey Dijon Chicken Quarters	Dijon-Molasses Pork Chop Grilled Chicken Breast Baked Halibut Bottom Round Beef Roast Oven Fried Chicken	Bean & Cheese Enchiladas Southwestern Chicken Breast Jumbo Boiled Shrimp Prime Rib Beef Lasagna	Chicken Strips Beef & Shiitake Satay Mahi Mahi Chicken Parmesan Pork Crown Roast, Carved	Ham w/ Orange Glaze Hawaiian Chicken Breast Salmon Bacon Kabobs Chicken & Broccoli Alfredo Inside Round
Vegetables				
Baby Carrots Harvest Vegetable Blend Laguna Vegetable Blend	Cajun Style Mustard Greens Key Largo Vegetable Blend Spaghetti Squash	Broccoli, Cauliflower, & Carrots Italian Cut Green Beans Sauteed Pepper Medley	Fresh Asparagus Dill Carrots Italian Vegetable Blend	Steamed Cauliflower Steamed Broccoli Germany Blend Vegetables
Carbohydrate Bar				
Savory Butternut Squash Spicy Roasted Edamame Yellow Rice Scalloped Potatoes Baked Potatos	Spicy Black Beans Flame Roasted Corn & Peppers Barley Mushroom Pilaf Honey Sage Sweet Potatoes w/ Shallots Garlic Mashed Potatoes w/ Chicken Gravy	Mexi Style Beans Brown Rice with Roasted Sweet Corn Asparagus Risotto Rosemary Roasted Yukon Gold Potatoes Twice Baked Potatoes	Flame Roasted Fuji Apples Green Peas Harvest Wild Rice Oven Brownd Potatoes w/Onions & Red Peppers Curry-Ginger Sweet Potato Fries	Garden Wild Rice Baked Corn Casserole Chuckwagon Beans Country Potato Casserole Green Peas
Pastas				
Meatball Marinara Sauce Seafood Alfredo Sauce Marinara Sauce Zucchini Marinara Sauce High Fiber Pasta White Pasta w/Basil Pesto	Meatball Marinara Sauce Alfredo Sauce Marinara Sauce Turkey Marinara Sauce High Fiber Pasta White Pasta	Meatball Marinara Sauce Alfredo Sauce Marinara Sauce Turkey Marinara Sauce High Fiber Pasta White Pasta w/Tomato Pesto	Meatball Marinara Sauce Seafood Alfredo Sauce Marinara Sauce Sausage Marinara Sauce High Fiber Pasta White Pasta	Meatball Marinara Sauce Alfredo Sauce Marinara Sauce Beef Marinara High Fiber Pasta White Pasta
Soup				
Chicken & Wild Rice Soup	Chicken Noodle Soup	Chicken Tortilla Soup	Vegetable Beef & Barley	Minestrone Soup
Specialty Bar				
Stir-Fry Bar	Fajita Bar	Breakfast Bar	Pasta Bar	Pizza