

# NEBRASKA TRACK & FIELD

79 NCAA CHAMPIONS / 640 ALL-AMERICANS / 66 OLYMPIANS / 933 CONFERENCE CHAMPIONS / 109 CONFERENCE TEAM TITLES

## 2019 NEBRASKA SCHEDULE & RESULTS

| Date    | Meet                                | Location           | Results       |
|---------|-------------------------------------|--------------------|---------------|
| 1/11-12 | Graduate Classic                    | Devaney Center     | NTS           |
| 1/19    | Simmons-Harvey Big Ten Invitational | Ann Arbor, Mich.   | NTS           |
| 1/25    | Prairie Wolf Invitational           | Lincoln, Neb.      | NTS           |
| 1/26    | Mark Colligan Memorial              | Devaney Center     | M-1st/W-1st   |
| 2/1-2   | Frank Sevigne Husker Invitational   | Devaney Center     | NTS           |
| 2/8-9   | Tyson Invitational                  | Fayetteville, Ark. | NTS           |
| 2/8-9   | Iowa State Classic                  | Ames, Iowa         | NTS           |
| 2/15    | Nebraska Tune-Up                    | Devaney Center     | NTS           |
| 2/22-23 | Big Ten Indoor Championships        | Ann Arbor, Mich.   | M-1st, W-5th  |
| 3/8-9   | NCAA Indoor Championships           | Birmingham, Ala.   | M-35th, W-NTS |

| Date    | Meet                          | Location           | Results     |
|---------|-------------------------------|--------------------|-------------|
| 3/22-23 | Herm Wilson Invitational      | Wichita, Kan.      | NTS         |
| 3/27-30 | Texas Relays                  | Austin, Texas      | NTS         |
| 3/28-30 | Florida Relays                | Gainesville, Fla.  | NTS         |
| 3/28-30 | Bobcat Invitational           | San Marcos, Texas  | NTS         |
| 3/29-30 | Mike Fanelli Track Classic    | Hayward, Calif.    | NTS         |
| 3/29-30 | Stanford Invitational         | Palo Alto, Calif.  | NTS         |
| 4/5-6   | Husker Spring Invitational    | Ed Weir Stadium    | M-1st/W-1st |
| 4/11-12 | Crimson Tide Invitational     | Tuscaloosa, Ala.   | NTS         |
| 4/11-12 | Samford Track Challenge       | Birmingham, Ala.   | NTS         |
| 4/17-20 | Kansas Relays                 | Lawrence, Kan.     | TBA         |
| 4/18-19 | Bryan Clay Invitational       | Azusa, Calif.      | TBA         |
| 4/19-20 | Beach Invitational            | Long Beach, Calif. | TBA         |
| 4/25-27 | Drake Relays                  | Des Moines, Iowa   | TBA         |
| 4/26    | Texas Tech Shootout           | Lubbock, Texas     | TBA         |
| 5/4     | Nebraska Invitational         | Ed Weir Stadium    | 10 a.m.     |
| 5/10-12 | Big Ten Outdoor Championships | Iowa City, Iowa    | TBA         |
| 5/23-25 | NCAA West Preliminary Round   | Sacramento, Calif. | TBA         |
| 6/5-8   | NCAA Outdoor Championships    | Austin, Texas      | TBA         |

## USTFCCCA RANKINGS

### MEN (April 15)

|    |                    |
|----|--------------------|
| 1  | Texas Tech         |
| 2  | Texas A&M          |
| 3  | Florida            |
| 4  | LSU                |
| 5  | BYU                |
| 6  | Alabama            |
| 7  | Oregon             |
| 8  | Florida State      |
| 9  | Houston            |
| 10 | Mississippi State  |
| 11 | Georgia            |
| 12 | Baylor             |
| 13 | Texas              |
| 14 | Arizona            |
| 15 | Stanford           |
| 16 | South Carolina     |
| 17 | Indiana            |
| 18 | North Carolina A&T |
| 19 | Wisconsin          |
| 20 | UCLA               |
| 21 | Iowa               |
| 22 | Ohio State         |
| 23 | Tennessee          |
| 24 | Arkansas           |
| 25 | Purdue             |

### WOMEN (April 15)

|    |                |
|----|----------------|
| 1  | USC            |
| 2  | Texas A&M      |
| 3  | Arkansas       |
| 4  | LSU            |
| 5  | Oregon         |
| 6  | Kentucky       |
| 7  | Florida        |
| 8  | Florida State  |
| 9  | Alabama        |
| 10 | Miami          |
| 11 | Kansas State   |
| 12 | New Mexico     |
| 13 | Stanford       |
| 14 | Colorado       |
| 15 | Texas          |
| 16 | Tennessee      |
| 17 | Washington     |
| 18 | Texas Tech     |
| 19 | Virginia Tech  |
| 20 | BYU            |
| 21 | Iowa           |
| 22 | Boise State    |
| 23 | UCLA           |
| 24 | South Carolina |
| 25 | Baylor         |

## KANSAS RELAYS

April 17-20 / Lawrence, Kan. / Rock Chalk Park

Start Times: Wednesday (Combined Events: 10:30 a.m.)

Thursday: (Combined Events: 11 a.m.)

Friday: (Track: 10:55 a.m., Field: 1:30 p.m.)

Saturday: (Track: 12:30 p.m., Field: 1 p.m.)

Live Results: <http://pttting.com/events/87931211>

Twitter: @NUTrackAndField

The Nebraska track and field team will visit Lawrence, Kansas this week for the Kansas Relays. The meet will begin with combined events at 10:30 a.m. on Wednesday. The conclusion of combined events will begin at 11 a.m. on Thursday. The Kansas Relays will resume on Friday with track events at 10:55 a.m. and field events at 1:30 p.m. The meet will commence with action on the track beginning at 12:30 p.m. on Saturday and the final field events starting at 1 p.m.

Live results of the Kansas Relays can be followed at <http://pttting.com/events/87931211>.

A portion of the distance squad and mid-distance athletes will compete at the Bryan Clay Invitational (April 18-19) and Beach Invitational (April 19-20). Live results for all meets can be followed at [Huskers.com](http://Huskers.com).

### Huskers in the NCAA Rankings

Midway through the outdoor season, several Huskers have already made their mark on the NCAA Top 50 in their respective events. Elijah Lucy is the highest ranked Husker after earning a mark of 25-8 3/4 (7.84m)w in the long jump at the Husker Invitational. Lucy is currently ranked ninth nationally in the long jump and leads the Big Ten in the event. Mayson Conner cleared 7-2 1/4 (2.19m) in the high jump at the Texas Relays and is tied for 12th nationally.

Jasmine Barge and Chase Wolinski are the top ranked Huskers on the women's team. Barge is ninth nationally in the 400-meter hurdles with a time of 57.82 at the Florida Relays. Wolinski is ninth in the country in the javelin with a mark of 177-0 (53.96m) at the Texas Relays. Wolinski's mark also ranks sixth in school history.

### Men in the Top 50

| Rank | Athlete                               | Event        | Time/Mark/Score    |
|------|---------------------------------------|--------------|--------------------|
| 9    | Elijah Lucy                           | Long Jump    | 25-8 3/4 (7.84m)w  |
| t12  | Mayson Conner                         | High Jump    | 7-2 1/4 (2.19m)    |
| 13   | Jonathan Miller                       | Triple Jump  | 52-1 3/4 (15.89m)w |
| 13   | George Kusche                         | 1,500m       | 3:43.83            |
| 13   | Zach Podraza                          | Decathlon    | 7,287              |
| t15  | Miles Griffith                        | High Jump    | 7-1 1/2 (2.17m)    |
| t17  | Luke Siedhoff                         | 110m Hurdles | 13.86              |
| 23   | Burger Lambrechts Jr.                 | Shot Put     | 62-9 1/4 (19.13m)  |
| 24   | Tyler Loontjer                        | Pole Vault   | 17-4 1/2 (5.30m)   |
| 26   | Ty Moss                               | 800m         | 1:49.04            |
| 32   | Washington, Lucy, Barrett, Hutchinson | 4x400m Relay | 3:08.09            |
| t42  | Spencer Powell                        | Pole Vault   | 16-10 3/4 (5.15m)  |
| t43  | Lukz, Nou, Hericks, A. Nelson         | 4x100m Relay | 40.06              |
| 49   | Burger Lambrechts Jr.                 | Discus       | 178-2 (54.30m)     |

### Women in the Top 50

| Rank | Athlete          | Event        | Time/Mark/Score    |
|------|------------------|--------------|--------------------|
| 9    | Jasmine Barge    | 400m Hurdles | 57.82              |
| 9    | Chase Wolinski   | Javelin      | 177-0 (53.96m)     |
| 13   | Brittini Wolczyk | Javelin      | 174-1 (53.07m)     |
| t23  | Andy Jacobs      | Pole Vault   | 13-9 3/4 (4.21m)   |
| 24   | Jasmine Barge    | 100m Hurdles | 13.23w             |
| 30   | Alex Meyer       | Discus       | 177-9 (54.17m)     |
| t34  | Michaela Peskova | 400m Hurdles | 59.22              |
| t34  | Shylia Riley     | Long Jump    | 20-3 3/4 (6.19m)w  |
| t37  | Kristina Insingo | Shot Put     | 52-2 1/2 (15.91m)  |
| t38  | Lakayla Harris   | 200m         | 23.44              |
| 42   | Jamesha Western  | Shot Put     | 51-11 1/4 (15.83m) |

## HUSKERS BY THE NUMBERS

|                                        |           |
|----------------------------------------|-----------|
| 2019 Big Ten Women's Finishes (I/O):   | 5th/TBD   |
| 2019 NCAA Women's Finishes (I/O):      | NTS/TBD   |
| 2019 Big Ten Men's Finishes (I/O):     | 1st/TBD   |
| 2019 NCAA Men's Finishes (I/O):        | t35th/TBD |
| All-Time National Champions (W/M):     | 44/35     |
| All-Time All-Americans (W/M):          | 331/309   |
| All-Time NCAA Top-Five Finishes (W/M): | 21/8      |
| All-Time Conference Titles (W/M):      | 42/67     |
| All-Time Conference Champions (W/M):   | 374/559   |
| All-Time Olympians (W/M):              | 33/33     |

## NEBRASKA'S 2019 TOP ATHLETES

### First Team All-Americans (2)

Jared Seay (I Heptathlon)  
Mayson Conner (I High Jump)

### Second-Team All-Americans (1)

Angela Mercurio (I Triple Jump)

### Big Ten Champions (4)

Mayson Conner (I High Jump)  
Elijah Lucy (I Long Jump)  
Lakayla Harris (I 60m)  
Angela Mercurio (I Triple Jump)

## COACHING STAFF

|                                             |                               |
|---------------------------------------------|-------------------------------|
| Head Coach/Jumps                            | Gary Pepin (39th year)        |
| Recruiting Coord./W. Sprints/Hurdles/Relays | Matt Martin (23rd year)       |
| Distance/Middle Distance/XC Head Coach      | Dave Harris (8th year)        |
| Throws                                      | Scott Cappos (5th year)       |
| Pole Vault/Combined Events                  | T.J. Pierce (17th year)       |
| High Jump/Men's Sprints/Hurdles/Relays      | Dusty Jonas (10th year)       |
| Director of Operations                      | Da'Nelle Earl (14th year)     |
| On-Campus Recruiting Coordinator            | Matt Wackerly (3rd year)      |
| Recruiting Assistant                        | Joel Keller (1st year)        |
| Volunteer (Throws)                          | Chris Daniels (1st year)      |
| Volunteer (Distance)                        | Sarah Fowler (2nd year)       |
| Volunteer (Jumps)                           | Sheldon Hutchinson (1st year) |
| Volunteer (Men's Sprints/Hurdles/HJ)        | Mike McCann (1st year)        |
| Volunteer (Women's Sprints/Hurdles)         | Kelsey Nemeth (2nd year)      |
| Volunteer (Pole Vault/Combined Events)      | Ben Santos (1st year)         |

|     |                                   |              |       |
|-----|-----------------------------------|--------------|-------|
| 44  | Bridges, Harris, Ingram, McIntosh | 4x100m Relay | 44.73 |
| t48 | Lakayla Harris                    | 100m         | 11.53 |

### Top-10 Huskers

The Huskers have achieved a handful of all-time top-10 outdoor marks in school history so far this season:

- Andy Jacobs - Pole Vault (No. 5 - 13-9 3/4, 4.21m)
- Jasmine Barge - 100m Hurdles (No. t5 (non-wind-aided) - 13.35)
- Chase Wolinski - Javelin (No. 6 - 177-0, 53.96m)
- Erika Freyhof - 10,000m (No. 7 - 35:15.11)
- Judi Jones - 3,000m Steeplechase (No. 7 - 10:33.41)
- Burger Lambrechts Jr. - Shot Put (No. 7 - 62-9 1/4, 19.13m)
- George Kusche - 1,500m (No. 8 - 3:43.83)

### Nebraska Performs Well in USTFCCCA #EventSquad Rankings

The Big Red track and field team has several event groups ranked highly in the USTFCCCA #EventSquad Rankings this season. The ranking system uses the best qualifying marks from a team's top-four ranked athletes in the event.

- #2 - Women's Javelin
- #3 - Men's High Jump
- #3 - Men's Discus
- #4 - Men's Pole Vault
- #8 - Men's Shot Put
- #8 - Men's 110-Meter Hurdles

### 2019 Men's Outdoor Season Outlook

The Husker men are coming off a 2018 outdoor season where they finished tied for 40th at the NCAA Outdoor Championships and finished third at the Big Ten Outdoor Championships. Nebraska will look to replace three Big Ten Champions in Antoine Lloyd (110-meter hurdles), Nick Percy (discus) and Kaiwan Culmer (triple jump). Lloyd and Percy were also first-team All-Americans. Luke Siedhoff earned first-team All-America accolades last season and will look to continue his success in the 110-meter hurdles this season after finishing seventh at the NCAA Championships in 2018. The men's team is starting the outdoor season with momentum after claiming the 2019 Big Ten Indoor Championship. Mayson Conner, the Big Ten Indoor Freshman of the Year, was the most successful freshman high jumper in the country this indoor season and earned first-team All-America honors with a jump of 7-3 3/4 (2.23m) to finish seventh at the NCAA Indoor Championships. Jared Seay also competed at the NCAA Indoor Championships and finished fourth in the heptathlon with 5,847 points to earn first-team All-America status. Seay's fourth-place finish was the best finish at the NCAA Championships by a Husker heptathlete since 2012. Senior Elijah Lucy will provide leadership after claiming the Big Ten indoor title in the long jump with a leap of 25-2 (7.67m). Freshman sensation George Kusche will also be an athlete to watch this outdoor season after setting two indoor school records - in the mile (3:59.61) and 3,000 meters (7:57.16o).

### 2019 Women's Outdoor Season Outlook

The Big Red women tied for fifth at the Big Ten Championships last season and return a handful of athletes with NCAA Outdoor Championship experience and several point scorers from the 2018 Big Ten Outdoor Championships. Senior Brittni Wolczyk is a two-time second-team All-American in the javelin and has made it to the NCAA Championships in each of her three seasons. She was the 2017 Big Ten champion and is a two-time silver medalist. Raynesha Lewis qualified for the NCAA Outdoor Championships in the long jump last year, and Jasmine Barge was a second-team All-American in the 400-meter hurdles in 2017. Sydney Otto missed last season with an injury but qualified for nationals in the javelin as a freshman in 2017. The NU women will be looking to replace triple jump standout Angela Mercurio. The 2019 Big Ten indoor champion and second-team All-American exhausted her outdoor eligibility last year. Lewis, Ieva Turke and Shylia Riley will lead the Huskers' horizontal jumps. Lewis finished 19th in the long jump at the 2018 NCAA Outdoor Championships. Riley was the Big Ten indoor long jump runner-up this year, while Turke was third in the triple jump and fourth in the long jump. On the track, Lakayla Harris ran the fifth-fastest wind-legal time (11.45) in NU history in the 100 meters last year. Harris claimed fourth (100 meters) and fifth (200 meters) at the 2018 Outdoor Big Ten Championships. Barge is one of the top returning 100-meter and 400-meter hurdlers in the Big Ten. The Huskers are ranked 49th in the preseason USTFCCCA Rankings.

### Conner Named B1G Freshman of the Year

Nebraska high jumper Mayson Conner was named the Big Ten Men's Indoor Freshman of the Year after a vote by the league's head coaches. Conner is the first Husker male track and field athlete chosen as the Big Ten Freshman of the Year since NU joined the conference in 2011-12.

The McCool Junction native was the Big Ten champion in the high jump and earned first-team All-America honors after finishing seventh at the NCAA Indoor Championship. Conner cleared 7-3 3/4 (2.23m) at both meets, which is tied for the ninth-best mark in school history.

Conner was the top freshman high jumper in the nation at the NCAA Championships and became the first true freshman Husker male to earn first-team All-America honors in an individual event at the NCAA indoor meet since Bobby Carter in the long jump in 2010.

### Pepin Named B1G and USTFCCCA Men's Midwest Region Coach of the Year

Nebraska track and field head coach Gary Pepin was named the Big Ten Men's Indoor

## HEAD COACH GARY PEPIN

39th Season at Nebraska

Pittsburg State (B.S. 1966)/Kansas (M.S. 1974)



The all-time winningest track and field coach in the history of the Big 12 and the former Big Eight Conference, Nebraska Head Coach Gary Pepin is in his 39th season as the head coach of the Nebraska men's and women's track and field teams in 2019, making him the longest tenured active coach in Cornhusker athletics and among Big Ten track and field programs.

Pepin is a USTFCCCA Hall of Fame member and has led the Husker programs to a combined three national team titles, 73 conference team titles, 59 individual national champions and 571 individual conference champions. Additionally, 519 first-team All-America honors have been achieved under Pepin, and 59 CoSIDA Academic All-America honors have been earned under Pepin's guidance, which dates back to 1981 for the women's program and 1984 for the men's team.

Since Nebraska joined the Big Ten Conference in 2011-12, Pepin's teams have won six Big Ten championships, including a men's sweep of the indoor and outdoor titles in 2016. The Husker men claimed the Track & Field News Dual-Meet National Championship in 2017 and 2019, and the NU men won the Big Ten indoor title in 2019. Individually, Huskers have captured 58 Big Ten event titles, including four at the 2019 indoor meet.

### Pepin's Career Achievements

- 3 Women's National Team Titles (1982, 1983, 1984)
- 42 Women's National Champions
- 17 Men's National Champions
- 320 Women's All-Americans
- 201 Men's All-Americans
- 23 NCAA Top-5 Team Finishes
- 2 Track & Field News Dual-Meet National Champion Teams (Men: 2017 Absolute, 2019 Indoor)
- 59 CoSIDA Academic All-Americans
- 6 Big Ten Conference Team Titles
- 73 Career Conference Team Titles
- 355 Women's Conference Champions
- 216 Men's Conference Champions

### Career Honors

- 2008 USTFCCCA Hall of Fame Inductee
- District 5 Coach of the Year (1995, 1996)
- USTCA National Indoor Coach of the Year (1994)
- Men's Midwest Region Coach of the Year (Indoor - 2005, 2015, 2019; Outdoor - 2005, 2009, 2010, 2013, 2016)
- Women's Midwest Region Coach of the Year (Indoor - 2005, 2010, 2011)
- Big Ten Men's Coach of the Year (Indoor - 2015, 2016, 2019; Outdoor - 2013, 2016)
- Big Ten Women's Coach of the Year (Indoor - 2012)
- Big 12 Men's Coach of the Year (Indoor - 1997, 1998, 2001, 2002, 2003, 2004, 2005, 2007; Outdoor - 1998, 2000, 2002, 2004, 2009, 2010)
- Big 12 Women's Coach of the Year (Indoor - 1997, 1998, 2000, 2001, 2004, 2011; Outdoor - 2000, 2005)

Coach of the Year and the USTFCCCA Midwest Region Coach of the Year.

The Big Ten honor marked Pepin's sixth selection as Big Ten Coach of the Year since the Huskers joined the conference in 2011-12, and it is his 28th all-time conference coaching accolade. The 2019 Big Ten men's indoor title was Pepin's 73rd career conference title and 43rd indoors. He has guided the Husker men to three Big Ten indoor titles in the last five seasons.

Pepin, in his 39th year as head coach at Nebraska, has also been honored as region coach of the year 11 times in the past 15 years. Of his 11 region coaching honors, this is the third time Pepin has been honored as the men's indoor coach of the year (2005 and 2015).

### Four Huskers Win B1G Titles; Men Claim Championship

Angela Mercurio, Lakayla Harris, Mayson Conner and Elijah Lucy all won individual Big Ten indoor titles, and the Nebraska men's track and field team won the 2019 Big Ten Indoor Championship this season.

The Husker men entered the final day of the Big Ten Championships with an 11-point lead and led the entire day until Indiana took a 90-89 lead with only the 4x400-meter relay remaining. However, the Huskers' relay team of Givon Washington, Tony Nou, Elijah Lucy and Isaiah Hutchinson ran a season-best of 3:09.12 to finish fifth, while Indiana finished eighth in 3:11.71. The Huskers finished with 93 points, and Indiana had 91, giving NU its first team crown since 2016.

The Husker men won their 67th all-time conference title and 38th indoors with the victory. It was the fifth Big Ten title for the Husker men since joining the conference in 2012. For legendary head coach Gary Pepin, it marked his 73rd career conference title and 43rd indoors.

Mercurio earned the triple jump crown for the first time in her career, posting a jump of 42-7 (12.98m) on her fourth attempt to win the event for her third-career Big Ten medal. Mercurio took first place in the triple jump in five of six meets this season.

Harris won the gold medal in the 60 meters with a personal-best time of 7.26. Her time ranked third in school history. Harris was the runner-up last year but topped her personal best by .12 seconds to take the title as a senior. She became the first Husker women's track athlete to win a Big Ten championship in a running event since 2013. She followed that with the bronze medal in the 200 meters later in the afternoon after posting a personal-best time of 23.54, the third-fastest time in school history.

Conner was crowned the high jump champion after clearing a personal-best 7-3 3/4 (2.23m), which put him in a tie for ninth in school history and No. 11 in the nation this season. Conner had the competition locked up as the only jumper to clear 7-2 1/4 (2.19m), and he was perfect through that height. The McCool Junction native went on to achieve a new personal best and give the Husker men the Big Ten indoor high jump title for the fifth time in the last six years.

Lucy earned the gold medal in the long jump for the first time in his career after finishing fourth at each of the three previous Big Ten indoor meets. Lucy jumped a personal-best 25-2 (7.67m) on his final attempt, though he didn't need it as four of his jumps on the day would have won the competition. He finished on top by more than one foot.

### Husker Men Tabbed Indoor Dual Meet Champions

The Nebraska men's track and field team was named the indoor dual meet champions by Track & Field News Magazine for the first time in the program's history.

Following a strong performance at the Mark Colligan Memorial, where the Huskers scored 172 points to sweep the meet, the Huskers surged from No. 4 to No. 1 in the final rankings of the indoor season. The Huskers posted a 3-0 record in dual meets to top Indiana (1-0) and Texas A&M (2-0) for the top spot. The NU women came in at No. 4 in the final women's rankings.

To be ranked, a team must compete in one or more dual meets (defined as a scored meet between four or fewer teams) during the indoor season. Teams are ranked on wins and losses, marks, and strength and depth of dual meet schedule. Teams are rewarded for taking dual meet competition seriously.

The Nebraska men won the absolute - indoor and outdoor combined - dual meet championship in 2017. This year's NU men's squad is the top-ranked team in the USTFCCCA Midwest Region and has several event groups that rank among the best in the nation. The men's high jump is the No. 1 unit in the nation, while the 60-meter hurdles is ranked third, the shot put is ranked fourth, long jump is seventh and pole vault is ranked ninth.



# KANSAS

# TRACK & FIELD

KANSAS RELAYS | APRIL 17-20, 2019

TENTATIVE MEET SCHEDULE

## WEDNESDAY, APRIL 17

| TIME                   | EVENT             | GENDER     | DIVISION | LOCATION |
|------------------------|-------------------|------------|----------|----------|
| <b>Combined Events</b> |                   |            |          |          |
| 10 a.m.                | 100-Meter Dash    | Decathlon  | College  |          |
|                        | Long Jump         | Decathlon  | College  |          |
|                        | Shot Put          | Decathlon  | College  |          |
|                        | High Jump         | Decathlon  | College  |          |
|                        | 400-Meter Dash    | Decathlon  | College  |          |
| 10:30 a.m.             | 100-Meter Hurdles | Heptathlon | College  |          |
|                        | High Jump         | Heptathlon | College  |          |
|                        | Shot Put          | Heptathlon | College  |          |
|                        | 200-Meter Dash    | Heptathlon | College  |          |

## THURSDAY, APRIL 18

| TIME                   | EVENT                          | GENDER     | DIVISION | LOCATION |
|------------------------|--------------------------------|------------|----------|----------|
| <b>Combined Events</b> |                                |            |          |          |
| 9 a.m.                 | 110-Meter Hurdles              | Decathlon  | College  |          |
|                        | Discus                         | Decathlon  | College  |          |
|                        | Pole Vault                     | Decathlon  | College  |          |
|                        | Javelin                        | Decathlon  | College  |          |
|                        | 1,500-Meter Run                | Decathlon  | College  |          |
| 11 a.m.                | Long Jump                      | Heptathlon | College  |          |
|                        | Javelin                        | Heptathlon | College  |          |
|                        | 800-Meter Run                  | Heptathlon | College  |          |
| <b>Field Events</b>    |                                |            |          |          |
| Noon                   | Hammer Throw                   | Men        | College  |          |
| 4:30 p.m.              | Hammer Throw                   | Women      | College  |          |
| <b>Track Events</b>    |                                |            |          |          |
| 5 p.m.                 | 800-Meter Run (Unseeded)       | Women      | College  |          |
| 5:20 p.m.              | 800-Meter Run (Unseeded)       | Men        | College  |          |
| 5:40 p.m.              | 1,500-Meter Run (Unseeded)     | Women      | College  |          |
| 6:00 p.m.              | 1,500-Meter Run (Unseeded)     | Men        | College  |          |
| 6:20 p.m.              | 3,000m Steeplechase (Unseeded) | Men        | College  |          |
| 6:35 p.m.              | 3,000m Steeplechase (Unseeded) | Women      | College  |          |
| 6:50 p.m.              | 5,000-Meter Run (Final)        | Women      | College  |          |
| 7:15 p.m.              | 5,000-Meter Run (Final)        | Men        | College  |          |
| 7:35 p.m.              | 10,000-Meter Run (Final)       | Women      | College  |          |
| 8:20 p.m.              | 10,000-Meter Run (Final)       | Men        | College  |          |

## FRIDAY, APRIL 19

| TIME                | EVENT                       | GENDER | DIVISION    | LOCATION             |
|---------------------|-----------------------------|--------|-------------|----------------------|
| <b>Field Events</b> |                             |        |             |                      |
| 10 a.m.             | Pole Vault                  | Boys   | High School |                      |
| 10 a.m.             | Javelin                     | Girls  | High School | Outside North Runway |
| 10 a.m.             | Discus                      | Boys   | High School | Infield - SE Cage    |
| 10 a.m.             | Shot Put                    | Girls  | High School | Outside North Ring   |
| 10 a.m.             | High Jump                   | Boys   | High School |                      |
| 11 a.m.             | Triple Jump                 | Boys   | High School |                      |
| 11 a.m.             | Triple Jump                 | Girls  | High School |                      |
| 1 p.m.              | Shot Put                    | Women  | College     | Infield              |
| 1:30 p.m.           | High Jump                   | Women  | College     |                      |
| 2:30 p.m.           | Discus                      | Men    | College     | Infield - SE Cage    |
| 2:30 p.m.           | Pole Vault                  | Women  | College     |                      |
| 2:30 p.m.           | Javelin                     | Women  | College     | Outside North Runway |
| 3 p.m.              | Triple Jump                 | Men    | College     |                      |
| 3 p.m.              | Triple Jump                 | Women  | College     |                      |
| <b>Track Events</b> |                             |        |             |                      |
| 9 a.m.              | 4xMile Relay                | Girls  | High School |                      |
| 9:30 a.m.           | 4xMile Relay                | Boys   | High School |                      |
| 9:55 a.m.           | 100-Meter Hurdles (Prelims) | Girls  | High School | West Straight        |
| 9:55 a.m.           | 110-Meter Hurdles (Prelims) | Boys   | High School | East Straight        |
| 10:15 a.m.          | 100-Meter Hurdles (Prelims) | Women  | College     | West Straight        |
| 10:15 a.m.          | 110-Meter Hurdles (Prelims) | Men    | College     | East Straight        |
| 10:35 a.m.          | 100-Meter Dash (Prelims)    | Girls  | High School | East Straight        |
| 10:35 a.m.          | 100-Meter Dash (Prelims)    | Boys   | High School | West Straight        |
| 10:55 a.m.          | 100-Meter Dash (Prelims)    | Women  | College     | East Straight        |
| 10:55 a.m.          | 100-Meter Dash (Prelims)    | Men    | College     | West Straight        |
| 11:15 a.m.          | 4x800-Meter Relay           | Women  | College     |                      |
| 11:30 a.m.          | 4x800-Meter Relay           | Men    | College     |                      |
| 11:45 a.m.          | 400-Meter Dash (Prelims)    | Girls  | High School |                      |
| 12:05 p.m.          | 400-Meter Dash (Prelims)    | Boys   | High School |                      |
| 12:25 p.m.          | 200-Meter Dash (Prelims)    | Women  | College     |                      |
| 12:40 p.m.          | 200-Meter Dash (Prelims)    | Men    | College     |                      |
| 12:55 p.m.          | 3,200-Meter Run             | Girls  | High School |                      |
| 1:10 p.m.           | 3,200-Meter Run             | Boys   | High School |                      |
| 1:25 p.m.           | 400-Meter Hurdles (Prelims) | Women  | College     |                      |
| 1:45 p.m.           | 400-Meter Hurdles (Prelims) | Men    | College     |                      |
| 2:05 p.m.           | 300-Meter Hurdles           | Girls  | High School |                      |
| 2:25 p.m.           | 300-Meter Hurdles           | Boys   | High School |                      |
| 2:45 p.m.           | Distance Medley Relay       | Girls  | High School |                      |
| 3:00 p.m.           | Distance Medley Relay       | Boys   | High School |                      |
| 3:15 p.m.           | Distance Medley Relay       | Women  | College     |                      |
| 3:30 p.m.           | Distance Medley Relay       | Men    | College     |                      |
| 3:50 p.m.           | 400-Meter Dash (Prelims)    | Women  | College     |                      |
| 4:05 p.m.           | 400-Meter Dash (Prelims)    | Men    | College     |                      |
| 4:20 p.m.           | 4x100-Meter Relay (Prelims) | Girls  | High School |                      |
| 4:40 p.m.           | 4x100-Meter Relay (Prelims) | Boys   | High School |                      |
| 5 p.m.              | 4x100-Meter Relay (Prelims) | Women  | College     |                      |
| 5:20 p.m.           | 4x100-Meter Relay (Prelims) | Men    | College     |                      |
| 5:40 p.m.           | 800-Meter Run               | Girls  | High School |                      |
| 5:55 p.m.           | 800-Meter Run               | Boys   | High School |                      |
| 6:10 p.m.           | Masters 800-Meter Run       | Women  | Masters     |                      |
| 6:16 p.m.           | Masters 800-Meter Run       | Men    | Masters     |                      |
| 6:22 p.m.           | 2,000-Meter Steeplechase    | Girls  | High School |                      |
| 6:37 p.m.           | 2,000-Meter Steeplechase    | Boys   | High School |                      |
| 6:52 p.m.           | 4x400-Meter Relay (Prelims) | Women  | College     |                      |
| 7:12 p.m.           | 4x400-Meter Relay (Prelims) | Men    | College     |                      |
| 7:32 p.m.           | 4x400-Meter Relay (Prelims) | Girls  | High School |                      |
| 7:42 p.m.           | 4x400-Meter Relay (Prelims) | Boys   | High School |                      |



# KANSAS

# TRACK & FIELD

KANSAS RELAYS | APRIL 17-20, 2019

TENTATIVE MEET SCHEDULE

## SATURDAY, APRIL 20

| TIME                | EVENT      | GENDER | DIVISION    | LOCATION          |
|---------------------|------------|--------|-------------|-------------------|
| <b>Field Events</b> |            |        |             |                   |
| 9 a.m.              | Javelin    | Boys   | High School | North Runway      |
| 9 a.m.              | Long Jump  | Girls  | High School |                   |
| 9 a.m.              | Long Jump  | Boys   | High School |                   |
| 9:30 a.m.           | High Jump  | Girls  | High School |                   |
| 9:30 a.m.           | Pole Vault | Girls  | High School |                   |
| 10 a.m.             | Shot Put   | Boys   | High School |                   |
| 10 a.m.             | Discus     | Girls  | High School | Infield - SE Cage |
| 11 a.m.             | Javelin    | Men    | College     | North Runway      |
| 12:30 p.m.          | Long Jump  | Women  | College     |                   |
| 12:30 p.m.          | Long Jump  | Men    | College     |                   |
| 1 p.m.              | High Jump  | Men    | College     |                   |
| 1 p.m.              | Pole Vault | Men    | College     |                   |
| 1 p.m.              | Shot Put   | Men    | College     | Infield           |
| 1 p.m.              | Discus     | Women  | College     | Infield - SE Cage |

### Track Events

|            |                           |       |             |
|------------|---------------------------|-------|-------------|
| 9 a.m.     | Sprint Medley Relay       | Girls | High School |
| 9:20 a.m.  | Sprint Medley Relay       | Boys  | High School |
| 9:40 a.m.  | 4x200-Meter Relay         | Girls | High School |
| 9:55 a.m.  | 4x200-Meter Relay         | Boys  | High School |
| 10:10 a.m. | 3,000-Meter Steeplechase  | Women | College     |
| 10:25 a.m. | 3,000-Meter Steeplechase  | Men   | College     |
| 10:36 a.m. | 4x800-Meter Relay         | Girls | High School |
| 11:19 a.m. | 4x800-Meter Relay         | Boys  | High School |
| 11:59 a.m. | Sunflower 4x100 Relay     | Girls | High School |
| 12:03 p.m. | Sunflower 4x100 Relay     | Boys  | High School |
| 12:07 p.m. | 4x100-Meter Relay (Final) | Girls | High School |
| 12:11 p.m. | 4x100-Meter Relay (Final) | Boys  | High School |
| 12:15 p.m. | 4x100-Meter Relay (Final) | Women | College     |
| 12:19 p.m. | 4x100-Meter Relay (Final) | Men   | College     |
| 12:23 p.m. | 1,500-Meter Run           | Women | College     |
| 12:31 p.m. | 1,500-Meter Run           | Men   | College     |
| 12:40 p.m. | 100-Meter Hurdles         | Girls | High School |
| 12:43 p.m. | 100-Meter Hurdles         | Women | College     |
| 12:49 p.m. | 110-Meter Hurdles         | Boys  | High School |
| 12:54 p.m. | 110-Meter Hurdles         | Men   | College     |
| 12:58 p.m. | 400-Meter Dash            | Girls | High School |
| 1:01 p.m.  | 400-Meter Dash            | Boys  | High School |
| 1:04 p.m.  | 400-Meter Dash            | Women | College     |
| 1:07 p.m.  | 400-Meter Dash            | Men   | College     |
| 1:10 p.m.  | 100-Meter Dash            | Girls | High School |
| 1:13 p.m.  | 100-Meter Dash            | Boys  | High School |
| 1:16 p.m.  | 100-Meter Dash            | Women | College     |
| 1:19 p.m.  | 100-Meter Dash            | Men   | College     |
| 1:22 p.m.  | 800-Meter Run             | Women | College     |
| 1:27 p.m.  | 800-Meter Run             | Men   | College     |
| 1:33 p.m.  | 400-Meter Hurdles         | Women | College     |
| 1:37 p.m.  | 400-Meter Hurdles         | Men   | College     |
| 1:40 p.m.  | 1,600-Meter Run           | Girls | High School |
| 2:16 p.m.  | 1,600-Meter Run           | Boys  | High School |
| 2:41 p.m.  | 200-Meter Dash            | Women | College     |
| 2:44 p.m.  | 200-Meter Dash            | Men   | College     |
| 2:47 p.m.  | Masters Mile              | Women | Masters     |
| 2:57 p.m.  | Masters Mile              | Men   | Masters     |

| TIME                        | EVENT                 | GENDER | DIVISION    | LOCATION |
|-----------------------------|-----------------------|--------|-------------|----------|
| <b>Track Events (cont.)</b> |                       |        |             |          |
| 3:07 p.m.                   | Sunflower 4x400 Relay | Girls  | High School |          |
| 3:13 p.m.                   | Sunflower 4x400 Relay | Boys   | High School |          |
| 3:19 p.m.                   | 4x400-Meter Relay     | Girls  | High School |          |
| 3:25 p.m.                   | 4x400-Meter Relay     | Boys   | High School |          |
| 3:31 p.m.                   | 4x400-Meter Relay     | Women  | College     |          |
| 3:37 p.m.                   | 4x400-Meter Relay     | Men    | College     |          |



**BRYAN  
CLAY**  
INVITATIONAL

## 2019 Bryan Clay Invitational

**FINAL** Schedule

April 17-19, 2019

(updated 4/14/19)

### Running Events

#### Wednesday, April 17, 2019

- 7:15 pm Men's 10,000m (Heat 2)
- 7:50 pm Women's 10,000m (Heat 2)
- 8:30 pm Men's 10,000m (Heat 1)
- 9:05 pm Women's 10,000m (Heat 1)

#### Thursday, April 18, 2019

- 3:00 pm Men's Steeplechase (slow to fast)
- 4:20 pm Women's Steeplechase (slow to fast)
- 5:40 pm Men's 5000m (Heat 7)
- 6:00 pm Women's 5000m (Heat 7)
- 6:20 pm Men's 5000m (Heat 6)
- 6:40 pm Women's 5000m (Heat 6)
- 7:00 pm Men's 5000m (Heat 5)
- 7:20 pm Women's 5000m (Heat 5)
- 7:40 pm Men's 5000m (Heat 1)
- 8:00 pm Women's 5000m (Heat 1)
- 8:20 pm Men's 5000m (Heat 2)
- 8:40 pm Women's 5000m (Heat 2)
- 9:00 pm Men's 5000m (Heat 3)
- 9:20 pm Women's 5000m (Heat 3)
- 9:40 pm Men's 5000m (Heat 4)
- 10:00 pm Women's 5000m (Heat 4)
- 10:20 pm Men's 5000m (Heat 8)
- 10:40 pm Women's 5000m (Heat 8)

#### Friday, April 19, 2019

- 8:50 am Welcome
- 8:55 am Opening Prayer & National Anthem
- 9:00 am Men's 4x100m Relay
- 9:15 am Women's 4x100m Relay
- 9:40 am Men's 110m Hurdles
- 10:15 am Women's 100m Hurdles
- 10:55 am Men's 400m
- 11:40 am Women's 400m
- 12:20 pm Men's 100m
- 1:05 pm Women's 100m
- 1:55 pm Men's 800m
- 2:45 pm Women's 800m
- 3:40 pm Men's 400m Hurdles
- 4:05 pm Women's 400m Hurdles
- 4:45 pm Men's 200m
- 5:35 pm Women's 200m
- 6:40 pm Men's 4x400m Relay
- 7:20 pm Women's 4x400m Relay
- 7:50 pm Men's 1500m Invitational (10 heats, slow to fast)
- 8:35 pm Women's 1500m Invitational (10 heats, fast to slow)
- 9:25 pm Men's 1500m Open (fast to slow)
- 10:05 pm Women's 1500m Open (fast to slow)

### Field Events

#### Friday, April 19, 2019

- 8:50 am Welcome
- 8:55 am Opening Prayer & National Anthem
- 9:00 am Men's Long Jump (North runway)  
Women's Long Jump (South runway)  
Women's Discus (3 flights + finals)
- 10:00 am Men's High Jump (Flight 1: South pit)  
Women's High Jump (Flight 1: North pit)  
Men's Pole Vault (Flight 1: West pit)  
Women's Pole Vault (Flight 1: East pit)  
Women's Javelin (3 flights + finals)
- 11:00 am Men's Shot Put (4 flights + finals)
- 1:00 pm Men's High Jump (Flight 2: South pit)  
Women's High Jump (Flight 2: North pit)  
Men's Discus (3 flights + finals)
- 1:30 pm Men's Pole Vault (Flight 2: West pit)  
Women's Pole Vault (Flight 2: East pit)
- 3:00 pm Men's Triple Jump (North runway)  
Women's Triple Jump (South runway)  
Women's Shot Put (4 flights + finals)  
Men's Javelin (3 flights + finals)
- 4:00 pm Men's High Jump (Flight 3: South pit)  
Women's High Jump (Flight 3: North pit)  
Men's Pole Vault (Flight 3: West pit)  
Women's Pole Vault (Flight 3: East pit)

#### **FIELD EVENT NOTES:**

- Horizontal jumps and throws will be 3 attempts with top 9 to finals. Flights will be least to best.
- Implement weigh-ins will be held on the infield behind the finish line tent.
- Field Event check-in is prior to athlete's specific flight.
- A flight-specific 15-minute warm-up is provided for all field events except pole vault and high jump.
- Pole vault and high jump sections will start at listed times and will allow a minimum 45-minute warm-up.

**BEACH** ELITE UNIVERSITY OPEN INVITATIONAL

Jack Rose Track

FRIDAY, APRIL 19, 2019

*TENTATIVE SCHEDULE*

## FIELD EVENTS TIME SCHEDULE

| Time       | Event                             | Location            | Field Size                              |
|------------|-----------------------------------|---------------------|-----------------------------------------|
| 12:00 p.m. | Women's High Jump                 | East Pit            | <i>Flight #1 (20 Entries)</i>           |
| 02:30 p.m. | Men's High Jump                   | East Pit            | <i>Flight #1 (20 Entries)</i>           |
| 10:00 a.m. | Women's Pole Vault                | East Runway         | <i>Flight #1 (20 Entries)</i>           |
| 12:15 p.m. | Women's Pole Vault                | West Runway         | <i>Flight #3 (15 Entries)</i>           |
| 02:45 p.m. | Women's Pole Vault                | East Runway         | <i>Flight #2 (15 Entries)</i>           |
| 12:30 p.m. | Men's Pole Vault                  | West Runway         | <i>Flight #1 (15 Entries)</i>           |
| 02:45 p.m. | Men's Pole Vault                  | East Runway         | <i>Flight #2 (15 Entries)</i>           |
| 10:00 a.m. | Women's Long Jump                 | West Runway         | <i>Flights #1-3 (30 Entries)</i>        |
| 10:00 a.m. | Men's Long Jump                   | East Runway         | <i>Flights #1-4 (40 Entries)</i>        |
| 02:15 p.m. | Women's Triple Jump               | West Runway         | <i>Flights #1-2 (20 Entries)</i>        |
| 02:45 p.m. | Men's Triple Jump                 | East Runway         | <i>Flight #1-2 (20 Entries)</i>         |
| 09:00 a.m. | Men's Hammer Throw                | North Ring-Outfield | <i>Flights #1-3 (35 Entries)</i>        |
| 11:30 a.m. | Men's GOLD INVITATIONAL Hammer    | North Ring-Outfield | <i>Flights #4-5 (30 Entries)</i>        |
| 01:45 p.m. | Women's GOLD INVITATIONAL Hammer  | North Ring-Outfield | <i>Flights #5-6 (30 Entries)</i>        |
| 03:45 p.m. | Women's Hammer                    | North Ring-Outfield | <i>Flights #4, 3, 2, 1 (50 Entries)</i> |
| 09:00 a.m. | Women's Javelin                   | North Runway        | <i>Flights #1-3 (40 Entries)</i>        |
| 11:30 a.m. | Women's GOLD INVITATIONAL Javelin | North Runway        | <i>Flights #4-6 (40 Entries)</i>        |
| 02:30 p.m. | Men's GOLD INVITATIONAL Javelin   | South Runway        | <i>Flight #3-4 (30 Entries)</i>         |
| 03:45 p.m. | Men's Javelin                     | South Runway        | <i>Flights #2, 1 (30 Entries)</i>       |

## TRACK EVENTS TIME SCHEDULE

| Start      | Event                                               | Field Size                       |
|------------|-----------------------------------------------------|----------------------------------|
| 08:25 a.m. | <i>NATIONAL ANTHEM</i>                              |                                  |
| 08:30 a.m. | Women's GOLD INVITATIONAL 10,000 Meters             | <i>Heat #1 (25 Entries)</i>      |
| 09:15 a.m. | Men's GOLD INVITATIONAL 10,000 Meters               | <i>Heat #1 (25 Entries)</i>      |
| 10:00 a.m. | Women's GOLD INVITATIONAL 5,000 Meters              | <i>Heat #1 (25 Entries)</i>      |
| 10:20 a.m. | Men's GOLD INVITATIONAL 5,000 Meters                | <i>Heat #1 (25 Entries)</i>      |
| 10:40 a.m. | Women's GOLD INVITATIONAL 3,000 Meter Steeple Chase | <i>Heat #1 (20 Entries)</i>      |
| 11:05 a.m. | Men's GOLD INVITATIONAL 3,000 Meter Steeple Chase   | <i>Heat #1 (20 Entries)</i>      |
| 11:25 a.m. | Women's 1500 Meters                                 | <i>Heats #7-8 (40 Entries)</i>   |
| 11:40 a.m. | Men's 1500 Meters                                   | <i>Heats #7-10 (70 Entries)</i>  |
| 12:05 p.m. | Women's 800 Meters                                  | <i>Heats #7-13 (84 Entries)</i>  |
| 12:30 p.m. | Men's 800 Meters                                    | <i>Heats #7-14 (96 Entries)</i>  |
| 01:00 p.m. | Women's 400 Meters                                  | <i>Heats #14 (9 Entries)</i>     |
| 01:03 p.m. | Men's 400 Meters                                    | <i>Heats #14 (9 Entries)</i>     |
| 01:10 p.m. | Women's 100 Meters                                  | <i>Heats #14 (9 Entries)</i>     |
| 01:13 p.m. | Men's 100 Meters                                    | <i>Heats #14-16 (27 Entries)</i> |
| 01:25 p.m. | Women's 200 Meters                                  | <i>Heats #14-18 (45 Entries)</i> |
| 01:40 p.m. | Men's 200 Meters                                    | <i>Heats #14-18 (45 Entries)</i> |

25<sup>TH</sup> LONG BEACH STATE UNIVERSITY  
**BEACH** ELITE UNIVERSITY OPEN INVITATIONAL  
 Jack Rose Track

SATURDAY, APRIL 20, 2019

*TENTATIVE SCHEDULE*

TRACK EVENTS TIME SCHEDULE

| Start      | Event                                                                              | Field Size                |
|------------|------------------------------------------------------------------------------------|---------------------------|
| 09:00 a.m. | Women's GOLD INVITATIONAL 1500 Meters                                              | Heat #1 (18 Entries)      |
| 09:06 a.m. | Women's 1500 Meters                                                                | Heats #2-6 (81 Entries)   |
| 09:42 a.m. | Men's GOLD INVITATIONAL 1500 Meters                                                | Heat #1 (18 Entries)      |
| 09:48 a.m. | Men's 1500 Meters                                                                  | Heats #2-6 (81 Entries)   |
| 10:16 a.m. | <i>NATIONAL ANTHEM</i>                                                             |                           |
| 10:25 a.m. | <i>Special Event: Beach Invitational Hall-of-Honor Induction (Inaugural Class)</i> |                           |
| 10:33 a.m. | Women's GOLD INVITATIONAL 4x100 Meter Relay                                        | Heat #1 (9 Entries)       |
| 10:38 a.m. | Women's 4x100 Meter Relay                                                          | Heats #2-4 (27 Entries)   |
| 10:52 a.m. | Men's GOLD INVITATIONAL 4x100 Meter Relay                                          | Heat #1 (9 Entries)       |
| 11:07 a.m. | Men's 4x100 Meter Relay                                                            | Heats #2-3 (18 Entries)   |
| 11:15 a.m. | <i>Special Event: LBSU Men's Senior Presentation</i>                               |                           |
| 11:25 a.m. | Women's GOLD INVITATIONAL 100 Meter Hurdles                                        | Heat #1 (9 Entries)       |
| 11:28 a.m. | Women's 100 Meter Hurdles                                                          | Heats #2-13 (108 Entries) |
| 12:02 p.m. | <i>Special Event: LBSU Women's Senior Presentation</i>                             |                           |
| 12:12 p.m. | Men's GOLD INVITATIONAL 110 Meter Hurdles                                          | Heat #1 (9 Entries)       |
| 12:15 p.m. | Men's 110 Meter Hurdles                                                            | Heats #2-8 (63 Entries)   |
| 12:36 p.m. | Women's GOLD INVITATIONAL 400 Meters                                               | Heat #1 (9 Entries)       |
| 12:39 p.m. | Women's 400 Meters                                                                 | Heats #2-13 (108 Entries) |
| 01:15 p.m. | Men's GOLD INVITATIONAL 400 Meters                                                 | Heat #1 (9 Entries)       |
| 01:18 p.m. | Men's 400 Meters                                                                   | Heats #2-13 (108 Entries) |
| 01:54 p.m. | Women's GOLD INVITATIONAL 100 Meters                                               | Heat #1 (9 Entries)       |
| 02:57 p.m. | Women's 100 Meters                                                                 | Heats #2-13 (108 Entries) |
| 02:33 p.m. | Men's GOLD INVITATIONAL 100 Meters                                                 | Heat #1 (9 Entries)       |
| 02:36 p.m. | Men's 100 Meters                                                                   | Heats #2-13 (108 Entries) |
| 03:12 p.m. | Women's GOLD INVITATIONAL 800 Meters                                               | Heat #1 (9 Entries)       |
| 03:17 p.m. | Women's 800 Meters                                                                 | Heats #2-6 (60 Entries)   |
| 03:37 p.m. | Men's GOLD INVITATIONAL 800 Meters                                                 | Heat #1 (9 Entries)       |
| 03:42 p.m. | Men's 800 Meters                                                                   | Heats #2-6 (60 Entries)   |
| 04:02 p.m. | Women's GOLD INVITATIONAL 400 Meter Hurdles                                        | Heat #1 (9 Entries)       |
| 04:07 p.m. | Women's 400 Meter Hurdles                                                          | Heats #2-11 (90 Entries)  |
| 04:42 p.m. | Men's GOLD INVITATIONAL 400 Meter Int. Hurdles                                     | Heat #1 (9 Entries)       |
| 04:47 p.m. | Men's 400 Meter Int. Hurdles                                                       | Heats #2-8 (63 Entries)   |
| 05:17 p.m. | Women's GOLD INVITATIONAL 200 Meters                                               | Heat #1 (9 Entries)       |
| 05:20 p.m. | Women's 200 Meters                                                                 | Heat #2-13 (108 Entries)  |
| 05:56 p.m. | Men's GOLD INVITATIONAL 200 Meters                                                 | Heat #1 (9 Entries)       |
| 05:59 p.m. | Men's 200 Meters                                                                   | Heats #2-13 (108 Entries) |
| 06:35 p.m. | Women's GOLD INVITATIONAL 4x400 Meter Relay                                        | Heat #1 (9 Entries)       |
| 06:40 p.m. | Women's 4x400 Meter Relay                                                          | Heats #2-4 (27 Entries)   |
| 06:50 p.m. | Men's GOLD INVITATIONAL 4x400 Meter Relay                                          | Heat #1 (9 Entries)       |
| 06:55 p.m. | Men's 4x400 Meter Relay                                                            | Heats #2-3 (18 Entries)   |



## 2019 NEBRASKA MEN'S TRACK & FIELD ROSTER

| Name                  | Event           | Year (Indoor/Outdoor) | Hometown (High School/Previous School)                   |
|-----------------------|-----------------|-----------------------|----------------------------------------------------------|
| Jace Anderson         | Jumps           | Sr.                   | Lincoln, Neb. (Lincoln Southeast/UNK)                    |
| Daniels Bambals       | Middle Distance | Fr.                   | Marupe, Latvia (Marupes Vidusskola)                      |
| Bryce Barrett         | Sprints         | RFr.                  | Church Hill, Tenn. (Dobyns-Bennett)                      |
| Ryan Bates            | Distance        | Jr.                   | Lincoln, Neb. (Lincoln East)                             |
| Dominic Bentil        | Sprints         | Fr.                   | Highland, Utah (Lone Peak)                               |
| Drake Burton          | Pole Vault      | Fr.                   | Lincoln, Neb. (Milford)                                  |
| Kevin Cahoy           | Pole Vault      | Jr.                   | Grand Island, Neb. (Grand Island)                        |
| Nick Coghill          | Throws          | Sr./Jr.               | Placentia, Calif. (Valencia)                             |
| Mayson Conner         | Jumps           | Fr.                   | McCool Junction, Neb. (York)                             |
| Carlos Davis          | Throws          | Jr./Sr.               | Blue Springs, Mo. (Blue Springs)                         |
| Khalil Davis          | Throws          | Jr./Sr.               | Blue Springs, Mo. (Blue Springs)                         |
| Jordan De Spong       | Middle Distance | Jr.                   | Dunedin, New Zealand (Southland)                         |
| Ryan Eastman          | Distance        | Fr.                   | Omaha, Neb. (Creighton Prep)                             |
| Garrett Elfeldt       | Pole Vault      | Fr.                   | Sutherland, Neb. (Sutherland)                            |
| Aubrey Fangmeier      | Middle Distance | Fr.                   | Hebron, Neb. (Thayer Central)                            |
| Sadio Fenner          | Distance        | Fr.                   | Colorado Springs, Colo. (Rampart)                        |
| Myles Fleming         | Distance        | Fr.                   | West St. Paul, Minn. (Henry Sibley)                      |
| Ryan Flood            | Distance        | Fr.                   | Liberty, Mo. (Liberty)                                   |
| Mark Freyhof          | Distance        | So.                   | Hamilton, Mich. (Hamilton)                               |
| Eric Garner           | Javelin         | So.                   | Lititz, Pa. (Warwick)                                    |
| Darius Gaw            | Hurdles         | Fr.                   | Smoky Hill, Colo. (Smoky Hill)                           |
| Miles Griffith        | Jumps           | So.                   | St. Paul, Neb. (St. Paul/Wichita State)                  |
| Mason Hericks         | Sprints         | Jr.                   | Watertown, S.D. (Watertown)                              |
| Michael Hoffer        | Jumps           | Fr.                   | Tecumseh, Kan. (Shawnee Heights)                         |
| Garrison Hughes       | Pole Vault      | Fr.                   | Sidney, Mont. (Sidney)                                   |
| Isaiah Hutchinson     | Sprints         | Jr.                   | Raytown, Mo. (College of Sequoias)                       |
| Jordane Jackson       | Sprints         | Fr.                   | Montego Bay, Jamaica (Kingston College)                  |
| James Joycey          | Throws          | Fr.                   | Kew, Victoria, Australia (Xavier College)                |
| Eric Karl II          | Distance        | Jr.                   | Southlake, Texas (Carroll)                               |
| Ryan Kennedy          | Distance        | Fr.                   | Naperville, Ill. (Neuqua Valley)                         |
| George Kusche         | Middle Distance | RFr.                  | Malelane, South Africa (Afrikaans Hoër Seunskool)        |
| Burger Lambrechts Jr. | Throws          | So.                   | Pretoria, South Africa                                   |
| Karson LeComte        | Distance        | Jr.                   | Mount Prospect, Ill. (Mt. Prospect)                      |
| Grady Leonard         | Throws          | So./RFr.              | Coeur d'Alene, Idaho (Coeur d'Alene)                     |
| Tyler Loontjer        | Pole Vault      | Sr.                   | Geneva, Neb. (Fillmore Central)                          |
| Elijah Lucy           | Jumps           | Sr.                   | Oakland, Calif. (Emery)                                  |
| Noah Lukz             | Sprints         | RFr./So.              | Long Grove, Ill. (Adlai E. Stevenson)                    |
| Ryan Martins          | Distance        | So.                   | Green Brook, N.J. (Watchung Hills)                       |
| Daniel Mattern        | Middle Distance | Fr.                   | Omaha, Neb. (Creighton Prep)                             |
| Wyatt McGuire         | Distance        | Sr.                   | North Platte, Neb. (North Platte)                        |
| Jonathan Miller       | Jumps           | Fr.                   | Bridgetown, Barbados (St. Michael)                       |
| Taj Moffett           | Sprints         | Fr.                   | University Place, Wash. (Curtis)                         |
| Zach Morrison         | Throws          | Fr.                   | Urbandale, Iowa (Waukee)                                 |
| Ty Moss               | Middle Distance | Sr./Jr.               | Naperville, Ill. (Neuqua Valley)                         |
| Cody Mroczek          | Combined Events | RFr.                  | Columbus, Neb. (Scotus Central Catholic)                 |
| Alex Nelson           | Sprints         | Fr.                   | Omaha, Neb. (Elkhorn South)                              |
| Brandon Nelson        | Distance        | Fr.                   | Oswego, Ill. (Oswego)                                    |
| Tony Nou              | Sprints         | Fr.                   | Viljandi, Estonia (Audentese Spordigümnaasium)           |
| Vincent Ohlman        | Hurdles         | RFr.                  | Central City, Neb. (Central City)                        |
| Dalton Peters         | Throws          | RFr.                  | Aurora, Neb. (Aurora/Air Force)                          |
| Zach Podraza          | Combined Events | So.                   | Scripps Ranch, Calif. (Scripps Ranch)                    |
| Spencer Powell        | Pole Vault      | Jr.                   | McCook, Neb. (McCook)                                    |
| Jared Seay            | Combined Events | Sr.                   | Ankeny, Iowa (Johnston/Iowa Central CC)                  |
| Jake Sellon           | Pole Vault      | Fr.                   | Fremont, Neb. (Fremont)                                  |
| Luke Siedhoff         | Hurdles         | Jr.                   | Crete, Neb. (Crete)                                      |
| George Siliman        | Hurdles         | RFr.                  | Grand Island, Neb. (Grand Island)                        |
| Jack Slagle           | Distance        | Fr.                   | Omaha, Neb. (Creighton Prep)                             |
| Makiyah Smallwood     | Hurdles         | So.                   | Michigan City, Ind. (Michigan City)                      |
| Bailey Timmons        | Distance        | So.                   | Lone Tree, Colo. (Rock Canyon)                           |
| Alexander Tollinger   | Distance        | So.                   | Omaha, Neb. (Omaha Central)                              |
| Noah Velinsky         | Sprints         | Fr.                   | Omaha, Neb. (Creighton Prep)                             |
| Cale Wagner           | Combined Events | Jr.                   | Seward, Neb. (Seward)                                    |
| Givon Washington      | Sprints         | So.                   | Argyle, Texas (Liberty Christian)                        |
| Malcolm White         | Sprints         | Gr./Sr.               | Katy, Texas (James E. Taylor)                            |
| Simon Wiedel          | Jumps           | So.                   | Hebron, Neb. (Thayer Central)                            |
| Jaron Woodyard        | Sprints         | Jr.                   | Gaithersburg, Md. (The Avalon School/Arizona Western CC) |

### PRONUNCIATION GUIDE

|                   |            |
|-------------------|------------|
| Kevin Cahoy       | kuh-HOY    |
| Sadio Fenner      | SAW-dee-oh |
| Mark Freyhof      | FRY-hoff   |
| George Kusche     | KOO-shuh   |
| Burger Lambrechts | LAMB-reks  |
| Karson LeComte    | Le COM-tay |
| Tyler Loontjer    | LUN-jer    |
| Tony Nou          | Nyu        |
| Jared Seay        | Say        |
| Luke Siedhoff     | SEED-hoff  |
| Givon Washington  | JIH-von    |

## 2019 NEBRASKA WOMEN'S TRACK & FIELD ROSTER

| Name                     | Event           | Year (Indoor/Outdoor) | Hometown (High School/Previous School)                      |
|--------------------------|-----------------|-----------------------|-------------------------------------------------------------|
| Alice Akers              | Throws          | Jr.                   | Bodyke, Clare, Ireland (Scariff Community School)           |
| Beth-el Algarin          | Throws          | Fr.                   | Pierz, Minn. (Pierz)                                        |
| Nicole Baker             | Pole Vault      | Jr.                   | Gilbert, Ariz. (Highland)                                   |
| Jasmine Barge            | Hurdles         | Sr.                   | Florissant, Mo. (McCluer North)                             |
| Katherine Berube         | Distance        | Fr.                   | Edina, Minn. (Edina)                                        |
| Allie Binder             | Distance        | Fr.                   | Table Rock, Neb. (Auburn)                                   |
| Kate Birchmier           | Throws          | Jr.                   | Bloomfield, Iowa (Davis County)                             |
| Gabrielle Boucher        | Distance        | RFr.                  | Lenexa, Kan. (St. James Academy)                            |
| Emma Bresser             | Distance        | So.                   | Lansing, Kan. (Lansing)                                     |
| Whitney Bridges          | Sprints         | Fr.                   | Moore, Okla. (Southmoore)                                   |
| Shelby Brown             | Throws          | Jr.                   | Lincoln, Neb. (Lincoln East)                                |
| Rachel Brush             | Distance        | So.                   | Waukee, Iowa (Waukee)                                       |
| Nicole Colonna           | Distance        | Sr.                   | Los Altos Hills, Calif. (Pinewood)                          |
| Candice Dominguez Fields | Jumps           | Sr.                   | Ventura, Calif. (Ventura/Sacramento State)                  |
| Emily Ellis              | Sprints         | Fr.                   | Highland, Utah (Lone Peak)                                  |
| Elsa Forsberg            | Distance        | Jr.                   | Lincoln, Neb. (Lincoln Southeast)                           |
| Chanel Freeman           | Hurdles         | Jr./Sr.               | Pembroke Pines, Fla. (Hallandale)                           |
| Audrey Freyhof           | Distance        | Fr.                   | Hamilton, Mich. (Hamilton)                                  |
| Erika Freyhof            | Distance        | So.                   | Hamilton, Mich. (Hamilton)                                  |
| Madison Fritz            | Distance        | Fr.                   | Overland Park, Kan. (Blue Valley Southwest)                 |
| Kierra Griggs            | Sprints         | Jr.                   | Chicago Heights, Ill. (Bloom Trail)                         |
| Izzabella Guerrero       | Distance        | Fr.                   | Dripping Springs, Texas (Dripping Springs)                  |
| Skylar Hadley            | Hurdles         | Fr.                   | Loomis, Neb. (Loomis)                                       |
| Lakayla Harris           | Sprints         | Sr.                   | Miami, Fla. (Miami Northwestern)                            |
| Ryley Heier              | Jumps           | Fr.                   | Sioux Falls, S.D. (Lincoln)                                 |
| Kiara Hobson             | Jumps           | Fr.                   | Omaha, Neb. (Omaha Northwest)                               |
| Maddie Holland           | Pole Vault      | So.                   | Madison, Ind. (Madison Consolidated)                        |
| Matty Hoskins            | Pole Vault      | RFr.                  | Minden, Neb. (Minden)                                       |
| Johanna Ilves            | Combined Events | Fr.                   | Koeru, Estonia                                              |
| Deja Ingram              | Sprints         | Fr.                   | Florissant, Mo. (Hazelwood Central)                         |
| Kristina Insingo         | Throws          | Jr.                   | Floral Park, N.Y. (Holy Trinity Diocesan)                   |
| Andy Jacobs              | Pole Vault      | So.                   | Rochester, Minn. (Rochester Century)                        |
| Kaitlynn Johnson         | Distance        | So.                   | Omaha, Neb. (Millard West)                                  |
| Taylor Johnson           | Jumps           | Jr./So.               | San Jose, Calif. (The King's Academy)                       |
| Chelsey Jones            | Middle Distance | Jr.                   | Mandeville, La. (Mandeville)                                |
| Judi Jones               | Distance        | Jr.                   | Lenexa, Kan. (St. James Academy)                            |
| Ellie Koncki             | Distance        | Jr.                   | Hermosa Beach, Calif. (Mira Costa/West Los Angeles College) |
| Cecelia Leger            | Throws          | Fr.                   | Omaha, Neb. (Omaha Northwest)                               |
| Alicia Lehman-Woodyard   | Middle Distance | Fr.                   | Indianapolis, Ind. (North Central)                          |
| Raynesha Lewis           | Jumps           | Jr.                   | Cahokia, Ill. (Cahokia)                                     |
| Petra Luteran            | Jumps           | Jr./So.               | Szarliget, Hungary (Tatabanyai Arpad Gimnazium)             |
| Quashira McIntosh        | Sprints         | Sr.                   | Providence, R.I. (Hope)                                     |
| Angela Mercurio          | Jumps           | Sr./Gr.               | Kitchener, Ontario (St. Mary's High School)                 |
| Alex Meyer               | Throws          | Sr.                   | Superior, Neb. (Superior)                                   |
| Leah Meyer               | Throws          | So.                   | Superior, Neb. (Superior)                                   |
| Catherine Mick           | Pole Vault      | So.                   | Carleton, Neb. (Bruning-Davenport/Shickley)                 |
| Mia Morck                | Middle Distance | Fr.                   | Bagsvaerd, Denmark (Gefion Gymnasium)                       |
| Lara Omerzu              | Jumps           | So.                   | Krška Vas, Slovenia                                         |
| Sydney Otto              | Javelin         | So.                   | De Pere, Wis. (De Pere)                                     |
| Grace Pagone             | Distance        | Fr.                   | Oswego, Ill. (Oswego)                                       |
| Zionn Pearson            | Jumps           | Fr.                   | Maryland Heights, Mo. (Mary Institute-County Day School)    |
| Michaela Peskova         | Sprints/Hurdles | Jr.                   | Trnava, Slovakia                                            |
| Margaret Pollard         | Distance        | Fr.                   | Gilbert, Iowa (Gilbert)                                     |
| Anna Purchase            | Throws          | Fr.                   | Nottingham, England                                         |
| Carlie Queen             | Jumps           | RFr.                  | Lee's Summit, Mo. (Summit Christian/Arkansas)               |
| Shylia Riley             | Jumps           | Sr.                   | Omaha, Neb. (Omaha Central/Iowa Western CC)                 |
| Alex Rosenberger         | Combined Events | Fr.                   | St. Louis, Mo. (Lindbergh)                                  |
| Madi Scholl              | Combined Events | RFr.                  | Prior Lake, Minn. (Prior Lake)                              |
| Jessi Smith              | Distance        | So./Jr.               | Bayard, Neb. (Bayard)                                       |
| Marika Spencer           | Throws          | Fr.                   | Columbus, Neb. (Scotus Central Catholic)                    |
| Ally Talpash             | Middle Distance | RFr.                  | Temecula, Calif. (Great Oak)                                |
| Ieva Turke               | Jumps           | So.                   | Tukums, Latvia                                              |
| Jamesha Western          | Throws          | Jr.                   | Lawrenceville, Ill. (Red Hill/Vincennes CC)                 |
| Brittni Wolczyk          | Javelin         | Sr.                   | Port Coquitlam, B.C. (Archbishop Carney)                    |
| Chase Wolinski           | Javelin         | Jr.                   | Lincoln, Neb. (Lincoln Northeast)                           |
| Madison Yerigan          | Pole Vault      | Jr./So.               | Seattle, Wash. (Stanwood)                                   |

### PRONUNCIATION GUIDE

|                   |                      |
|-------------------|----------------------|
| Nicole Colonna    | cuh-LONE-uh          |
| Audrey Freyhof    | FRY-hoff             |
| Erika Freyhof     | FRY-hoff             |
| Lakayla Harris    | luh-kayla            |
| Johanna Ilves     | YO-hawn-uh Ill-vis   |
| Petra Luteran     | pay-truh loo-TARE-in |
| Quashira McIntosh | qua-SHY-ruh          |
| Lara Omerzu       | LAR-uh               |
| Brittni Wolczyk   | WUHL-chik            |

# NEBRASKA TRACK & FIELD ALL-TIME OUTDOOR RECORDS

## NEBRASKA MEN'S OUTDOOR RECORDS

### Running Events

| Event             | Time       | Athlete            | Date           |
|-------------------|------------|--------------------|----------------|
| 100-Meter Dash    | 10.16      | Chris Chandler     | April 1, 2000  |
|                   | 10.14w     | Dusty Stamer       | May 14, 2005   |
| 200-Meter Dash    | 20.59      | Chris Chandler     | May 21, 2000   |
|                   | 20.59s     | Nate Probasco      | June 9, 2005   |
|                   | 20.49pw    | Nate Probasco      | June 9, 2005   |
| 400-Meter Dash    | 45.38      | Ken Waller         | May 20, 1991   |
| 800-Meter Run     | 1:44.74    | Dmitrijs Milkevics | June 11, 2005  |
| 1,000-Meter Run   | 2:18.27    | Dieudonne Kwizera  | Aug. 8, 1989   |
| 1,500-Meter Run   | 3:35.57s   | Balazs Tolgyesi    | Aug. 1, 1996   |
| Mile Run          | 3:55.34    | Balazs Tolgyesi    | Aug. 25, 1996  |
| 3,000-Meter Run   | 7:59.01    | Jean Verster       | Jan. 6, 1986   |
| 5,000-Meter Run   | 13:51.35   | Joe Kirby          | April 21, 1990 |
| 10,000-Meter Run  | 28:50.90   | Cleophas Boor      | April 18, 1998 |
| Marathon          | 2::20:19.0 | Wally Duffy        | Dec. 10, 1983  |
| 110-Meter Hurdles | 13.44      | Lehann Fourie      | May 16, 2010   |
|                   | 13.36sw    | Kirkland Thornton  | June 27, 2009  |
| 400-Meter Hurdles | 49.18p     | Mark Jackson       | Aug. 3, 1992   |
| 3,000-Meter SC    | 8:29.66    | Kurt Russell       | March 22, 1986 |

### Relays

| Event                | Time     | Athletes                                   | Date           |
|----------------------|----------|--------------------------------------------|----------------|
| 4x100-Meter          | 39.19    | Abolins, O. Williams Jr., Probasco, Stamer | May 28, 2005   |
| 4x200-Meter          | 1:22.62  | Wims, Danns, Hulett, Probasco              | April 27, 2007 |
| 4x400-Meter          | 3:02.81  | Waller, Jackson, Marsee, Molnar            | June 1, 1991   |
| 4x800-Meter          | 7:14.89  | O'Callaghan, Cunningham, Humphrey, Verster | April 26, 1985 |
| 4x1,600-Meter        | 16:21.87 | O'Callaghan, Perlinger, Russell, Verster   | April 25, 1986 |
| 4x110 Shuttle Hurdle | 54.90    | T. Ross, Fourie, Lund, Thornton            | April 24, 2009 |
| Sprint Medley        | 3:15.97  | Adkison, Perry, Jelks, Kwizera             | April 28, 1990 |
| Distance Medley      | 9:36.39  | Cunningham, Humphrey, Verster, O'Callaghan | April 6, 1985  |

### Field Events/Combined Events

| Event       | Metric | Imperial | Athlete         | Year            |
|-------------|--------|----------|-----------------|-----------------|
| High Jump   | 2.36A  | 7-8 3/4  | Dusty Jonas     | May 18, 2008    |
| Pole Vault  | 5.70   | 18-8 1/4 | Eric Eshbach    | April 17, 2004  |
| Long Jump   | 8.15   | 26-9     | Robert Thomas   | April 17, 1993  |
|             | 8.26w  | 27-1 1/4 | Robert Thomas   | May 15, 1995    |
| Triple Jump | 16.52  | 54-2 1/2 | Kaiwan Culmer   | June 22, 2018   |
| Shot Put    | 21.92  | 71-11    | Carl Myerscough | June 13, 2003   |
| Discus      | 65.10  | 213-7    | Carl Myerscough | May 15, 2004    |
| Hammer      | 67.85  | 222-7    | Nick Percy      | May 7, 2016     |
| Javelin     | 76.64  | 251-5    | Scott Warren    | May 23, 1999    |
| Decathlon   | 7,937  |          | Cody Walton     | April 8-9, 2017 |

Key: A=altitude (above 1,000 meters); s=semifinals; p=preliminaries

## NEBRASKA WOMEN'S OUTDOOR RECORDS

### Running Events

| Event             | Time       | Athlete             | Date           |
|-------------------|------------|---------------------|----------------|
| 100-Meter Dash    | 11.03      | Merlene Ottey       | Oct. 4, 1982   |
|                   | 10.97w     | Merlene Ottey       | May 28, 1982   |
| 200-Meter Dash    | 22.17      | Merlene Ottey       | June 20, 1982  |
|                   | 22.11w     | Merlene Ottey       | April 23, 1983 |
| 400-Meter Dash    | 50.14      | Ximena Restrepo     | Aug. 5, 1991   |
| 800-Meter Run     | 2:01.26    | Sharon Powell       | Sept. 3, 1988  |
| 1,500-Meter Run   | 4:11.37    | Anne Shadle         | June 11, 2005  |
| 3,000-Meter Run   | 9:07.39    | Fran ten Bensel     | June 4, 1993   |
| 5,000-Meter Run   | 15:45.29   | Sammie Resh Gdowski | July 2, 1990   |
| 10,000-Meter Run  | 32:34.71   | Sammie Resh Gdowski | April 21, 1990 |
| Marathon          | 2::38:45.0 | Karlene Erickson    | June 21, 1986  |
| 100-Meter Hurdles | 12.60      | Priscilla Lopes     | June 9, 2006   |
| 400-Meter Hurdles | 55.38A     | Linetta Wilson      | June 2, 1989   |
| 3,000-Meter SC    | 9:39.35    | Ann Gaffigan        | July 15, 2004  |

### Relays

| Event                | Time     | Athletes                                     | Date           |
|----------------------|----------|----------------------------------------------|----------------|
| 4x100-Meter          | 43.44    | Burke, Blanford, Thacker, Ottey              | June 4, 1983   |
| 4x200-Meter          | 1:33.0   | Travis, Stewart, Porter, Lucas               | April 24, 1992 |
| 4x400-Meter          | 3:29.61  | Travis, Stewart, Lucas, Porter               | June 6, 1992   |
| 4x800-Meter          | 8:36.61  | Seaton, Stricker, Schubarth, Essington       | April 25, 1981 |
| 4x1,500-Meter        | 18:50.00 | Shepherd, Elwood, Mazzitelli, Stelling       | April 15, 1995 |
| 4x1,600-Meter        | 19:41.97 | Carrizales, Crofford, J. Pancoast, A. Miller | April 25, 2009 |
| 4xMile               | 20:29.62 | Shadle, Gaffigan, K. Pancoast, Handrup       | April 25, 2002 |
| 800-Meter Medley     | 1:36.05  | Blanford, Thacker, Burke, Ottey              | April 9, 1983  |
| 1,600-Meter Medley   | 3:49.84  | Porter, T. Wilson, Lucas, Darley Graham      | March 16, 1991 |
| Distance Medley      | 11:26.21 | ten Bensel, J. Johnson, DeNaeyer, Stelling   | April 23, 1993 |
| 4x100 Shuttle-Hurdle | 54.86    | Farrington, Dowell, Smith, Stiens            | April 25, 2015 |

### Field Events/Combined Events

| Event         | Metric | Imperial | Athlete          | Year            |
|---------------|--------|----------|------------------|-----------------|
| High Jump     | 1.90A  | 6-2 3/4  | Epley Bullock    | May 1, 2010     |
| Pole Vault    | 4.38   | 14-4 1/2 | Natalie Willer   | May 2, 2009     |
| Long Jump     | 6.81   | 22-4 1/4 | Angela Thacker   | May 11, 1984    |
| Triple Jump   | 14.12q | 46-4     | Ineta Radevica   | Aug. 21, 2004   |
| Shot Put      | 18.79  | 61-7 3/4 | Tressa Thompson  | April 22, 1998  |
| Discus        | 63.12  | 207-1    | Becky Breisch    | May 28, 2004    |
| Hammer Throw  | 66.81  | 219-2    | Melissa Price    | May 18, 2002    |
| Javelin (old) | 61.34  | 201-3    | Denise Thiemard  | May 14, 1983    |
| Javelin (new) | 56.15  | 184-3    | Sarah Firestone  | May 16, 2015    |
| Heptathlon    | 5,951  |          | Chantae McMillan | May 13-15, 2011 |

Key: A=altitude (above 1,000 meters); s=semifinals; p=preliminaries

# NEBRASKA FACILITY RECORDS

## ED WEIR STADIUM MEN'S OUTDOOR RECORDS

### Running Events

| Event               | Time     | Athlete                     | Year |
|---------------------|----------|-----------------------------|------|
| 100-Meter Dash      | 10.07    | DaBryan Blanton (Oklahoma)  | 2003 |
| 200-Meter Dash      | 20.32    | Reggie Witherspoon (Baylor) | 2007 |
| 400-Meter Dash      | 44.93    | Mitch Potter (Minnesota)    | 2003 |
| 800-Meter Run       | 1:45.68  | Jacob Hernandez (Texas)     | 2008 |
| 1,500-Meter Run     | 3:39.66  | Jonah Kiptarus (Nebraska)   | 1996 |
| 3,000-Meter Run     | 8:20.68  | David Iteffa (Nebraska)     | 1993 |
| 5,000-Meter Run     | 13:46.75 | John Nuttall (Iowa State)   | 1991 |
| 10,000-Meter Run    | 29:01.46 | Jonah Koech (Iowa State)    | 1991 |
| 110-Meter Hurdles   | 13.48    | Aaron Mallett (Iowa)        | 2016 |
| 400-Meter Hurdles   | 49.16    | Danny Harris (Iowa State)   | 1984 |
| 3,000m Steeplechase | 8:37.67  | Mason Ferlic (Michigan)     | 2016 |

### Relays

| Event       | Time    | Athletes                                      | Year |
|-------------|---------|-----------------------------------------------|------|
| 4x100-Meter | 38.93   | Texas A&M (Adu-Bobie, Phiri, Stafford, Dykes) | 2008 |
| 4x400-Meter | 3:02.82 | Oklahoma (Jones, Kemp, Carter, Bly)           | 1984 |

### Field Events/Combined Events

| Event         | Metric | Imperial  | Athlete                              | Year |
|---------------|--------|-----------|--------------------------------------|------|
| High Jump     | 2.33   | 7-7 3/4   | Scott Sellers (Kansas State)         | 2007 |
|               | 2.33   | 7-7 3/4   | Dusty Jonas (Nike)                   | 2010 |
| Pole Vault    | 5.70   | 18-8 1/4  | Eric Eshbach (Nebraska)              | 2004 |
| Long Jump     | 8.08   | 26-6 1/4  | Moses Kiyai (Iowa State)             | 1984 |
| Triple Jump   | 16.76  | 55-0      | Shardae Boutte (Oklahoma)            | 2008 |
| Shot Put      | 20.99  | 68-10 1/2 | Carl Myerscough (Nebraska)           | 2003 |
| Discus Throw  | 63.14  | 207-2     | Carl Myerscough (Nebraska)           | 2002 |
| Hammer Throw  | 70.14  | 230-1     | Egor Agafonov (Kansas)               | 2007 |
| Javelin Throw | 77.47  | 254-2     | Matti Mortimore (North Dakota State) | 2017 |
| Decathlon     |        | 7,784     | Luca Wieland (Minnesota)             | 2016 |

Key: A=altitude (above 1,000 meters); s=semifinals; p=preliminaries

## ED WEIR STADIUM WOMEN'S OUTDOOR RECORDS

### Running Events

| Event               | Time     | Athlete                            | Year |
|---------------------|----------|------------------------------------|------|
| 100-Meter Dash      | 11.07    | Merlene Ottey (Nebraska)           | 1983 |
| 200-Meter Dash      | 22.49    | Simone Facey (Texas)               | 2007 |
| 400-Meter Dash      | 50.63    | Sanya Richards (Texas)             | 2003 |
| 800-Meter Run       | 2:01.4   | Sharon Powell (Nebraska)           | 1988 |
| 1,500-Meter Run     | 4:11.79  | Sally Kipyego (Texas Tech)         | 2008 |
| 3,000-Meter Run     | 9:09.61  | Deb Pihl (Kansas State)            | 1984 |
| 5,000-Meter Run     | 15:51.89 | Kathy Hayes (Oregon)               | 1985 |
| 10,000-Meter Run    | 33:47.68 | Christine McMiken (Oklahoma State) | 1984 |
| 100-Meter Hurdles   | 12.91    | Cindy Ofili (Michigan)             | 2016 |
| 400-Meter Hurdles   | 55.66    | Alexis Franklin (Ohio State)       | 2016 |
| 3,000m Steeplechase | 9:44.46  | Jenny Barringer (Colorado)         | 2008 |

### Relays

| Event       | Time    | Athletes                                   | Year |
|-------------|---------|--------------------------------------------|------|
| 4x100-Meter | 43.42   | Texas A&M (Adeoti, Lucas, Facey, Mayo)     | 2008 |
| 4x400-Meter | 3:28.78 | Texas (Robinson, Downer, Staten, Richards) | 2003 |

### Field Events/Combined Events

| Event         | Metric | Imperial | Athlete                    | Year |
|---------------|--------|----------|----------------------------|------|
| High Jump     | 1.93   | 6-4      | Destinee Hooker (Texas)    | 2007 |
|               | 4.28   | 14-0 1/2 | Natalie Willer (Nebraska)  | 2009 |
| Pole Vault    | 6.81   | 22-4 1/4 | Angela Thacker (Nebraska)  | 1984 |
| Long Jump     | 13.97  | 45-10    | Blessing Okagbare (UTEP)   | 2008 |
| Triple Jump   | 18.78  | 61-7 1/2 | Tressa Thompson (Nebraska) | 1997 |
| Shot Put      | 63.53  | 208-5    | Becky Breisch (Unattached) | 2005 |
| Discus Throw  | 67.59  | 221-9    | Melissa Price (Unattached) | 2003 |
| Hammer Throw  | 55.21  | 181-2    | Kayla Wilkinson (Nebraska) | 2006 |
| Javelin Throw |        | 5,763    | Jess Lehman (Minnesota)    | 2016 |

Key: A=altitude (above 1,000 meters); s=semifinals; p=preliminaries

# NEBRASKA MEN'S OUTDOOR ALL-TIME TOP 10

## 100 Meters

|         |        |                     |             |
|---------|--------|---------------------|-------------|
| 10.16   | (+1.0) | Chris Chandler      | 2000 (4/1)  |
| 10.20   | (+1.8) | Malcolm White       | 2016 (5/7)  |
| 10.24p  | (+1.8) | Dusty Stamer        | 2004 (6/10) |
| 10.24   | (+1.2) | Scott Wims          | 2007 (6/21) |
| 10.25p  | (+0.2) | Riley Washington    | 1994 (6/2)  |
| 10.26pA | (+2.0) | Travis Grant        | 1994 (4/2)  |
| 10.30   | (+1.2) | Tom Fish            | 1997 (3/22) |
| 10.34   | (+1.8) | Oliver Williams Jr. | 2005 (5/7)  |
| 10.35   | (+1.6) | Bill Trott          | 1987 (5/16) |
| 10.35p  | (+1.4) | Dax Danns           | 2010 (5/15) |

### Wind-Aided:

|         |        |                     |             |
|---------|--------|---------------------|-------------|
| 10.14w  | (+5.0) | Dusty Stamer        | 2005 (5/14) |
| 10.16w  | (+4.8) | Travis Grant        | 1994 (5/21) |
| 10.16w  | (+3.1) | Chris Chandler      | 2000 (4/29) |
| 10.24wA | --     | Byron Topps         | 1996 (4/13) |
| 10.29w  | (+4.5) | Oliver Williams Jr. | 2006 (5/27) |
| 10.30wA | (+3.7) | Dax Danns           | 2010 (5/1)  |
| 10.32pw | (+4.7) | Jon Jones           | 1982 (5/14) |
| 10.37w  | --     | Charles Lawrence    | 1981 (4/11) |
| 10.37w  | (+2.7) | Tim Thompson        | 2014 (5/31) |
| 10.37pw | (+4.7) | Dennis Wallace      | 1982 (5/14) |

### Manual:

|      |        |                |             |
|------|--------|----------------|-------------|
| 10.1 | (+2.0) | Charlie Greene | 1967 (5/27) |
|------|--------|----------------|-------------|

### Manual Wind-Aided:

|       |        |                |             |
|-------|--------|----------------|-------------|
| 9.9pw | --     | Bill Trott     | 1988 (5/14) |
| 10.1w | (+2.5) | Charlie Greene | 1967 (4/29) |
| 10.1w | --     | Everad Samuels | 1978 (3/24) |
| 10.1w | (+3.4) | Anthony Small  | 1985 (5/10) |

## 200 Meters

|        |        |                |             |
|--------|--------|----------------|-------------|
| 20.59  | (+1.9) | Chris Chandler | 2000 (5/21) |
| 20.59s | (+1.0) | Nate Probasco  | 2005 (6/9)  |
| 20.60  | (+1.2) | Malcolm White  | 2016 (5/14) |
| 20.61s | (+1.3) | Scott Wims     | 2007 (6/7)  |
| 20.64  | (-1.2) | Tamas Molnar   | 1990 (5/21) |
| 20.67  | (+1.4) | Tom Fish       | 1996 (5/9)  |
| 20.70  | (+0.2) | Ricco Hall     | 2014 (4/12) |
| 20.72A | (+1.0) | Travis Grant   | 1994 (4/2)  |
| 20.76  | (+0.3) | John Gerber    | 1991 (5/20) |
| 20.77  | (+0.5) | James Cobb     | 1989 (5/14) |

### Wind-Aided:

|         |        |                |             |
|---------|--------|----------------|-------------|
| 20.49pw | (+3.1) | Nate Probasco  | 2005 (6/9)  |
| 20.55pw | (+2.6) | Tamas Molnar   | 1990 (5/20) |
| 20.56w  | (+4.3) | Chris Chandler | 2000 (4/22) |
| 20.59w  | (+3.2) | Travis Grant   | 1994 (5/21) |
| 20.63w  | (+4.8) | Dennis Wallace | 1983 (4/17) |
| 20.71w  | (+3.7) | Ricco Hall     | 2013 (4/13) |
| 20.80w  | (+4.4) | Lukas Hulett   | 2007 (5/5)  |

### Manual:

|      |        |                |             |
|------|--------|----------------|-------------|
| 20.5 | --     | Donald Quarrie | 1970 (7/22) |
| 20.5 | (+1.1) | Jimmy Pino     | 2002 (5/11) |

### Manual Wind-Aided:

|        |        |                |             |
|--------|--------|----------------|-------------|
| 20.0w  | (+4.5) | Anthony Small  | 1985 (4/13) |
| 20.1w  | (+4.5) | Dennis Wallace | 1985 (4/13) |
| 20.3pw | --     | Mark Perry     | 1988 (5/14) |
| 20.4w  | --     | Donald Quarrie | 1970 (7/4)  |
| 20.4pw | --     | Donald Quarrie | 1970 (7/20) |
| 20.5yw | --     | Ray Knaub      | 1962 (5/12) |
| 20.6yw | --     | Charlie Greene | 1967 (5/27) |

### Manual Straight-Away:

|        |  |               |             |
|--------|--|---------------|-------------|
| 20.4y  |  | Keith Gardner | 1958 (5/17) |
| 20.5y  |  | Roland Locke  | 1926 (5/1)  |
| 20.6yA |  | Ray Knaub     | 1962 (5/14) |

### Manual Straight-Away Wind-Aided:

|         |  |           |             |
|---------|--|-----------|-------------|
| 20.4ypw |  | Ray Knaub | 1962 (5/18) |
|---------|--|-----------|-------------|

## 400 Meters

|         |  |                    |              |
|---------|--|--------------------|--------------|
| 45.38   |  | Ken Waller         | 1991 (5/20)  |
| 45.44s  |  | Tamas Molnar       | 1990 (6/1)   |
| 45.52   |  | Cody Rush          | 2016 (5/15)  |
| 45.69pA |  | Lukas Hulett       | 2008 (5/17)  |
| 45.73A  |  | Clifton Forbes     | 1968 (10/16) |
| 45.75p  |  | Leighton Priestley | 1972 (9/3)   |
| 45.9sy  |  | Dave Crook         | 1966 (6/25)  |
| 46.16   |  | Mark Graham        | 1994 (4/23)  |
| 46.32   |  | Jake Bender        | 2017 (5/13)  |
| 46.34   |  | Ray Mahoney        | 1978 (5/20)  |

## 800 Meters

|          |  |                    |             |
|----------|--|--------------------|-------------|
| 1:44.74  |  | Dmitrijs Milkevics | 2005 (6/11) |
| 1:44.76  |  | Dieudonne Kwizera  | 1989 (8/18) |
| 1:46.66  |  | Regis Humphrey     | 1989 (6/28) |
| 1:46.92A |  | Scott Poehling     | 1979 (4/21) |
| 1:46.98  |  | Robert Gonzales    | 1987 (5/19) |
| 1:47.43  |  | Aaron Nasers       | 2005 (5/15) |
| 1:47.96  |  | Terry Goods        | 1987 (5/9)  |
| 1:47.8y  |  | Peter Scott        | 1966 (5/28) |
| 1:47.8py |  | Dan Morran         | 1969 (6/19) |
| 1:48.00  |  | Balazs Tolgyesi    | 1995 (8/19) |

## 1,500 Meters

|          |  |                          |             |
|----------|--|--------------------------|-------------|
| 3:35.57s |  | Balazs Tolgyesi          | 1996 (8/1)  |
| 3:37.05  |  | Dieudonne Kwizera        | 1989 (8/16) |
| 3:38.08  |  | Jonah Kiptarus           | 1996 (6/1)  |
| 3:40.79  |  | Jean Verster             | 1987 (6/6)  |
| 3:41.17  |  | Peter van der Westhuizen | 2007 (5/26) |
| 3:41.94  |  | Gerard O'Callaghan       | 1985 (5/4)  |
| 3:42.85  |  | James Bowler             | 2002 (5/3)  |
| 3:43.83  |  | George Kusche            | 2019 (3/29) |
| 3:44.69  |  | Jacques van Rensburg     | 1988 (4/30) |
| 3:45.07  |  | Mark Gokie               | 1984 (4/14) |

## 5,000 Meters

|          |  |                      |             |
|----------|--|----------------------|-------------|
| 13:51.35 |  | Joe Kirby            | 1990 (4/21) |
| 13:56.37 |  | Jonah Kiptarus       | 1996 (4/20) |
| 13:58.48 |  | Cleophas Boor        | 1997 (5/9)  |
| 14:06.38 |  | David Adams          | 2010 (3/26) |
| 14:07.90 |  | Trevor Vidlak        | 2012 (4/20) |
| 14:11.84 |  | Jeroen Broekzitter   | 1997 (5/9)  |
| 14:12.98 |  | Harald Graham        | 1990 (7/2)  |
| 14:13.64 |  | David Itteffa        | 1991 (5/4)  |
| 14:16.55 |  | Kurt Russell         | 1984 (5/4)  |
| 14:17.50 |  | Jacques van Rensburg | 1990 (5/5)  |

## 10,000 Meters

|          |  |                    |             |
|----------|--|--------------------|-------------|
| 28:50.90 |  | Cleophas Boor      | 1998 (4/18) |
| 29:09.53 |  | Marcus Witter      | 2002 (3/29) |
| 29:22.6  |  | Wally Duffy        | 1984 (4/28) |
| 29:23.87 |  | Aaron Carrizales   | 2001 (3/31) |
| 29:39.14 |  | Wyatt McGuire      | 2017 (5/12) |
| 29:48.43 |  | Jeroen Broekzitter | 1997 (4/18) |
| 29:51.27 |  | Eric Rasmussen     | 2005 (3/25) |
| 30:20.83 |  | Tom Hoffman        | 1983 (4/13) |
| 30:32.29 |  | Austin Post        | 2016 (4/28) |
| 30:35.59 |  | Mark Freyhof       | 2018 (3/30) |

## 110-Meter Hurdles

|        |        |                   |             |
|--------|--------|-------------------|-------------|
| 13.44  | (+0.9) | Lehann Fourie     | 2010 (5/16) |
| 13.50  | (+2.0) | Willie Hibler     | 1997 (5/18) |
| 13.50  | (+1.7) | Kirkland Thornton | 2009 (6/27) |
| 13.50  | (+2.0) | Antoine Lloyd     | 2018 (5/13) |
| 13.60s | (+1.9) | Nenad Loncar      | 2003 (7/20) |
| 13.68  | (+0.9) | Derek Zachary     | 2002 (5/4)  |
| 13.68  | (+0.8) | Tyrell Ross       | 2010 (5/29) |
| 13.69  | (+1.8) | Sean Pille        | 2014 (5/31) |
| 13.71  | (-0.1) | David Davis Jr.   | 2003 (6/14) |
| 13.72  | (+2.0) | Luke Siedhoff     | 2018 (5/13) |

### Wind-Aided:

|         |        |                   |             |
|---------|--------|-------------------|-------------|
| 13.36sw | (+3.4) | Kirkland Thornton | 2009 (6/27) |
| 13.41Aw | (+2.5) | Lehann Fourie     | 2010 (5/1)  |
| 13.65w  | (+2.8) | Stephen Golding   | 1991 (6/1)  |
| 13.68pw | (+3.9) | David Davis Jr.   | 2003 (5/30) |
| 13.71pw | (+2.2) | Luke Siedhoff     | 2018 (6/6)  |

## 400 Meters

# NEBRASKA MEN'S OUTDOOR ALL-TIME TOP 10

## 400-Meter Hurdles

|        |                    |             |
|--------|--------------------|-------------|
| 49.18p | Mark Jackson       | 1992 (8/3)  |
| 49.23  | Miles Ukaoma       | 2014 (6/13) |
| 49.77  | Kirkland Thornton  | 2009 (5/30) |
| 49.88  | Dale Burrage       | 1989 (5/14) |
| 50.01  | Drew Wiseman       | 2017 (5/26) |
| 50.11  | Adam Dailey        | 2011 (5/15) |
| 50.16  | Jodi-Rae Blackwood | 2013 (5/25) |
| 50.25  | Tibor Koroknai     | 2014 (5/30) |
| 50.35  | Mate Koroknai      | 2014 (5/30) |
| 50.44  | Miklos Roth        | 1996 (5/21) |

## 3,000-Meter Steeplechase

|          |               |             |
|----------|---------------|-------------|
| 8:29.66  | Kurt Russell  | 1986 (3/22) |
| 8:34.45  | Joe Kirby     | 1990 (5/5)  |
| 8:35.41  | Marc Adam     | 1983 (6/1)  |
| 8:36.54p | Harald Graham | 1990 (6/14) |
| 8:40.31  | David Adams   | 2011 (5/1)  |
| 8:43.22  | Brady Bonsall | 1995 (4/14) |
| 8:45.94  | Kevin Miiller | 1995 (5/16) |
| 8:50.05  | Jody Fischer  | 1988 (4/30) |
| 8:50.15  | David Olson   | 1997 (5/9)  |
| 8:50.24p | Brian Parr    | 2009 (6/10) |

## 4x100-Meter Relay

|        |                                            |             |
|--------|--------------------------------------------|-------------|
| 39.19  | Abolins, O. Williams Jr., Probasco, Stamer | 2005 (5/28) |
| 39.24  | Welk, McKenzie, Hall, Thompson             | 2014 (5/31) |
| 39.41p | Simpson, O. Williams Jr., Probasco, Stamer | 2004 (6/10) |
| 39.45  | Washington, Grant, Fish, Carson            | 1994 (5/12) |
| 39.62  | Pino, Chandler, Perry, Tolen               | 2001 (3/24) |
| 39.62  | Simpson, O. Williams Jr., Probasco, Stamer | 2004 (5/29) |
| 39.64A | Washington, Hibler, Grant, Thomas          | 1993 (5/18) |
| 39.65  | Golding, Adkison, Gerber, Grant            | 1991 (4/27) |
| 39.70  | Abolins, O. Williams Jr., Probasco, Roper  | 2006 (4/15) |
| 39.71  | Grant, Hibler, Marshall, Carson            | 1993 (4/24) |

## 4x400-Meter Relay

|          |                                     |             |
|----------|-------------------------------------|-------------|
| 3:02.81  | Waller, Jackson, Marsee, Molnar     | 1991 (6/1)  |
| 3:03.26A | Burrage, Waller, Humphrey, Jackson  | 1989 (6/3)  |
| 3:03.31p | Gipson, Townsend, Bransby, Rush     | 2016 (6/8)  |
| 3:03.61p | Gipson, Wiseman, Bender, Rush       | 2014 (6/12) |
| 3:03.79  | Gipson, Sanderfer, Rush, Leitis     | 2013 (4/27) |
| 3:04.40  | Gipson, Townsend, Neal, Bransby     | 2016 (5/28) |
| 3:04.98p | Neal, Bender, Wiseman, Bransby      | 2017 (6/7)  |
| 3:05.15  | Probasco, Grier, Danna, Hulet       | 2007 (5/26) |
| 3:05.39  | Brooks, Cielocha, Lawrence, DaCosta | 1981 (4/25) |
| 3:05.43p | Neal, Moss, Mohammed, Bransby       | 2018 (6/6)  |

## High Jump

|       |           |                   |             |
|-------|-----------|-------------------|-------------|
| 2.36A | (7-8 3/4) | Dusty Jonas       | 2008 (5/18) |
| 2.30  | (7-6 1/2) | Shane Lavy        | 1999 (7/18) |
| 2.28  | (7-5 3/4) | Shaun Kologinczak | 2003 (6/14) |
| 2.27  | (7-5 1/4) | Darren Burton     | 1985 (4/27) |
| 2.23  | (7-3 3/4) | Aaron Plas        | 2005 (5/15) |
| 2.23  | (7-3 3/4) | Paul Hamilton     | 2010 (6/11) |
| 2.22  | (7-3 1/4) | Petar Malesev     | 1993 (5/26) |
| 2.20  | (7-2 1/2) | Kyle Odvody       | 2002 (5/4)  |
| 2.20  | (7-2 1/2) | James White       | 2015 (5/28) |
| 2.20  | (7-2 1/2) | Mike McCann       | 2017 (4/8)  |
| 2.20  | (7-2 1/2) | Landon Bartel     | 2017 (5/14) |

## Pole Vault

|      |            |                     |             |
|------|------------|---------------------|-------------|
| 5.70 | (18-8 1/4) | Eric Eshbach        | 2004 (4/17) |
| 5.55 | (18-2 1/2) | Ray Scotten         | 2005 (4/16) |
| 5.55 | (18-2 1/2) | Gable Baldwin       | 2005 (5/14) |
| 5.42 | (17-9 1/4) | Devin Kosmicki      | 1989 (5/21) |
| 5.41 | (17-9)     | Seth Burney         | 2009 (5/8)  |
| 5.40 | (17-8 1/2) | Steven Cahoy        | 2014 (4/25) |
| 5.40 | (17-8 1/2) | Randy Raymond       | 1981 (5/3)  |
| 5.40 | (17-8 1/2) | Glen Loontjer       | 1984 (4/14) |
| 5.37 | (17-7 3/4) | Nate Polacek        | 2012 (4/14) |
| 5.30 | (17-4 1/2) | Brad Teeple         | 2004 (6/12) |
| 5.30 | (17-4 1/2) | Christian Sanderfer | 2014 (5/17) |
| 5.30 | (17-4 1/2) | Beau Simmons        | 2015 (5/30) |
| 5.30 | (17-4 1/2) | Tyler Loontjer      | 2018 (4/14) |

## Long Jump

|       |            |        |                 |             |
|-------|------------|--------|-----------------|-------------|
| 8.15  | (26-9)     | (+1.6) | Robert Thomas   | 1993 (4/17) |
| 8.14  | (26-8 1/2) | (+1.9) | Joe Laster      | 1997 (5/17) |
| 8.12  | (26-7 3/4) | (+1.2) | Chris Phipps    | 2010 (6/27) |
| 8.11  | (26-7 1/4) | (+1.9) | Nicholas Gordon | 2009 (6/28) |
| 8.00  | (26-3)     | (+0.2) | Arturs Abolins  | 2006 (6/8)  |
| 7.84  | (25-8 3/4) | (+0.4) | Chris Wright    | 1998 (5/16) |
| 7.81  | (25-7 1/2) | (+1.8) | Daniel Roper    | 2007 (5/12) |
| 7.78A | (25-6 1/4) | --     | Edrick Floreal  | 1986 (5/17) |
| 7.77  | (25-6)     | (-0.1) | James Morris    | 1989 (5/13) |
| 7.76  | (25-5 1/2) | (+1.3) | LeRon Williams  | 2009 (5/8)  |
| 7.76  | (25-5 1/2) | (+1.4) | Patrick Raedler | 2014 (4/25) |
| 7.76  | (25-5 1/2) | (+2.0) | Von Sheppard    | 1984 (5/11) |

## Wind-Aided:

|       |             |        |                 |             |
|-------|-------------|--------|-----------------|-------------|
| 8.26w | (27-1 1/4)  | (+2.2) | Robert Thomas   | 1995 (5/15) |
| 8.19w | (26-10 1/2) | (+5.9) | Chris Wright    | 1998 (6/4)  |
| 8.14w | (26-8 1/2)  | (+3.3) | Nicholas Gordon | 2011 (5/14) |
| 7.91w | (25-11 1/2) | (+5.6) | James Morris    | 1988 (5/14) |
| 7.89w | (25-10 3/4) | --     | Edrick Floreal  | 1986 (4/25) |
| 7.86w | (25-9 1/2)  | (+3.0) | Janis Leitis    | 2013 (4/26) |
| 7.85w | (25-9)      | --     | Ron Childs      | 1973 (5/18) |
| 7.84w | (25-8 3/4)  | (+3.3) | Elijah Lucy     | 2019 (4/6)  |
| 7.78w | (25-6 1/4)  | --     | Coburn Tomson   | 1931 (5/23) |

## Triple Jump

|        |             |        |                    |             |
|--------|-------------|--------|--------------------|-------------|
| 16.52  | (54-2 1/2)  | (-0.1) | Kaiwan Culmer      | 2018 (6/22) |
| 16.51A | (54-2)      | --     | Edrick Floreal     | 1986 (5/18) |
| 16.43  | (53-11)     | (+0.8) | Robert Thomas      | 1993 (5/26) |
| 16.22  | (53-2 3/4)  | (-1.8) | Sheldon Hutchinson | 1999 (5/23) |
| 16.20  | (53-1 3/4)  | --     | Lennox Burgher     | 1968 (6/15) |
| 16.19  | (53-1 1/2)  | (+0.0) | Chris Phipps       | 2012 (4/7)  |
| 16.14  | (52-11 1/2) | (+0.7) | Daniel Johnson     | 2002 (5/4)  |
| 16.06  | (52-8 1/4)  | --     | James Morris       | 1987 (6/6)  |
| 15.99  | (52-5 1/2)  | --     | Wade Harrington    | 1981 (5/16) |
| 15.90  | (52-2)      | (+1.4) | Tobyn Rucker       | 1999 (5/23) |

## Wind-Aided:

|        |            |      |                 |             |
|--------|------------|------|-----------------|-------------|
| 16.78w | (55-0 3/4) | --   | Edrick Floreal  | 1986 (4/26) |
| 16.37w | (53-8 1/2) | --   | James Morris    | 1989 (4/22) |
| 16.21w | (53-2 1/4) | +2.2 | Isaiah Griffith | 2017 (6/24) |
| 15.96w | (52-4 1/2) | --   | Patrick Raedler | 2012 (5/5)  |

## Shot Put

|        |             |                       |             |
|--------|-------------|-----------------------|-------------|
| 21.92  | (71-11)     | Carl Myerscough       | 2003 (6/13) |
| 20.08  | (65-10 1/2) | Kevin Coleman         | 1992 (5/17) |
| 20.01  | (65-8)      | Luke Pinkelman        | 2012 (5/13) |
| 19.88p | (65-2 3/4)  | Joe Staub             | 1981 (6/4)  |
| 19.39  | (63-7 1/2)  | Chad Wright           | 2013 (5/12) |
| 19.27  | (63-2 3/4)  | Mark Colligan         | 1986 (5/18) |
| 19.13  | (62-9 1/4)  | Burger Lambrechts Jr. | 2019 (4/6)  |
| 19.11  | (62-8 1/2)  | Will Lohman           | 2014 (4/26) |
| 19.04  | (62-5 3/4)  | Mike Schnebel         | 1986 (5/18) |
| 18.72  | (61-5)      | Keith Lloyd           | 2008 (5/31) |

## Discus

|       |          |                 |             |
|-------|----------|-----------------|-------------|
| 65.10 | (213-7)  | Carl Myerscough | 2004 (5/1)  |
| 63.96 | (209-10) | Chad Wright     | 2014 (5/17) |
| 63.38 | (207-11) | Nick Percy      | 2016 (7/22) |
| 61.60 | (202-1)  | Andy Meyer      | 1993 (5/26) |
| 60.60 | (198-10) | Joe Erdkamp     | 1999 (5/15) |
| 60.58 | (198-9)  | Erik Korshoj    | 1980 (5/24) |
| 59.13 | (194-0)  | Tyler Hitchler  | 2012 (3/24) |
| 58.72 | (192-8)  | Lee Kunz        | 1978 (5/19) |
| 58.26 | (191-2)  | Jeff Hooper     | 1990 (4/14) |
| 58.22 | (191-0)  | Mike Schnebel   | 1987 (4/21) |

## Hammer Throw

|       |         |                 |             |
|-------|---------|-----------------|-------------|
| 67.85 | (222-7) | Nick Percy      | 2016 (5/7)  |
| 65.89 | (216-2) | Will Lohman     | 2015 (4/11) |
| 63.32 | (207-9) | Eddie Jeans     | 2018 (5/11) |
| 63.28 | (207-7) | Issar Yazhbin   | 2007 (5/25) |
| 63.23 | (207-5) | Keith Lloyd     | 2008 (5/31) |
| 63.16 | (207-2) | Greg Armitage   | 1996 (4/13) |
| 63.02 | (206-9) | Scott Warren    | 1998 (4/11) |
| 62.42 | (204-9) | Chris Daniels   | 2018 (5/11) |
| 62.08 | (203-8) | Brett Suckstorf | 2010 (5/14) |
| 60.78 | (199-5) | Joe Erdkamp     | 1998 (4/4)  |

# NEBRASKA MEN'S OUTDOOR ALL-TIME TOP 10

## Javelin

|       |         |                |             |
|-------|---------|----------------|-------------|
| 76.64 | (251-5) | Scott Warren   | 1999 (5/23) |
| 74.17 | (243-4) | Artur Wszelaki | 2002 (5/30) |
| 73.31 | (240-6) | Adam Wolkins   | 2010 (5/14) |
| 72.86 | (239-0) | Cory Lehman    | 2000 (6/17) |
| 71.21 | (233-7) | Cody Walton    | 2018 (5/11) |
| 69.35 | (227-6) | Seth Derr      | 2017 (4/8)  |
| 69.20 | (227-0) | Roddy James    | 1989 (4/28) |
| 69.00 | (226-4) | Nick Kutovy    | 1994 (4/29) |
| 68.40 | (224-5) | Aaron Gumm     | 1999 (5/15) |
| 68.30 | (224-1) | Austin Braman  | 2008 (4/5)  |

### Old javelin (before 1986):

|       |          |               |             |
|-------|----------|---------------|-------------|
| 80.14 | (262-11) | Scott Sorchik | 1977 (3/26) |
| 74.96 | (245-11) | Kobus Coetzee | 1985 (4/20) |
| 74.38 | (244-0)  | Jon Claymore  | 1985 (4/5)  |
| 74.20 | (243-5)  | Ken Drwal     | 1981 (3/21) |
| 73.44 | (240-11) | Al Roots      | 1961 (5/6)  |
| 70.46 | (231-2)  | Steve Belmore | 1984 (5/5)  |
| 70.38 | (230-11) | Wayne Ritchie | 1974 (5/18) |

## Decathlon

|       |                 |                |
|-------|-----------------|----------------|
| 7,937 | Cody Walton     | 2017 (4/8-9)   |
| 7,897 | Björn Barrefors | 2012 (5/11-12) |
| 7,707 | Rick Schwieger  | 1992 (6/5-6)   |
| 7,642 | Bill Vacek      | 1996 (5/20-21) |
| 7,522 | Casey Thom      | 2003 (5/17-18) |
| 7,330 | Teran Walford   | 2013 (4/17-18) |
| 7,329 | Mike Bailey     | 1991 (5/19-20) |
| 7,325 | Skyler Reising  | 2009 (4/2-3)   |
| 7,322 | Lee Martin      | 2007 (5/11-12) |
| 7,292 | Cale Wagner     | 2018 (4/6-7)   |

### Wind-Aided:

|        |                  |                |
|--------|------------------|----------------|
| 7,877w | Rick Schwieger   | 1992 (4/15-16) |
| 7,432w | Teran Walford    | 2013 (5/10-11) |
| 7,390w | Aaron Henrichs   | 1998 (5/15-16) |
| 7,370w | Mike Bailey      | 1994 (5/20-21) |
| 7,236w | Chris Richardson | 2003 (5/17-18) |

\*wind-aided decathlon - over 4.00 m/s in LJ, 110H or 200

# NEBRASKA WOMEN'S OUTDOOR ALL-TIME TOP 10

## 100 Meters

|        |        |                      |             |
|--------|--------|----------------------|-------------|
| 11.03  | (+1.4) | Merlene Ottey        | 1982 (10/4) |
| 11.35  | (+1.0) | Kim Walker           | 1991 (5/20) |
| 11.39  | (+1.7) | Angela Thacker       | 1984 (4/13) |
| 11.39  | (+1.2) | Kathy Travis Miiller | 1996 (5/9)  |
| 11.45  | (+0.6) | Lakayla Harris       | 2018 (5/13) |
| 11.47p | (+1.7) | Priscilla Lopes      | 2004 (5/28) |
| 11.48  | (+1.2) | Denise Lucas         | 1992 (4/18) |
| 11.52A | (+0.5) | Kwani Stewart        | 1993 (5/18) |
| 11.54  | (+0.2) | Rhonda Blanford      | 1984 (5/12) |
| 11.56  | (+1.2) | Ximena Restrepo      | 1989 (4/21) |

### FAT (wind-aided):

|         |        |                      |             |
|---------|--------|----------------------|-------------|
| 10.97w  | (+4.4) | Merlene Ottey        | 1982 (5/28) |
| 11.20w  | ---    | Angela Thacker       | 1983 (4/23) |
| 11.35w  | (+5.8) | Lakayla Harris       | 2018 (4/13) |
| 11.36pw | (+4.9) | Kwani Stewart        | 1994 (5/20) |
| 11.37Aw | (+5.2) | Kathy Travis Miiller | 1996 (4/13) |
| 11.40w  | (+5.5) | Priscilla Lopes      | 2004 (5/29) |
| 11.42w  | (+5.9) | Rhonda Blanford      | 1985 (5/11) |
| 11.46w  | (+2.3) | Denise Lucas         | 1992 (5/18) |
| 11.52w  | (+6.2) | Janet Burke          | 1983 (4/17) |
| 11.56pw | (+2.6) | Shelley-Ann Brown    | 2001 (5/18) |
| 11.56Aw | (+2.1) | Quashira McIntosh    | 2018 (4/27) |

### Manual-timing (wind-aided):

|       |        |              |             |
|-------|--------|--------------|-------------|
| 11.2w | (+3.4) | Karen Kruger | 1988 (5/14) |
| 11.3w | (+2.9) | Annette Hall | 1995 (5/9)  |
| 11.3w | (+2.3) | Angee Henry  | 1997 (5/3)  |

## 200 Meters

|        |        |                      |             |
|--------|--------|----------------------|-------------|
| 22.17  | (-0.9) | Merlene Ottey        | 1982 (6/20) |
| 22.57  | (+0.7) | Kim Walker           | 1991 (5/20) |
| 22.92  | (+0.7) | Ximena Restrepo      | 1991 (5/20) |
| 23.15p | (+1.7) | Angela Thacker       | 1984 (4/13) |
| 23.26  | (+0.7) | Denise Lucas         | 1991 (5/20) |
| 23.28p | (+1.6) | Kwani Stewart        | 1994 (6/1)  |
| 23.39  | (-0.5) | Lakayla Harris       | 2018 (5/13) |
| 23.48  | (+1.8) | Kathy Travis Miiller | 1996 (5/9)  |
| 23.50  | (+1.7) | Shanelle Porter      | 1992 (5/2)  |
| 23.55p | (0.0)  | Linetta Wilson       | 1987 (5/15) |

### Manual-timing:

|      |        |                 |             |
|------|--------|-----------------|-------------|
| 22.4 | --     | Ximena Restrepo | 1991 (7/27) |
| 22.9 | (+1.7) | Denise Lucas    | 1992 (5/2)  |

### FAT (wind-aided):

|          |        |                |             |
|----------|--------|----------------|-------------|
| 22.11w   | --     | Merlene Ottey  | 1983 (4/23) |
| 23.05pAw | (+3.3) | Angela Thacker | 1986 (5/17) |
| 23.15w   | (+2.6) | Lakayla Harris | 2018 (5/5)  |
| 23.25w   | (+2.4) | Denise Lucas   | 1992 (5/18) |
| 23.27pw  | (+5.2) | Sharon Powell  | 1988 (5/14) |
| 23.33w   | (+5.7) | Janet Burke    | 1983 (4/17) |
| 23.35w   | (+2.4) | Kathy Travis   | 1992 (5/18) |
| 23.37    | (+3.2) | Mara Weekes    | 2011 (4/2)  |
| 23.39w   | (+3.6) | Linetta Wilson | 1987 (5/16) |

### Manual-timing (wind-aided):

|       |        |               |             |
|-------|--------|---------------|-------------|
| 21.9w | (+5.7) | Merlene Ottey | 1983 (4/17) |
|-------|--------|---------------|-------------|

## 400 Meters

|        |                  |             |
|--------|------------------|-------------|
| 50.14  | Ximena Restrepo  | 1991 (8/5)  |
| 51.12  | Merlene Ottey    | 1983 (6/4)  |
| 51.58  | Linetta Wilson   | 1987 (5/16) |
| 51.4   | Sharon Powell    | 1988 (6/19) |
| 51.92p | Shanelle Porter  | 1995 (6/1)  |
| 52.07  | Stella Klassen   | 1999 (6/5)  |
| 52.39  | Michelle Milling | 1987 (4/25) |
| 52.39  | Lesley Owusu     | 2002 (5/4)  |
| 52.82  | Marcia Tate      | 1985 (5/11) |
| 52.86  | Jennie Gorham    | 1980 (4/26) |

## 800 Meters

|         |                    |             |
|---------|--------------------|-------------|
| 2:01.26 | Sharon Powell      | 1988 (9/3)  |
| 2:02.92 | Egle Uljas         | 2005 (7/5)  |
| 2:03.33 | Ashley Miller      | 2012 (4/7)  |
| 2:04.93 | Lisa Darley Graham | 1991 (5/20) |
| 2:05.26 | Shawnice Williams  | 2013 (5/25) |
| 2:05.82 | Nicole Ali         | 1986 (5/3)  |
| 2:06.3  | Tami Essington     | 1982 (5/23) |
| 2:06.76 | La'Tisha Croom     | 1998 (5/24) |
| 2:06.87 | Blaire Dinsdale    | 2012 (5/5)  |
| 2:07.36 | Brooke Dinsdale    | 2011 (5/7)  |

## 1,500 Meters

|         |                             |             |
|---------|-----------------------------|-------------|
| 4:11.37 | Anne Shadle                 | 2005 (6/11) |
| 4:11.49 | Ashley Miller               | 2012 (6/29) |
| 4:12.38 | Lisa Darley Graham          | 1992 (4/18) |
| 4:15.17 | Jessica Furlan              | 2013 (4/27) |
| 4:16.13 | Sammie Resh Gdowski         | 1990 (5/21) |
| 4:16.42 | Fran ten Bensel             | 1993 (5/1)  |
| 4:18.63 | Natalja (Zarcenko) Callahan | 2008 (5/31) |
| 4:21.4  | Laura Wight                 | 1985 (4/27) |
| 4:22.41 | Michelle Brooks             | 2000 (5/21) |
| 4:22.43 | Kirsti Voldnes              | 1984 (4/17) |

## 5,000 Meters

|          |                     |             |
|----------|---------------------|-------------|
| 32:34.71 | Sammie Resh Gdowski | 1990 (4/21) |
| 33:56.46 | Lara Crofford       | 2008 (4/5)  |
| 34:10.58 | Anna Peer           | 2015 (4/16) |
| 34:10.94 | Kayte Tranel        | 2006 (4/21) |
| 34:30.7  | Karlene Erickson    | 1984 (5/18) |
| 34:54.78 | Katie White         | 2012 (4/20) |
| 35:15.11 | Erika Freyhof       | 2019 (3/29) |
| 35:16.27 | Michele Marthaler   | 1989 (5/13) |
| 35:18.91 | Christina Blackmer  | 1997 (4/25) |
| 35:24.04 | Mary Amen           | 1985 (4/13) |

## 10,000 Meters

|          |                     |             |
|----------|---------------------|-------------|
| 32:34.71 | Sammie Resh Gdowski | 1990 (4/21) |
| 33:56.46 | Lara Crofford       | 2008 (4/5)  |
| 34:10.58 | Anna Peer           | 2015 (4/16) |
| 34:10.94 | Kayte Tranel        | 2006 (4/21) |
| 34:30.7  | Karlene Erickson    | 1984 (5/18) |
| 34:54.78 | Katie White         | 2012 (4/20) |
| 35:15.11 | Erika Freyhof       | 2019 (3/29) |
| 35:16.27 | Michele Marthaler   | 1989 (5/13) |
| 35:18.91 | Christina Blackmer  | 1997 (4/25) |
| 35:24.04 | Mary Amen           | 1985 (4/13) |

## 100-Meter Hurdles

|        |        |                   |             |
|--------|--------|-------------------|-------------|
| 12.60  | (+0.4) | Priscilla Lopes   | 2006 (6/9)  |
| 12.85  | (+0.1) | Rhonda Blanford   | 1985 (6/15) |
| 13.31  | (+1.7) | Emily Waibel      | 2001 (5/19) |
| 13.34s | (+0.4) | Shelley-Ann Brown | 2002 (5/31) |
| 13.35  | (+0.9) | Chanel Freeman    | 2016 (3/26) |
| 13.35  | (+1.6) | Jasmine Barge     | 2019 (4/12) |
| 13.37p | (+1.6) | Kwani Stewart     | 1992 (6/4)  |
| 13.44A | (+1.4) | Arna Erega        | 2010 (5/1)  |
| 13.50  | (-0.6) | Frances Keating   | 2005 (5/15) |
| 13.50  | (+1.7) | Jordan Stiens     | 2015 (5/16) |

### Wind-aided:

|         |        |                   |             |
|---------|--------|-------------------|-------------|
| 12.70w  | (+4.1) | Rhonda Blanford   | 1985 (6/1)  |
| 13.14w  | (+3.5) | Jasmine Barge     | 2018 (4/13) |
| 13.23pw | (+3.2) | Shelley-Ann Brown | 2003 (5/30) |
| 13.25sw | (+3.0) | Kwani Stewart     | 1993 (6/4)  |
| 13.28pw | (+3.3) | Emily Waibel      | 2001 (5/18) |
| 13.45w  | (+4.5) | Nikita Eades      | 2008 (4/26) |
| 13.49w  | (+3.9) | Meka Rembert      | 1998 (4/11) |
| 13.50pw | (+4.4) | Frances Keating   | 2005 (5/14) |

## 400-Meter Hurdles

|        |                     |             |
|--------|---------------------|-------------|
| 55.38A | Linetta Wilson      | 1989 (6/2)  |
| 55.96  | Meka Rembert        | 1998 (5/17) |
| 57.04  | Sheryl Morgan       | 2007 (5/13) |
| 57.59A | Jasmine Barge       | 2017 (4/28) |
| 57.62  | Ellie Grooters      | 2014 (5/3)  |
| 57.87  | Frances Keating     | 2005 (5/15) |
| 57.95p | Karolina Pahlitzsch | 2016 (5/14) |
| 58.18  | Susan Hedrick       | 1991 (5/20) |
| 58.38  | Nicole Ali          | 1983 (7/27) |
| 58.56p | Justine Roach       | 2005 (5/27) |

## 3,000-Meter Steeplechase

|          |                   |             |
|----------|-------------------|-------------|
| 9:39.35  | Ann Gaffigan      | 2004 (7/15) |
| 9:51.23  | Jessica Furlan    | 2013 (7/10) |
| 10:09.69 | Rachel Carrizales | 2009 (3/27) |
| 10:12.45 | Martina Barinova  | 2011 (4/9)  |
| 10:28.01 | Joslyn Dalton     | 2009 (5/2)  |
| 10:32.21 | Anne Shadle       | 2003 (6/11) |
| 10:33.41 | Judi Jones        | 2019 (3/29) |
| 10:34.04 | Katrina Santiago  | 2017 (5/13) |
| 10:47.19 | Jen Webers        | 2009 (4/25) |
| 10:50.60 | Elsa Forsberg     | 2018 (5/12) |



# NEBRASKA WOMEN'S OUTDOOR ALL-TIME TOP 10

## 4x100-Meter Relay

|         |                                             |             |
|---------|---------------------------------------------|-------------|
| 43.44   | Burke, Blanford, Thacker, Ottey             | 1983 (6/4)  |
| 43.61   | Travis, Stewart, Porter, Lucas              | 1992 (6/5)  |
| 43.67pA | James, McQueen, Blanford, Ottey             | 1982 (6/2)  |
| 43.71   | Restrepo, Stewart, Lucas, Walker            | 1991 (5/31) |
| 43.98   | Burke, Gorham, Thacker, Ottey               | 1983 (4/9)  |
| 44.05   | D. Powell, Blanford, Thacker, Ottey         | 1983 (4/29) |
| 44.23   | Blanford, D. Powell, Gorham-Badami, Thacker | 1984 (4/7)  |
| 44.0    | James, Blanford, McQueen, Ottey             | 1982 (5/23) |
| 44.1    | James, Powell, Blanford, Ottey              | 1982 (5/15) |
| 44.39   | Govindan, Stewart, Lucas, Walker            | 1991 (5/20) |

## 4x400-Meter Relay

|           |                                        |             |
|-----------|----------------------------------------|-------------|
| 3:29.61   | Travis, Stewart, Lucas, Porter         | 1992 (6/6)  |
| 3:29.87   | Porter, T. Wilson, Walker, Restrepo    | 1991 (6/1)  |
| 3:31.4p   | Milling, Webster, S. Powell, L. Wilson | 1987 (6/4)  |
| 3:31.44   | Kruger, Milling, S. Powell, L. Wilson  | 1988 (6/4)  |
| 3:32.80   | Klassen, Owusu, Croom, Rembert         | 1998 (5/17) |
| 3:32.81   | Ali, Gorham, Tate, Burke               | 1983 (6/3)  |
| 3:32.93pA | Restrepo, Webster, Lidy, L. Wilson     | 1989 (6/1)  |
| 3:33.84   | Stanisavljevic, Harmon, Owusu, Klassen | 2000 (4/29) |
| 3:33.94   | Croom, Klassen, Myatt, Burton          | 1997 (6/7)  |
| 3:34.59p  | Myatt, J. Johnson, Croom, Porter       | 1995 (6/1)  |

## High Jump

|       |           |                  |             |
|-------|-----------|------------------|-------------|
| 1.90A | (6-2 3/4) | Epley Bullock    | 2010 (5/1)  |
| 1.89  | (6-2 1/4) | Cris Hall        | 1992 (6/3)  |
| 1.88  | (6-2)     | Tammy Thurman    | 1988 (4/16) |
| 1.86  | (6-1 1/4) | Marusa Cernjul   | 2015 (4/11) |
| 1.85  | (6-1)     | Heather Smith    | 1984 (4/14) |
| 1.85  | (6-0 3/4) | Carrie Braness   | 2000 (5/7)  |
| 1.84  | (6-0 1/2) | Jessica Thompson | 1999 (5/23) |
| 1.84  | (6-0 1/2) | Reka Czuth       | 2016 (4/9)  |
| 1.83  | (6-0 1/4) | Sharon Burrill   | 1979 (4/28) |
| 1.83  | (6-0)     | Meredy Porter    | 1990 (3/30) |
| 1.83A | (6-0)     | Kerry Doetker    | 1997 (4/12) |
| 1.83  | (6-0)     | Na'Tassia Vice   | 2004 (4/17) |

## Pole Vault

|      |             |                 |             |
|------|-------------|-----------------|-------------|
| 4.38 | (14-4 1/2)  | Natalie Willer  | 2009 (5/2)  |
| 4.35 | (14-3 1/4)  | Brysun Stately  | 2007 (4/21) |
| 4.27 | (14-0)      | Paula Andrie    | 2016 (5/7)  |
| 4.25 | (13-11 1/4) | Jenny Green     | 2004 (4/3)  |
| 4.21 | (13-9 3/4)  | Andy Jacobs     | 2019 (3/29) |
| 4.17 | (13-8 1/4)  | Jessie Graff    | 2004 (4/17) |
| 4.15 | (13-7 1/4)  | Jenna Blubaug   | 2006 (5/13) |
| 4.15 | (13-7 1/4)  | Breanna Bussell | 2012 (4/14) |
| 4.10 | (13-5 1/4)  | Cami Jiskra     | 2011 (4/23) |
| 4.07 | (13-4 1/4)  | Tess Merrill    | 2015 (4/22) |

## Long Jump

|        |             |        |                 |             |
|--------|-------------|--------|-----------------|-------------|
| 6.81   | (22-4 1/4)  | (+1.8) | Angela Thacker  | 1984 (5/11) |
| 6.70A  | (21-11 3/4) | (+1.5) | Angee Henry     | 1996 (6/8)  |
| 6.70   | (21-11 3/4) | (+1.8) | Ineta Radevica  | 2003 (7/19) |
| 6.59   | (21-7 1/2)  | (+0.2) | Karen Kruger    | 1987 (5/16) |
| 6.59   | (21-7 1/2)  | (+2.0) | Mara Griva      | 2011 (7/17) |
| 6.45   | (21-2)      | (+1.6) | Tierra Williams | 2017 (5/25) |
| 6.44   | (21-1 1/2)  | (+0.7) | Dahlia Ingram   | 1999 (6/2)  |
| 6.43   | (21-1 1/4)  | (+1.1) | Vesna Kostic    | 2002 (7/14) |
| 6.38pA | (20-11 1/4) | (-0.1) | Tanya Lidy      | 1989 (5/31) |
| 6.35   | (20-10)     | (+0.8) | Shylia Riley    | 2018 (4/27) |

### Wind-aided:

|        |             |         |                  |             |
|--------|-------------|---------|------------------|-------------|
| 6.70w  | (21-11 3/4) | (+3.6)  | Mara Griva       | 2011 (5/14) |
| 6.68w  | (21-11)     | (+3.6)  | Dahlia Ingram    | 1999 (5/23) |
| 6.66w  | (21-10 1/4) | (+4.1)  | Kwani Stewart    | 1994 (5/20) |
| 6.50w  | (21-4)      | (+2.2)  | Tierra Williams  | 2016 (5/14) |
| 6.45w  | (21-2)      | (+15.1) | Tashika Lewis    | 1995 (5/9)  |
| 6.35wA | (20-10)     | (+4.6)  | Leandra McGruder | 2009 (5/16) |

## Triple Jump

|        |             |        |                  |             |
|--------|-------------|--------|------------------|-------------|
| 14.12q | (46-4)      | (+1.1) | Ineta Radevica   | 2004 (8/21) |
| 13.81  | (45-3 3/4)  | (+2.0) | Mara Griva       | 2011 (5/15) |
| 13.74  | (45-1)      | (+1.2) | Nicola Martial   | 1995 (6/3)  |
| 13.64  | (44-9)      | (+2.0) | Dahlia Ingram    | 2000 (6/23) |
| 13.56  | (44-6)      | (+1.6) | Tierra Williams  | 2016 (5/15) |
| 13.44  | (44-1 1/4)  | (+1.0) | Ellie Ewere      | 2014 (4/26) |
| 13.43A | (44-0 3/4)  | (+1.1) | Renita Robinson  | 1989 (6/3)  |
| 13.38  | (43-10 3/4) | (+1.4) | Angela Mercurio  | 2017 (5/27) |
| 13.28  | (43-7)      | (+1.8) | Krisztina Kovesi | 2003 (5/31) |
| 13.13  | (43-1)      | (+1.4) | Leandra McGruder | 2010 (5/29) |

### Wind-aided:

|        |             |        |                  |             |
|--------|-------------|--------|------------------|-------------|
| 13.67w | (44-10 1/4) | (+4.0) | Dahlia Ingram    | 1999 (5/23) |
| 13.43w | (44-0 3/4)  | (+2.8) | Krisztina Kovesi | 2003 (5/19) |
| 13.25w | (43-5 3/4)  | (+4.2) | Athea Chambers   | 2004 (5/29) |
| 13.24w | (43-5 1/4)  | (+2.1) | Leandra McGruder | 2009 (5/30) |
| 13.20w | (43-3 3/4)  | (+3.1) | Mollie Gribbin   | 2015 (5/17) |

## Shot Put

|       |             |                   |             |
|-------|-------------|-------------------|-------------|
| 18.79 | (61-7 3/4)  | Tressa Thompson   | 1998 (4/22) |
| 18.46 | (60-6 3/4)  | Becky Breisch     | 2006 (4/15) |
| 17.07 | (56-0)      | Toni Tupper       | 2017 (5/27) |
| 16.79 | (55-1)      | Paulette Mitchell | 1996 (4/20) |
| 16.76 | (55-0)      | Annie Jackson     | 2014 (5/17) |
| 16.45 | (53-11 3/4) | Leann Boerema     | 2004 (4/17) |
| 16.37 | (53-8 1/2)  | Jeni Steiner      | 2007 (5/5)  |
| 16.30 | (53-5 3/4)  | Veronica Grizzle  | 2012 (4/7)  |
| 16.22 | (53-2 3/4)  | Carlie Pinkelman  | 2014 (5/29) |
| 16.06 | (52-8 1/4)  | Kacie Sharp       | 2009 (5/17) |

## Discus

|       |          |                   |             |
|-------|----------|-------------------|-------------|
| 63.12 | (207-1)  | Becky Breisch     | 2004 (5/28) |
| 59.07 | (193-9)  | Dace Ruskule      | 2006 (5/27) |
| 56.18 | (184-4)  | Paulette Mitchell | 1996 (5/5)  |
| 55.95 | (183-7)  | Morgan Wilken     | 2012 (4/28) |
| 55.93 | (183-6)  | Alex Meyer        | 2017 (3/25) |
| 54.54 | (178-11) | Tressa Thompson   | 1998 (6/3)  |
| 52.99 | (173-10) | Samantha Musil    | 2011 (4/29) |
| 52.72 | (172-11) | Karen Wood        | 1983 (5/6)  |
| 52.52 | (172-4)  | Laura Wortmann    | 2005 (5/15) |
| 52.46 | (172-1)  | Annie Jackson     | 2014 (5/18) |

## Hammer Throw

|       |          |                    |             |
|-------|----------|--------------------|-------------|
| 66.81 | (219-2)  | Melissa Price      | 2002 (5/18) |
| 62.29 | (204-4)  | Veronica Grizzle   | 2014 (5/3)  |
| 60.81 | (199-6)  | Jade Hodson Siegel | 2012 (5/11) |
| 60.70 | (199-2)  | Victoria Zimmerman | 2012 (5/12) |
| 60.66 | (199-0)  | Paulette Mitchell  | 1996 (5/20) |
| 60.61 | (198-10) | Tristen Sharp      | 2015 (5/15) |
| 60.58 | (198-9)  | Erin Wibbels       | 1999 (4/16) |
| 59.64 | (195-8)  | Amanda Moreley     | 2003 (5/17) |
| 59.00 | (193-7)  | Samantha Musil     | 2011 (5/1)  |
| 58.82 | (193-0)  | Alice Akers        | 2018 (4/27) |

## Javelin

|       |          |                  |             |
|-------|----------|------------------|-------------|
| 56.15 | (184-3)  | Sarah Firestone  | 2015 (5/16) |
| 55.73 | (182-10) | Kayla Wilkinson  | 2008 (5/16) |
| 55.37 | (181-8)  | Maggie Malone    | 2014 (5/17) |
| 55.16 | (181-0)  | Cassi Morelock   | 2000 (4/21) |
| 54.48 | (178-9)  | Brittini Wolczyk | 2017 (5/14) |
| 53.96 | (177-0)  | Chase Wolinski   | 2019 (3/29) |
| 51.57 | (169-2)  | Danie Plank      | 2016 (4/23) |
| 49.75 | (163-3)  | Roxi Grizzle     | 2010 (4/16) |
| 48.93 | (160-6)  | Sydney Otto      | 2017 (6/24) |
| 47.81 | (156-10) | Chantae McMillan | 2011 (4/9)  |

### Old Javelin Top 10 Performers (before 1999):

|       |         |                  |             |
|-------|---------|------------------|-------------|
| 61.34 | (201-3) | Denise Theimard  | 1983 (5/14) |
| 58.96 | (193-5) | Nora Rockenbauer | 1989 (4/23) |
| 58.02 | (190-4) | Karyn Szarkowski | 1987 (3/21) |
| 51.40 | (168-6) | Denise Eckert    | 1986 (5/11) |
| 50.92 | (167-1) | Sabrina Eames    | 1986 (5/3)  |
| 50.62 | (166-1) | Lynne Frey       | 1991 (5/20) |
| 48.48 | (159-1) | Deb Clark        | 1984 (3/24) |
| 46.32 | (152-0) | Kristin Davidson | 1993 (5/17) |
| 46.26 | (151-4) | Cris Hall        | 1992 (6/4)  |
| 45.72 | (150-0) | Kathi Kraai      | 1981 (4/18) |

# NEBRASKA WOMEN'S OUTDOOR ALL-TIME TOP 10

## Heptathlon

### Nebraska Top-10 Performers:

|        |                   |                |
|--------|-------------------|----------------|
| 6,003  | Chantae McMillan  | 2011 (6/25-26) |
| 5,936  | Cris Hall         | 1992 (6/3-4)   |
| 5,800A | Megan Wheatley    | 2009 (5/15-16) |
| 5,794  | Ashley Selig      | 2007 (6/8-9)   |
| 5,704  | Nancy Kindig      | 1981 (5/15-16) |
| 5,619  | Patricia Nadler   | 1989 (6/16-17) |
| 5,577  | Katherine Livesey | 2002 (5/17-18) |
| 5,521  | Anne Martin       | 2014 (4/16-17) |
| 5,507  | Sara Jane Baker   | 2006 (6/9-10)  |
| 5,499  | Deb Clark         | 1984 (4/18-19) |

### Wind-aided:

|        |                 |                |
|--------|-----------------|----------------|
| 5,607w | Janet Blomstedt | 1996 (4/18-19) |
| 5,575w | Deb Clark       | 1985 (5/27-28) |

*\*New IAAF scoring tables were adopted in 1985. Scores before 1985 were re-scored using 1985 tables.*

*\*wind-aided heptathlon - over 4.00 m/s in LJ, 100H, or 200*

# 2019 MEN'S OUTDOOR PERFORMANCE LIST

| Athlete                   | Mark      | Wind | Meet                       | Date | All-Time Indoor PR  | All-Time Outdoor PR |
|---------------------------|-----------|------|----------------------------|------|---------------------|---------------------|
| <b>100 Meters:</b>        |           |      |                            |      |                     |                     |
| 1. Isaiah Hutchinson      | 10.52     | +1.8 | Husker Invitational        | 4/6  |                     | 10.28w (5/18/18)    |
| 2. Alex Nelson            | 10.55     | +1.8 | Husker Invitational        | 4/6  |                     | 10.55 (4/6/19)      |
| 3. Jordane Jackson        | 10.64     | +0.8 | Husker Invitational        | 4/6  |                     | 10.47 (HS)          |
| 4. Simon Wiedel           | 10.82     | +1.8 | Husker Invitational        | 4/6  |                     | 10.60 (HS)          |
| 5. Noah Lukz              | 10.99     | +0.2 | Crimson Tide Invitational  | 4/12 |                     | 10.73w (4/26/18)    |
| 6. Noah Velinsky          | 11.14*    | +0.8 | Husker Invitational        | 4/6  |                     | Same                |
| 7. Jared Seay             | 11.21     | +1.0 | Samford Track Challenge    | 4/11 |                     | 10.85 (4/6/18)      |
| 8. Zach Podraza           | 11.38     | +1.9 | Texas Relays               | 3/27 |                     | 11.32w (3/23/19)    |
| <b>wind-aided</b>         |           |      |                            |      |                     |                     |
| Mason Hericks             | 10.47*    | +3.1 | Herm Wilson Invitational   | 3/23 |                     | Same                |
| Simon Wiedel              | 10.75     | +3.1 | Herm Wilson Invitational   | 3/23 |                     | 10.60 (HS)          |
| Zach Podraza              | 11.32*    | +3.1 | Herm Wilson Invitational   | 3/23 |                     | Same                |
| <b>200 Meters:</b>        |           |      |                            |      |                     |                     |
| 1. Mason Hericks          | 21.29     | +0.9 | Crimson Tide Invitational  | 4/12 | 21.41 (1/26/19)     | 20.93 (4/6/19)      |
| 2. Jordane Jackson        | 21.54     | +0.8 | Crimson Tide Invitational  | 4/12 | 22.06 (2/2/19)      | 21.32 (HS)          |
| 3. Tony Nou               | 21.73     | +0.8 | Crimson Tide Invitational  | 4/12 | 21.67 (1/25/19)     | 21.17 (6/16/18)     |
| 4. Bryce Barrett          | 21.76     | +1.1 | Herm Wilson Invitational   | 3/23 | 21.83 (2/2/19)      | 21.56 (HS)          |
| 5. Alex Nelson            | 21.83     | +1.1 | Herm Wilson Invitational   | 3/23 | 21.42 (2/15/19)     | 21.30 (HS)          |
| 6. Givon Washington       | 21.90     | +1.1 | Herm Wilson Invitational   | 3/23 | 21.99 (1/25/19)     | 21.81 (HS)          |
| Noah Lukz                 | 21.90*    | +0.8 | Husker Invitational        | 4/6  | 21.90 (2/2/19)      | Same                |
| 8. Makiyah Smallwood      | 22.37*    | +0.8 | Husker Invitational        | 4/6  | 22.60 (1/12/19)     | Same                |
| 9. Luke Siedhoff          | 22.76*    | +0.8 | Husker Invitational        | 4/6  | 22.88 (1/26/19)     | Same                |
| <b>wind-aided</b>         |           |      |                            |      |                     |                     |
| Mason Hericks             | 20.93*    | +3.0 | Husker Invitational        | 4/6  | 21.41 (1/26/19)     | Same                |
| Jordane Jackson           | 22.11     | +2.7 | Herm Wilson Invitational   | 3/23 | 22.06 (2/2/19)      | 21.32 (HS)          |
| <b>400 Meters:</b>        |           |      |                            |      |                     |                     |
| 1. Givon Washington       | 47.50*    |      | Husker Invitational        | 4/6  | 48.38 (2/15/19)     | Same                |
| 2. Bryce Barrett          | 47.92     |      | Husker Invitational        | 4/6  | 48.95 (2/2/18)      | 47.83 (HS)          |
| 3. Tony Nou               | 47.98     |      | Herm Wilson Invitational   | 3/23 | 47.32 (2/17/18)     | 46.24 (7/22/17)     |
| 4. Cody Mroczek           | 48.59*    |      | Herm Wilson Invitational   | 3/23 | 48.88 (2/1/19)      | Same                |
| 5. Ty Moss                | 50.01     |      | Herm Wilson Invitational   | 3/23 |                     | 48.55 (5/5/18)      |
| 6. Jared Seay             | 50.74     |      | Samford Track Challenge    | 4/11 |                     | 49.06 (4/6/18)      |
| 7. Zach Podraza           | 52.50     |      | Texas Relays               | 3/27 | 51.61 (1/19/19)     | 51.70 (5/11/18)     |
| <b>800 Meters:</b>        |           |      |                            |      |                     |                     |
| 1. Ty Moss                | 1:49.04   |      | Crimson Tide Invitational  | 4/12 | 1:50.74o (2/9/19)   | 1:48.70 (5/13/18)   |
| 2. Daniels Bambals        | 1:52.50   |      | Husker Invitational        | 4/6  | 2:02.39o (2/9/19)   | 1:50.21 (7/29/18)   |
| 3. Daniel Mattern         | 1:54.03*  |      | Husker Invitational        | 4/6  | 1:23.15 (2/2/19)    | Same                |
| 4. Karson LeComte         | 1:56.02*  |      | Crimson Tide Invitational  | 4/12 | 1:52.67 (1/28/17)   | Same                |
| 5. Sadio Fenner           | 2:04.88*  |      | Herm Wilson Invitational   | 3/23 |                     | Same                |
| <b>1,500 Meters:</b>      |           |      |                            |      |                     |                     |
| 1. George Kusche          | 3:43.83*  |      | Stanford Invitational      | 3/29 |                     | Same                |
| 2. Bailey Timmons         | 3:57.67*  |      | Crimson Tide Invitational  | 4/12 |                     | Same                |
| 3. Ryan Eastman           | 4:00.56*  |      | Crimson Tide Invitational  | 4/12 |                     | Same                |
| 4. Wyatt McGuire          | 4:00.97   |      | Crimson Tide Invitational  | 4/11 |                     | 3:49.79 (3/24/17)   |
| 5. Ty Moss                | 4:02.50   |      | Herm Wilson Invitational   | 3/22 |                     | 3:59.50 (4/8/17)    |
| 6. Karson LeComte         | 4:02.82   |      | Husker Invitational        | 4/6  |                     | 3:55.787 (5/6/17)   |
| 7. Ryan Martins           | 4:03.05   |      | Herm Wilson Invitational   | 3/22 |                     | 4:00.12 (5/5/18)    |
| 8. Alex Tollinger         | 4:13.01   |      | Husker Invitational        | 4/6  |                     | 4:08.71 (5/5/18)    |
| 9. Daniels Bambals        | 4:11.48*  |      | Herm Wilson Invitational   | 3/22 |                     | Same                |
| 10. Zach Podraza          | 5:07.30   |      | Texas Relays               | 3/28 |                     | 5:02.21 (4/19/18)   |
| <b>3,000 Meters:</b>      |           |      |                            |      |                     |                     |
| 1. Eric Karl II           | 9:00.35   |      | Husker Invitational        | 4/6  | 9:02.71 (2/17/17)   | 8:59.61 (5/6/17)    |
| 2. Alex Tollinger         | 9:01.10*  |      | Husker Invitational        | 4/6  | 9:05.25 (2/15/19)   | Same                |
| 3. Ryan Eastman           | 9:08.30*  |      | Husker Invitational        | 4/6  | 8:57.12 (1/26/19)   | Same                |
| <b>5,000 Meters:</b>      |           |      |                            |      |                     |                     |
| 1. Bailey Timmons         | 14:36.45* |      | Mike Fanelli Track Classic | 3/29 | 14:31.72o (2/8/18)  | Same                |
| 2. Wyatt McGuire          | 14:59.36  |      | Mike Fanelli Track Classic | 3/29 | 14:11.76o (2/10/17) | 14:18.15 (4/13/17)  |
| 3. Myles Fleming          | 15:23.15* |      | Herm Wilson Invitational   | 3/22 | 14:50.69o (2/8/19)  | Same                |
| 4. Alex Tollinger         | 15:54.53  |      | Herm Wilson Invitational   | 3/22 | 15:46.70 (2/3/18)   | 15:32.03 (4/21/18)  |
| <b>110-Meter Hurdles:</b> |           |      |                            |      |                     |                     |
| 1. Luke Siedhoff          | 13.86     | +0.3 | Husker Invitational        | 4/6  |                     | 13.71pw (6/6/18)    |
| 2. Makiyah Smallwood      | 14.40     | +0.3 | Husker Invitational        | 4/6  |                     | 14.11 (HS)          |
| 3. Vincent Ohlman         | 14.41     | +0.3 | Husker Invitational        | 4/6  |                     | 14.39w (3/23/19)    |
| 4. Jared Seay             | 14.62     | +0.8 | Samford Track Challenge    | 4/12 |                     | 14.60 (4/7/18)      |
| 5. Darius Gaw             | 14.91     | +1.6 | Husker Invitational        | 4/6  |                     | 14.09 (HS)          |
| 6. Zach Podraza           | 15.20     | +1.2 | Texas Relays               | 3/28 |                     | 15.11w (4/13/17)    |
| <b>wind-aided</b>         |           |      |                            |      |                     |                     |
| Luke Siedhoff             | 13.74     | +4.7 | Texas Relays               | 3/30 |                     | 13.71pw (6/6/18)    |
| Vincent Ohlman            | 14.39*    | +2.6 | Herm Wilson Invitational   | 3/23 |                     | Same                |
| Makiyah Smallwood         | 14.52p    | +2.8 | Texas Relays               | 3/29 |                     | 14.11 (HS)          |
| Darius Gaw                | 14.90     | +2.6 | Herm Wilson Invitational   | 3/23 |                     | 14.09 (HS)          |

Key

\* = Outdoor PR

# = school record

p = prelims

q = qualifying

A = altitude

o = oversized

w = wind-aided

# 2019 MEN'S OUTDOOR PERFORMANCE LIST

| Athlete                               | Mark               | Wind | Meet                       | Date    | All-Time Indoor PR           | All-Time Outdoor PR         |
|---------------------------------------|--------------------|------|----------------------------|---------|------------------------------|-----------------------------|
| <b>400-Meter Hurdles:</b>             |                    |      |                            |         |                              |                             |
| 1. Vincent Ohlman                     | 55.01*             |      | Husker Invitational        | 4/6     |                              | Same                        |
| <b>3,000-Meter Steeplechase:</b>      |                    |      |                            |         |                              |                             |
| 1. Jordan De Spong                    | 9:26.08*           |      | Mike Fanelli Track Classic | 3/28    |                              | Same                        |
| 2. Sadio Fenner                       | 9:32.55*           |      | Crimson Tide Invitational  | 4/12    |                              | Same                        |
| <b>4x100-Meter Relay</b>              | 40.06              |      | Crimson Tide Invitational  | 4/12    |                              | 39.19 (5/28/05)             |
| Lukz, Nou, Hericks, A. Nelson         |                    |      |                            |         |                              |                             |
| <b>4x400-Meter Relay</b>              | 3:08.09            |      | Crimson Tide Invitational  | 4/12    |                              | 3:02.81 (6/1/91)            |
| Washington, Lucy, Barrett, Hutchinson |                    |      |                            |         |                              |                             |
| <b>High Jump:</b>                     |                    |      |                            |         |                              |                             |
| 1. Mayson Conner                      | 7-2 1/4 (2.19m)*   |      | Texas Relays               | 3/30    | 7-3 3/4 (2.23m)* (2/22/19)   | Same                        |
| 2. Miles Griffith                     | 7-1 1/2 (2.17m)*   |      | Texas Relays               | 3/29    | 7-1 (2.16m) (2/22/19)        | Same                        |
| 3. Michael Hoffer                     | 6-8 (2.03m)        |      | Husker Invitational        | 4/6     | 6-11 1/2 (2.12m) (2/9/19)    | 7-0 1/4 (2.14m) (HS)        |
| 4. Jared Seay                         | 6-6 3/4 (2.00m)    |      | Samford Track Challenge    | 4/11    | 7-0 1/2 (2.15m) (2/11/17)    | 6-8 3/4 (2.05m) (5/19/17)   |
| 5. Zach Podraza                       | 6-4 3/4 (1.95m)    |      | Texas Relays               | 3/27    | 6-6 1/4 (1.99m) (1/12/19)    | 6-6 (1.98m) (3/31/17)       |
| <b>Pole Vault:</b>                    |                    |      |                            |         |                              |                             |
| 1. Tyler Loontjier                    | 17-4 1/2 (5.30m)   |      | Texas Relays               | 3/28    | 17-5 1/2 (5.32m) (2/2/19)    | 17-4 1/2 (5.30m) (4/14/18)  |
| 2. Zach Podraza                       | 16-10 3/4 (5.15m)* |      | Texas Relays               | 3/28    | 17-2 1/4 (5.24m) (2/23/19)   | Same                        |
| 3. Kevin Cahoy                        | 16-8 3/4 (5.10m)   |      | Crimson Tide Invitational  | 4/13    | 17-0 1/4 (5.19m) (2/24/17)   | 16-10 1/4 (5.14m) (5/13/18) |
| Garrison Hughes                       | 16-8 3/4 (5.10m)   |      | Crimson Tide Invitational  | 4/13    | 17-5 1/2 (5.32m) (2/2/19)    | 17-0 (5.18m) (HS)           |
| 5. Zach Podraza                       | 16-0 3/4 (4.90m)*  |      | Texas Relays               | 3/28    | 15-7 3/4 (4.77m) (2/3/18)    | Same                        |
| <b>Long Jump:</b>                     |                    |      |                            |         |                              |                             |
| 1. Jared Seay                         | 23-7 1/2 (7.20m)*  | +0.1 | Samford Track Challenge    | 4/11    | 24-3 3/4 (7.41m) (3/9/19)    | Same                        |
| 2. Zach Podraza                       | 22-5 3/4 (6.85m)*  | +1.5 | Texas Relays               | 3/27    | 22-1 3/4 (6.75m) (2/22/19)   | Same                        |
| 3. Simon Wiedel                       | 21-9 (6.63m)       | +0.5 | Husker Invitational        | 4/6     | 22-4 1/4 (6.81m) (1/26/19)   | 22-0 3/4 (6.72m) (4/8/17)   |
| 4. Taj Moffett                        | 20-10 3/4 (6.37m)  | -0.2 | Husker Invitational        | 4/6     | 21-7 1/2 (6.59m) (2/2/19)    | 23-3 (7.08m) (HS)           |
| <b>wind-aided</b>                     |                    |      |                            |         |                              |                             |
| Elijah Lucy                           | 25-8 3/4 (7.84m)*  | +3.3 | Husker Invitational        | 4/6     | 25-2 (7.67m) (2/22/19)       | Same                        |
| Taj Moffett                           | 22-3 (6.78m)       | +3.4 | Husker Invitational        | 4/6     | 21-7 1/2 (6.59m) (2/2/19)    | 23-3 (7.08m) (HS)           |
| Simon Wiedel                          | 21-4 3/4 (6.52m)   | +2.7 | Herm Wilson Invitational   | 3/23    | 22-4 1/4 (6.81m) (1/26/19)   | 22-0 3/4 (6.72m) (4/8/17)   |
| <b>Triple Jump:</b>                   |                    |      |                            |         |                              |                             |
| 1. Jace Anderson                      | 47-5 (14.45m)      | +1.7 | Husker Invitational        | 4/6     | 50-3 1/2 (15.33m) (2/25/17)  | 50-0 3/4 (15.26m) (4/27/18) |
| <b>wind-aided</b>                     |                    |      |                            |         |                              |                             |
| Jonathan Miller                       | 52-1 3/4 (15.89m)* | +2.3 | Crimson Tide Invitational  | 4/12    | 50-4 (15.34m) (1/26/19)      | Same                        |
| Jace Anderson                         | 48-5 1/4 (14.76m)  | +3.4 | Crimson Tide Invitational  | 4/12    | 50-3 1/2 (15.33m) (2/25/17)  | 50-0 3/4 (15.26m) (4/27/18) |
| <b>Shot Put:</b>                      |                    |      |                            |         |                              |                             |
| 1. Burger Lambrechts Jr.              | 62-9 1/4 (19.13m)* |      | Husker Invitational        | 4/6     | 62-1 1/4 (18.93m) (2/2/19)   | Same                        |
| 2. Grady Leonard                      | 58-1 (17.70m)*     |      | Husker Invitational        | 4/6     | 60-6 3/4 (18.46m) (1/19/19)  | Same                        |
| 3. Nick Coghill                       | 55-0 (16.76m)      |      | Texas Relays               | 3/29    | 58-7 1/2 (17.87m) (1/12/19)  | 59-1 1/4 (18.01m) (4/14/18) |
| 4. James Joycey                       | 46-9 1/2 (14.26m)* |      | Herm Wilson Invitational   | 3/23    | 50-11 1/2 (15.53m) (1/19/19) | Same                        |
| 5. Jared Seay                         | 42-0 (12.80m)      |      | Samford Track Challenge    | 4/11    | 44-10 1/4 (13.67m) (2/22/19) | 42-9 1/2 (13.04m) (4/6/18)  |
| 6. Zach Podraza                       | 39-0 1/2 (11.90m)  |      | Texas Relays               | 3/27    | 40-3 1/2 (12.28m) (2/22/19)  | 39-5 (12.01m) (5/11/18)     |
| <b>Discus:</b>                        |                    |      |                            |         |                              |                             |
| 1. Burger Lambrechts Jr.              | 178-2 (54.30m)*    |      | Texas Relays               | 3/29    |                              | Same                        |
| 2. Nick Coghill                       | 171-3 (52.19m)     |      | Husker Invitational        | 4/6     |                              | 183-1 (55.81m) (4/12/18)    |
| 3. Grady Leonard                      | 154-10 (47.20m)*   |      | Husker Invitational        | 4/6     |                              | Same                        |
| 4. Jared Seay                         | 139-7 (42.56m)     |      | Samford Track Challenge    | 4/12    |                              | 151-9 (46.25m) (3/24/18)    |
| 5. Zach Podraza                       | 135-4 (41.26m)*    |      | Husker Invitational        | 4/6     |                              | Same                        |
| <b>Hammer Throw:</b>                  |                    |      |                            |         |                              |                             |
| 1. James Joycey                       | 196-7 (59.92m)*    |      | Husker Invitational        | 4/5     |                              | Same                        |
| 2. Grady Leonard                      | 169-9 (51.73m)*    |      | Husker Invitational        | 4/5     |                              | Same                        |
| 3. Dalton Peters                      | 167-0 (50.90m)*    |      | Husker Invitational        | 4/5     |                              | Same                        |
| <b>Javelin:</b>                       |                    |      |                            |         |                              |                             |
| 1. Eric Garner                        | 208-8 (63.60m)*    |      | Herm Wilson Invitational   | 3/23    |                              | Same                        |
| 2. Zach Podraza                       | 207-7 (63.27m)*    |      | Texas Relays               | 3/28    |                              | Same                        |
| 3. Cale Wagner                        | 179-6 (54.71m)     |      | Husker Invitational        | 4/6     |                              | 181-10 (55.42m) (5/11/18)   |
| 4. Jared Seay                         | 152-4 (46.43m)*    |      | Husker Invitational        | 4/6     |                              | Same                        |
| <b>Decathlon:</b>                     |                    |      |                            |         |                              |                             |
| 1. Zach Podraza                       | 7,287*             |      | Texas Relays               | 3/27-28 |                              | Same                        |

Key

\* = Outdoor PR

# = school record

p = prelims

q = qualifying

A = altitude

o = oversized

w = wind-aided

# 2019 WOMEN'S OUTDOOR PERFORMANCE LIST

| Athlete                           | Mark      | Wind | Meet                       | Date | All-Time Indoor PR | All-Time Outdoor PR |
|-----------------------------------|-----------|------|----------------------------|------|--------------------|---------------------|
| <b>100 Meters:</b>                |           |      |                            |      |                    |                     |
| 1. Lakayla Harris                 | 11.53     | +2.0 | Crimson Tide Invitational  | 4/12 |                    | 11.35w (4/13/18)    |
| 2. Whitney Bridges                | 11.90     | +2.0 | Crimson Tide Invitational  | 4/12 |                    | 11.69 (HS)          |
| 3. Quashira McIntosh              | 11.95     | +2.0 | Crimson Tide Invitational  | 4/12 |                    | 11.56Aw (4/27/18)   |
| 4. Chanel Freeman                 | 12.12     | +1.8 | Crimson Tide Invitational  | 4/12 |                    | 11.74w (4/23/16)    |
| 5. Taylor Johnson                 | 12.35     | +1.9 | Herm Wilson Invitational   | 3/23 |                    | 12.25w (4/6/19)     |
| <b>wind-aided</b>                 |           |      |                            |      |                    |                     |
| Whitney Bridges                   | 11.73     | +2.2 | Husker Invitational        | 4/6  |                    | 11.69 (HS)          |
| Quashira McIntosh                 | 11.80     | +2.2 | Husker Invitational        | 4/6  |                    | 11.56Aw (4/27/18)   |
| Deja Ingram                       | 11.83     | +2.2 | Husker Invitational        | 4/6  |                    | 11.69 (HS)          |
| Taylor Johnson                    | 12.25*    | +2.7 | Husker Invitational        | 4/6  |                    | Same                |
| Zionn Pearson                     | 12.49*    | +2.2 | Husker Invitational        | 4/6  |                    | Same                |
| <b>200 Meters:</b>                |           |      |                            |      |                    |                     |
| 1. Lakayla Harris                 | 23.44     | +1.7 | Crimson Tide Invitational  | 4/12 | 23.54 (2/23/19)    | 23.15w (5/5/18)     |
| 2. Quashira McIntosh              | 24.16     | +1.0 | Husker Invitational        | 4/6  | 24.07 (3/14/15)    | 23.64 (6/13/15)     |
| 3. Deja Ingram                    | 24.38     | +1.0 | Husker Invitational        | 4/6  | 24.53 (2/2/19)     | 23.81 (HS)          |
| 4. Whitney Bridges                | 24.50     | +1.1 | Crimson Tide Invitational  | 4/12 | 24.36 (2/9/19)     | 23.90 (HS)          |
| 5. Chanel Freeman                 | 25.18*    | +2.0 | Herm Wilson Invitational   | 3/23 | 25.37 (2/5/16)     | Same                |
| 6. Taylor Johnson                 | 25.30*    | -0.1 | Husker Invitational        | 4/6  | 25.35 (2/2/19)     | Same                |
| 7. Emily Ellis                    | 26.70*    | +2.0 | Herm Wilson Invitational   | 3/23 | 26.87 (1/12/19)    | Same                |
| 8. Alicia Lehman-Woodyard         | 26.78*    | +1.6 | Husker Invitational        | 4/6  | 27.56 (2/15/19)    | Same                |
| 9. Madi Scholl                    | 27.46*    | +2.0 | Herm Wilson Invitational   | 3/23 | 27.62 (1/26/19)    | Same                |
| <b>wind-aided</b>                 |           |      |                            |      |                    |                     |
| Whitney Bridges                   | 24.75     | +2.4 | Florida Relays             | 3/28 | 24.36 (2/9/19)     | 23.90 (HS)          |
| <b>400 Meters:</b>                |           |      |                            |      |                    |                     |
| 1. Jasmine Barge                  | 56.04*    |      | Husker Invitational        | 4/6  | 56.58 (1/26/19)    | Same                |
| 2. Emily Ellis                    | 59.78     |      | Crimson Tide Invitational  | 4/12 | 57.53 (HS)         | 54.25 (HS)          |
| 3. Quashira McIntosh              | 59.97     |      | Herm Wilson Invitational   | 3/23 | 57.92o (2/10/18)   | 58.95 (3/25/17)     |
| 4. Emily Ellis                    | 1:00.54   |      | Husker Invitational        | 4/6  | 57.53 (HS)         | 54.25 (HS)          |
| 5. Deja Ingram                    | 1:00.70*  |      | Herm Wilson Invitational   | 3/23 |                    | Same                |
| 6. Whitney Bridges                | 1:01.65*  |      | Herm Wilson Invitational   | 3/23 |                    | Same                |
| <b>800 Meters:</b>                |           |      |                            |      |                    |                     |
| 1. Elsa Forsberg                  | 2:08.74*  |      | Husker Invitational        | 4/6  | 2:13.92 (2/15/19)  | Same                |
| 2. Emma Bresser                   | 2:16.15   |      | Crimson Tide Invitational  | 4/12 | 2:12.77 (2/16/18)  | 2:13.73 (5/12/18)   |
| 3. Chelsey Jones                  | 2:16.19   |      | Husker Invitational        | 4/6  | 2:13.81 (2/11/17)  | 2:13.88A (4/27/18)  |
| 4. Magaret Pollard                | 2:21.72   |      | Husker Invitational        | 4/6  | 2:24.75 (2/15/19)  | 2:19.63 (HS)        |
| 5. Judi Jones                     | 2:22.88   |      | Husker Invitational        | 4/6  | 2:24.97 (2/17/17)  | 2:21.51 (4/13/18)   |
| 6. Ellie Koncki                   | 2:23.85*  |      | Husker Invitational        | 4/6  |                    | Same                |
| <b>1,500 Meters:</b>              |           |      |                            |      |                    |                     |
| 1. Elsa Forsberg                  | 4:34.07   |      | Herm Wilson Invitational   | 3/22 |                    | 4:29.93 (5/11/19)   |
| 2. Erika Freyhof                  | 4:37.07*  |      | Crimson Tide Invitational  | 4/12 |                    | Same                |
| 3. Judi Jones                     | 4:39.30*  |      | Husker Invitational        | 4/6  |                    | Same                |
| 4. Mia Morck                      | 4:44.88   |      | Husker Invitational        | 4/6  |                    | 4:23.12 (8/2/18)    |
| 5. Emma Bresser                   | 4:52.16*  |      | Husker Invitational        | 4/6  |                    | Same                |
| <b>3,000 Meters:</b>              |           |      |                            |      |                    |                     |
| 1. Gabrielle Boucher              | 10:41.28* |      | Husker Invitational        | 4/6  | 10:31.79 (1/26/19) | Same                |
| 2. Allie Binder                   | 11:03.07* |      | Husker Invitational        | 4/6  | 11:26.07 (1/11/19) | Same                |
| <b>5,000 Meters:</b>              |           |      |                            |      |                    |                     |
| 1. Gabrielle Boucher              | 18:48.52* |      | Herm Wilson Invitational   | 3/22 | 18:33.86 (2/1/19)  | Same                |
| 2. Allie Binder                   | 18:58.02* |      | Herm Wilson Invitational   | 3/22 | 18:59.65 (2/15/19) | Same                |
| 3. Audrey Freyhof                 | 19:14.11  |      | Herm Wilson Invitational   | 3/22 | 19:11.92 (2/15/19) | 19:05.00 (HS)       |
| <b>10,000 Meters:</b>             |           |      |                            |      |                    |                     |
| 1. Erika Freyhof                  | 35:15.11* |      | Mike Fanelli Track Classic | 3/28 |                    | Same                |
| <b>100-Meter Hurdles:</b>         |           |      |                            |      |                    |                     |
| 1. Jasmine Barge                  | 13.35     | +1.6 | Crimson Tide Invitational  | 4/12 |                    | 13.14w (4/13/18)    |
| 2. Chanel Freeman                 | 13.53     | +1.6 | Crimson Tide Invitational  | 4/12 |                    | 13.35 (3/26/16)     |
| <b>wind-aided</b>                 |           |      |                            |      |                    |                     |
| Jasmine Barge                     | 13.23     | +3.1 | Husker Invitational        | 4/6  |                    | 13.14w (4/13/18)    |
| Chanel Freeman                    | 13.50     | +3.1 | Husker Invitational        | 4/6  |                    | 13.35 (3/26/16)     |
| Madi Scholl                       | 15.77*    | +3.2 | Husker Invitational        | 4/6  |                    | Same                |
| Alicia Lehman-Woodyard            | 18.49*    | +3.2 | Husker Invitational        | 4/6  |                    | Same                |
| <b>400-Meter Hurdles:</b>         |           |      |                            |      |                    |                     |
| 1. Jasmine Barge                  | 57.82     |      | Florida Relays             | 3/29 |                    | 57.59A (4/28/17)    |
| 2. Michaela Peskova               | 59.22     |      | Crimson Tide Invitational  | 4/12 |                    | 58.02 (8/2/15)      |
| <b>3,000-Meter Steeplechase:</b>  |           |      |                            |      |                    |                     |
| 1. Judi Jones                     | 10:33.41* |      | Stanford Invitational      | 3/29 |                    | Same                |
| 2. Elsa Forsberg                  | 10:56.06  |      | Stanford Invitational      | 3/29 |                    | 10:50.60            |
| 3. Grace Pagone                   | 11:54.22* |      | Husker Invitational        | 4/6  |                    | Same                |
| 4. Audrey Freyhof                 | 12:20.06* |      | Husker Invitational        | 4/6  |                    | Same                |
| <b>4x100-Meter Relay:</b>         |           |      |                            |      |                    |                     |
| Bridges, Harris, Ingram, McIntosh | 44.73     |      | Husker Invitational        | 4/6  |                    | 43.33 (6/4/83)      |
| <b>4x200-Meter Relay:</b>         |           |      |                            |      |                    |                     |
| McIntosh, Ingram, Barge, Harris   | 1:35.64   |      | Florida Relays             | 3/30 |                    | 1:33.0 (4/24/92)    |

Key

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# 2019 WOMEN'S OUTDOOR PERFORMANCE LIST

| Athlete                                                      | Time/Mark           | Meet                           | Date | All-Time Indoor PR          | All-Time Outdoor PR         |
|--------------------------------------------------------------|---------------------|--------------------------------|------|-----------------------------|-----------------------------|
| <b>4x400-Meter Relay:</b><br>Barge, Peskova, Morck, C. Jones | 3:44.45             | Husker Invitational            | 4/6  |                             | 3:29.61 (6/6/02)            |
| <b>High Jump:</b>                                            |                     |                                |      |                             |                             |
| 1. Candice Dominguez                                         | 5-7 1/4 (1.71m)     | Texas Relays                   | 3/29 | 5-9 3/4 (1.77m) (2/8/19)    | 5-10 1/2 (1.79m) (5/13/17)  |
| 2. Madi Scholl                                               | 5-5 (1.65m)*        | Husker Invitational            | 4/6  | 5-5 1/4 (1.66m) (2/2/19)    | Same                        |
| <b>Pole Vault:</b>                                           |                     |                                |      |                             |                             |
| 1. Andy Jacobs                                               | 13-9 3/4 (4.21m)*   | Texas Relays                   | 3/29 | 13-8 1/2 (4.18m) (2/17/17)  | Same                        |
| 2. Nicole Baker                                              | 13-0 1/4 (3.97m)    | Husker Invitational            | 4/6  | 12-3 1/4 (3.74m) (2/1/18)   | 13-4 1/4 (4.07m) (HS)       |
| 3. Catherine Mick                                            | 12-0 1/2 (3.67m)    | Husker Invitational            | 4/6  | 12-2 (3.71m) (1/28/17)      | 12-3 1/4 (3.74m) (4/27/17)  |
| 4. Matty Hoskins                                             | 11-6 1/2 (3.52m)*   | Husker Invitational            | 4/6  | 11-9 1/4 (3.59m) (2/1/19)   | Same                        |
| 5. Madison Yerigan                                           | 11-5 (3.48m)*       | Herm Wilson Invitational       | 3/23 | 11-5 3/4 (1/26/18)          | Same                        |
| <b>Long Jump:</b>                                            |                     |                                |      |                             |                             |
| 1. Shylia Riley                                              | 19-6 3/4 (5.96m)    | +1.5 Husker Invitational       | 4/6  | 20-0 1/4 (6.10m) (2/22/19)  | 20-10 (6.35m) (4/27/18)     |
| 2. Zionn Pearson                                             | 19-0 (5.80m)        | +1.0 Husker Invitational       | 4/6  | 19-11 3/4 (6.09m) (2/22/19) | 19-10 (6.05m) (HS)          |
| 3. Ieva Turke                                                | 18-0 1/4 (5.49m)    | -0.8 Crimson Tide Invitational | 4/12 | 19-11 1/2 (6.08m) (2/22/19) | 20-7 (6.27m) (5/12/18)      |
| 4. Kiara Hobson                                              | 17-0 3/4 (5.20m)    | +2.0 Herm Wilson Invitational  | 3/23 | 15-9 1/2 (4.81m) (1/25/19)  | 17-2 3/4 (5.25m)w (3/23/19) |
| <b>wind-aided</b>                                            |                     |                                |      |                             |                             |
| Shylia Riley                                                 | 20-3 3/4 (6.19m)    | +3.6 Husker Invitational       | 4/6  | 20-0 1/4 (6.10m) (2/22/19)  | 20-10 (6.35m) (4/27/18)     |
| Zionn Pearson                                                | 19-6 (5.94m)        | +4.1 Herm Wilson Invitational  | 3/23 | 19-11 3/4 (6.09m) (2/22/19) | 19-10 (6.05m) (HS)          |
| Kiara Hobson                                                 | 17-2 3/4 (5.25m)*   | +3.9 Herm Wilson Invitational  | 3/23 | 15-9 1/2 (4.81m) (1/25/19)  | Same                        |
| <b>Triple Jump:</b>                                          |                     |                                |      |                             |                             |
| 1. Kiara Hobson                                              | 40-2 (12.24m)*      | +0.8 Crimson Tide Invitational | 4/12 | 39-5 (12.01m) (2/23/19)     | Same                        |
| 2. Candice Dominguez                                         | 36-0 (10.97m)*      | +1.6 Husker Invitational       | 4/6  |                             | Same                        |
| <b>wind-aided</b>                                            |                     |                                |      |                             |                             |
| Kiara Hobson                                                 | 39-3 (11.96m)       | +4.0 Herm Wilson Invitational  | 3/23 | 39-5 (12.01m) (2/23/19)     | 39-10 1/2 (12.15m) (4/6/19) |
| <b>Shot Put:</b>                                             |                     |                                |      |                             |                             |
| 1. Kristina Insingo                                          | 52-2 1/2 (15.91m)*  | Husker Invitational            | 4/6  | 50-10 (15.49m) (2/15/19)    | Same                        |
| 2. Jamesha Western                                           | 51-11 1/4 (15.83m)* | Crimson Tide Invitational      | 4/12 | 50-0 3/4 (15.26m) (2/15/19) | Same                        |
| 3. Marika Spencer                                            | 41-0 1/4 (12.50m)*  | Herm Wilson Invitational       | 3/23 |                             | Same                        |
| <b>Discus:</b>                                               |                     |                                |      |                             |                             |
| 1. Alex Meyer                                                | 177-9 (54.17m)      | Texas Relays                   | 3/30 |                             | 183-6 (55.93m) (3/24/17)    |
| 2. Marika Spencer                                            | 164-1 (50.01m)*     | Husker Invitational            | 4/6  |                             | Same                        |
| 3. Shelby Brown                                              | 162-2 (49.43m)      | Texas Relays                   | 3/30 |                             | 168-9 (51.43m) (4/26/18)    |
| 4. Kate Birchmier                                            | 152-0 (46.33m)      | Husker Invitational            | 4/6  |                             | 161-9 (49.31m) (4/8/17)     |
| 5. Jamesha Western                                           | 141-7 (43.16m)      | Husker Invitational            | 4/6  |                             | 146-6 (44.65m) (5/19/18)    |
| 6. Leah Meyer                                                | 138-1 (42.10m)      | Husker Invitational            | 4/6  |                             | 145-6 (44.35m) (4/21/18)    |
| <b>Hammer Throw:</b>                                         |                     |                                |      |                             |                             |
| 1. Anna Purchase                                             | 191-4 (58.33m)*     | Crimson Tide Invitational      | 4/11 |                             | Same                        |
| 2. Jamesha Western                                           | 167-6 (51.05m)      | Herm Wilson Invitational       | 3/22 |                             | 168-11 (51.49m) (5/19/18)   |
| 3. Kristina Insingo                                          | 164-0 (49.98m)      | Crimson Tide Invitational      | 4/11 |                             | 171-10 (52.37m) (4/27/18)   |
| 4. Marika Spencer                                            | 124-8 (37.99m)*     | Herm Wilson Invitational       | 3/22 |                             | Same                        |
| <b>Javelin:</b>                                              |                     |                                |      |                             |                             |
| 1. Chase Wolinski                                            | 177-0 (53.96m)*     | Texas Relays                   | 3/29 |                             | Same                        |
| 2. Brittni Wolczyk                                           | 174-1 (53.07m)      | Husker Invitational            | 4/6  |                             | 178-9 (54.48m) (5/14/17)    |
| 3. Sydney Otto                                               | 153-2 (46.69m)      | Crimson Tide Invitational      | 4/12 |                             | 160-6 (48.93m) (6/24/17)    |
| 4. Shelby Brown                                              | 133-5 (40.68m)*     | Husker Invitational            | 4/6  |                             | Same                        |
| 5. Johanna Ilves                                             | 120-2 (36.63m)*     | Herm Wilson Invitational       | 3/23 |                             | Same                        |
| 6. Madi Scholl                                               | 111-3 (33.92m)*     | Herm Wilson Invitational       | 3/23 |                             | Same                        |

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## 2019 MEN'S OUTDOOR PERFORMANCE LIST - UNATTACHED

| Athlete            | Mark              | Wind | Meet                | Date | All-Time Indoor PR         | All-Time Outdoor PR |
|--------------------|-------------------|------|---------------------|------|----------------------------|---------------------|
| <b>Pole Vault:</b> |                   |      |                     |      |                            |                     |
| 1. Jake Sellon     | 16-2 (4.93m)*     |      | Husker Invitational | 4/6  | 15-6 1/4 (4.73m) (2/15/19) | Same                |
| 2. Drake Burton    | 15-8 1/4 (4.78m)* |      | Husker Invitational | 4/6  | 15-8 1/4 (4.79m) (1/26/19) | Same                |
| 3. Garrett Elfeldt | 14-8 1/4 (4.48m)  |      | Husker Invitational | 4/6  |                            | 15-4 (4.67m) (HS)   |

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## 2019 WOMEN'S OUTDOOR PERFORMANCE LIST - UNATTACHED

| Athlete                   | Mark               | Wind | Meet                | Date | All-Time Indoor PR          | All-Time Outdoor PR        |
|---------------------------|--------------------|------|---------------------|------|-----------------------------|----------------------------|
| <b>200 Meters:</b>        |                    |      |                     |      |                             |                            |
| 1. Alex Rosenberger       | 25.60              | +1.6 | Husker Invitational | 4/6  |                             | 24.96 (HS)                 |
| 2. Skylar Hadley          | 26.51*             | +1.6 | Husker Invitational | 4/6  |                             | Same                       |
| <b>100-Meter Hurdles:</b> |                    |      |                     |      |                             |                            |
| <b>wind-aided</b>         |                    |      |                     |      |                             |                            |
| Skylar Hadley             | 14.94              | +3.1 | Husker Invitational | 4/6  |                             | 14.52 (HS)                 |
| Alex Rosenberger          | 16.09*             | +3.2 | Husker Invitational | 4/6  |                             | Same                       |
| <b>High Jump:</b>         |                    |      |                     |      |                             |                            |
| 1. Petra Luteran          | 5-7 (1.70m)        |      | Husker Invitational | 4/6  | 6-0 3/4 (1.85m) (1/27/18)   | 5-11 1/4 (1.81m) (4/15/17) |
| <b>Triple Jump:</b>       |                    |      |                     |      |                             |                            |
| 1. Ryley Heier            | 37-7 3/4 (11.47m)* | +1.3 | Husker Invitational | 4/6  | 37-4 1/2 (11.39m) (2/15/19) | Same                       |

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